

Lamsa Peshitta – Psalms

This edition of George Lamsa's translation of the Psalms from the Aramaic has been modified to include the Holy Name of God “Mar-Yah” (meaning “Lord Yah”, or “Yahveh”), with other minor revisions. Most of the text has been Anglicised. Public domain.

Last Revised:
18 April 2012
29 March 2016

Ketava d’Mazmore

Chapter 1

¹ Blessed is the man who walks not in the way of the ungodly, nor abides by the counsel of sinners, nor sits in the company of mockers; ² But his delight is in the Law of Mar-Yah, and on his Law does he meditate day and night. ³ And he shall be like a tree planted by a stream of water, that brings forth its fruit in its season, whose leaves fall not off; and whatsoever he begins he accomplishes.

⁴ The ungodly are not so, but are like the chaff which the wind drives away. ⁵ Therefore the ungodly shall not be justified in the judgement, nor sinners in the congregation of the righteous; ⁶ For Mar-Yah knows the way of the righteous; but the way of the ungodly shall perish.

Chapter 2

^{2:1} Why do the Gentiles rage and the peoples imagine vain things? ² The kings of the earth and the rulers have conspired and have taken counsel together against Mar-Yah and against his anointed, saying, ³ Let us break their bands asunder, and let us cast away their yoke from us. ⁴ He that dwells in heaven shall laugh, and Mar-Yah shall mock at them. ⁵ Then shall he speak to them in his anger, and terrify them in his wrath and say, ⁶ I have appointed my king over Sion, my holy mountain,

⁷ To declare my promise; Mar-Yah has said to me, You are my Son; this day have I begotten you. ⁸ Ask of me, and I shall give you the heathen for your inheritance and the uttermost parts of the earth for your dominion. ⁹ You shall shepherd them with a rod of iron; you shall break them in pieces like a potter’s vessel.

¹⁰ Be wise now, therefore, O kings; be instructed, O judges of the earth. ¹¹ Serve Mar-Yah with reverence, and uphold him with trembling. ¹² Kiss the Son, lest he be angry, and you perish from his way while his wrath is kindled but a little. Blessed are all they that put their trust in him.

Chapter 3

^{3:1} O Mar-Yah, how my oppressors are increased! Many are they that rise up against me. ² Many there are that say to my soul, You have no salvation in your God. ³ But thou, O Mar-Yah, art my help and my glory, and the lifter up of my head.

⁴ I have cried to Mar-Yah with my voice, and he has answered me from his holy mountain. ⁵ I lay down and slept; and I awoke; for Mar-Yah sustained me. ⁶ I will not be afraid of thousands of people that have surrounded me and set themselves against me. ⁷ Arise, O Mar-Yah my God, and save me; for thou hast smitten all my enemies upon their cheeks; thou hast broken the teeth of the ungodly. ⁸ For salvation belongs to Mar-Yah; and thy blessing is upon thy people.

Chapter 4

4:1 ¶ When I have called thee, thou hast answered me, O my God and Saviour of my righteousness; thou hast comforted me when I was in distress; have mercy upon me and hear my prayer. 2 Men, how long will you obscure my glory? how long will you love vanity? do you want deception forever? 3 But know that Mar-Yah has set apart for himself him that is wonderful; Mar-Yah will hear when I call to him. 4 Be angry and yet sin not; commune with your own heart and meditate upon your bed. 5 Offer the sacrifices of righteousness and put your trust in Mar-Yah.

6 ¶ There are many that say, Who can show us a good man so that he may shine upon us the light of his countenance? 7 O Mar-Yah, thou hast put gladness in my heart more than in the time that their wheat and their wine and their oil increased. 8 in peace I will both lie down and sleep; for thou, O Mar-Yah, alone makest me dwell in safety.

Chapter 5

5:1 ¶ Give ear to my words, O Mar-Yah, and consider my meditation. 2 Hearken to the voice of my cry, my King and my God; for to thee do I pray. 3 My voice shalt thou hear in the morning, O Mar-Yah: and in the morning will I prepare myself and see thee. 4 For thou art not a God that hath pleasure in wickedness; neither shall evil dwell with thee. 5 The proud shall not stand in thy sight; thou hatest all workers of iniquity. 6 Thou shalt destroy them that speak falsehood; Mar-Yah will reject the bloody and deceitful man.

7 ¶ But as for me, I will come into thy house in the multitude of thy mercy; and I will enter into thy house and worship in thy holy temple. 8 Lead me, O Mar-Yah, in thy reverence and righteousness; and because of mine enemies, make thy way straight before my face. 9 For there is no justice in their mouth; there is wickedness in them; their throat is an open sepulchre; they deceive with their tongues. 10 Condemn thou them, O God; let them fall by their own counsels; cast them out in the multitude of their wickedness, for they have provoked thee. 11 But let all those that put their trust in thee rejoice; they shall glorify thee forever, and thou shalt dwell among them; and all they that love thy name shall be strengthened by thee. 12 For thou wilt bless the righteous; O Mar-Yah, thou hast adorned me like a perfect shield.

Chapter 6

6:1 ¶ O Mar-Yah, rebuke me not in thine anger, neither chasten me in thy hot displeasure. 2 Have mercy upon me, O Mar-Yah; for I am weak; O Mar-Yah, heal me; for my bones are troubled. 3 My soul is also troubled exceedingly but thou, O Mar-Yah, how long? 4 Return, O Mar-Yah, and deliver my soul: save me for thy mercies' sake. 5 For in death there is no remembrance of thee; in Sheol who shall give thee thanks? 6 I am weary with my groaning; and every night I water my bed and wash my mattress with my tears. 7 Mine eye is weakened because of anger; and I am troubled by all my enemies.

8 ¶ Depart from me, all you workers of iniquity; for Mar-Yah has heard the voice of my weeping. 9 Mar-Yah has heard my supplication; Mar-Yah has received my prayer. 10 Let all my enemies be ashamed and defeated; let them turn back and be destroyed suddenly.

Chapter 7

7:1 ¶ O Mar-Yah my God, in thee do I put my trust; save me; from all them that persecute me, deliver me, 2 Lest my soul be torn as by a lion, and there is no one to save me and to deliver me. 3 O Mar-Yah my God, if I have done this thing and if there be iniquity in my hands, 4 If I have been vengeful to him that has done me evil, and if I have oppressed my enemies without a cause; 5 Let the enemy pursue me and overtake me, yea, let him tread clown my life upon the earth and lay my honour in the dust. 6 Arise, O Mar-Yah, in thine anger, lift up thyself over the neck of mine enemies; and make me alert in the judgement that thou hast commanded. 7 Let the congregation of the peoples circle thee about; and for their sakes therefore return thou on high. 8 Mar-Yah shall

judge the people; judge me, O Mar-Yah, according to my righteousness and according to the integrity that is in me. ⁹ Oh let the evil of the wicked come to an end; and establish thou the righteous, O thou searcher of hearts and souls.

¹⁰ ¶ O God who saveth the upright in heart, O righteous God, help me. ¹¹ God is a righteous judge; yea he is not angry every day. ¹² If he turn not from his anger, he will whet his sword and bend his bow and make it ready. ¹³ He has also prepared for himself the instruments of wrath; he pointed his arrows against the persecutor. ¹⁴ Because the wicked has become corrupt and has conceived mischief and brought forth falsehood, ¹⁵ He has made a well, and deepened it, and is fallen into the pit which he made. ¹⁶ His mischief shall return upon his own head, and his iniquity upon his own pate. ¹⁷ I will praise Mar-Yah according to my righteousness; and I will sing praise to the name of Mar-Yah most high.

Chapter 8

^{8:1} ¶ O Mar-Yah, our Lord Yah, how excellent is thy name in all the earth! Thou hast set thy glory upon the heavens. ² Out of the mouth of young men and infants hast thou established thy glory because of thine enemies, that thou mightest destroy the enemy and the avenger.

³ ¶ For thy heavens have seen the work of thy fingers, the moon and the stars, which thou hast ordained; ⁴ What is man, that thou art mindful of him? and the son of man, that thou visitest him? ⁵ For thou hast made him a little lower than the angels, and hast clothed him with glory and honour. ⁶ Thou madest him to have dominion over the works of thy hands; thou hast put all things under his feet, ⁷ All sheep and oxen, yea, and the beasts of the wilderness; ⁸ The fowl of the air and the fish of the sea which pass through the paths of the seas. ⁹ O Mar-Yah, our Lord Yah, how excellent is thy name in all the earth!

Chapter 9

^{9:1} ¶ I will praise thee, O Mar-Yah, with my whole heart; I will show forth all thy marvellous works. ² I will be glad and rejoice in thee and I will sing praise to thy name, O thou most High. ³ When mine enemies are beaten back, they shall stumble and perish before thy presence. ⁴ For thou hast maintained my right and my cause; thou hast sat on the throne, O thou righteous judge. ⁵ Thou hast rebuked the Gentiles and thou hast destroyed the wicked; thou hast blotted out their name for ever and ever. ⁶ My enemies have been annihilated by the sword for ever; and thou hast destroyed the villages and their very memory hath perished. ⁷ But Mar-Yah shall endure for ever; he has prepared his throne for judgement. ⁸ And he shall judge the world in righteousness and the people in uprightness. ⁹ Mar-Yah also will be a refuge for the poor, a refuge in times of trouble. ¹⁰ And they that know thy name will put their trust in thee; for thou hast not forsaken them that seek thee, O Mar-Yah.

¹¹ ¶ Sing praises to Mar-Yah, who dwells in Sion; declare among the people his skilful doings; ¹² For he has remembered to avenge their blood; he forgets not the cry of the poor. ¹³ Have mercy upon me, O Mar-Yah, and consider my trouble which I suffer of them that hate me, O thou that removest me away from the gates of death, ¹⁴ That I may declare all thy praise in the gates of the daughter of Sion; I will rejoice in thy salvation. ¹⁵ The Gentiles are sunk down in the pit that they made; and their foot is caught in the net which they hid. ¹⁶ Mar-Yah makes known the judgement which he executes; the wicked is snared in the work of his own hands. ¹⁷ The wicked shall be turned into Sheol, and all the peoples that forsake God. ¹⁸ For the poor shall not always be forgotten; and the hope of the poor shall not perish forever. ¹⁹ Arise, O Mar-Yah; let not man prevail; let the Gentiles be judged in thy sight. ²⁰ Appoint for them a lawgiver, that the Gentiles may know themselves to be but men.

Chapter 10

10:1 ¶ Why standest thou afar off, O Mar-Yah? and withholdest thy care in times of trouble? 2 The pride of the wicked maketh the poor to suffer; let them be taken in the devices that they have conceived. 3 For the ungodly boasts of his own desire, and Mar-Yah is angry when the wicked is blessed. 4 The wicked in the pride of his countenance will not seek after God; and there is no God in all his thoughts. 5 His ways are always weak; thy judgements are far above out of his sight; as for all his enemies, he despises them. 6 He says in his heart, I shall not be moved from generation to generation; for he conceives evil. 7 His mouth is full of cursing and deceit and fraud; under his tongue is mischief and deceit. 8 He sits in the lurking place of a den; and in a secret place does he murder the innocent; his eyes spy on the destitute. 9 He lies in wait to snare the poor by drawing him into his net. 10 He shall be humbled and overthrown, and in his bones there shall be sickness and pain. 11 He says in his heart, God has forgotten; he has turned away his face; he will never see it.

12 ¶ Arise, O Mar-Yah; O my God, lift up thine hand; forget not the afflicted. 13 Why does the wicked provoke God? He says in his heart, God does not seek vengeance. 14 Thou hast seen it; for there is mischief and wrath, for thou beholdest that he hath surrendered himself unto thy hands; and the poor committeth himself unto thee; thou art the helper of the fatherless. 15 Break thou the arm of the wicked and the evil man; seek out his wickedness till thou find none. 16 Mar-Yah is King for ever and ever; the Gentiles are perished out of his land. 17 Mar-Yah, thou hast heard the desire of the poor; thine ear hath heard the preparation of their heart; 18 Execute justice to the fatherless and to the afflicted, so that man may not be destroyed from the face of the earth.

Chapter 11

11:1 ¶ In Mar-Yah put I my trust; how say you to me, Flee as a bird to the mountains? 2 For, lo, the wicked bend their bow; they make ready their arrow upon the string to shoot in the dark at the upright in heart. 3 For if they have destroyed the foundations which Mar-Yah has prepared, what can the righteous do?

4 ¶ Mar-Yah is in his holy temple, the throne of Mar-Yah is in heaven; his eyes behold, his eyelids examine, the children of men. 5 Mar-Yah tries the righteous and the wicked; but his soul hates him that loves violence. 6 Snares have come down upon the wicked like rain; fire and brimstone and a destructive tempest shall be the portion of their cup. 7 For Mar-Yah is righteous, and he loves righteousness; his countenance beholds the upright.

Chapter 12

12:1 ¶ Save, O Mar-Yah; for the godly man ceaseth; for faith hath disappeared from the earth. 2 Men speak vanity, every one with his neighbour; with flattering lips, and with a double heart do they speak. 3 Mar-Yah shall destroy all flattering lips and tongues that speak proud things. 4 For they have said, With our tongue will we prevail: our lips are our own; who is lord over us? 5 Because of the oppression of the poor and the groans of the needy, now will I arise, says Mar-Yah; and I will bring salvation openly. 6 The words of Mar-Yah are pure words; as silver tried in a furnace on earth, they are purified seven times. 7 Thou shalt keep them, O Mar-Yah; thou shalt preserve me and save me from this generation for ever. 8 For the wicked walk everywhere with contemptible pride like the children of Edom.

Chapter 13

13:1 ¶ How long, O Mar-Yah, wilt thou forsake me? For ever? How long wilt thou turn away thy face from me? 2 How long shall I keep sorrow in my soul and misery in my heart daily? How long shall mine enemy be exalted over me? 3 Consider and hear me, O Mar-Yah my God; lighten mine eyes, lest I sleep in death, 4 Lest mine enemy say, I have prevailed against him, and those that trouble me rejoice when I am shaken. 5 But I have trusted in thy mercy; my heart shall rejoice in thy

salvation. ⁶ I will sing unto Mar-Yah, because he has saved me.

Chapter 14

^{14:1} ¶ The fool has said in his heart, There is no God. They are corrupt, they have been defiled by their own devices; there is none that does good. ² Mar-Yah looked down from heaven upon the children of men to see if there were any that did understand and seek God. ³ They are all gone astray and have been rejected all together; there is none that does good; no, not one.

⁴ ¶ They recognised not the workers of iniquity, who devour my people as one eats bread; and they called not upon Mar-Yah. ⁵ There were they in great fear; for God is in the generation of the righteous. ⁶ They have reproached the counsel of the poor, because he trusts on Mar-Yah. ⁷ Who shall give out of Sion the salvation to Israel? When Mar-Yah brings back the captivity of his people, Jacob shall rejoice and Israel shall be glad.

Chapter 15

^{15:1} ¶ Mar-Yah, who shall dwell in thy tabernacle? who shall inhabit thy holy mountain? ² He that walks uprightly and works righteousness and speaks the truth in his heart. ³ He that deceives not with his tongue, nor does evil to his neighbour, nor accepts a bribe from his neighbour; ⁴ In whose eyes a detestable person is despised; but he honours them that worship Mar-Yah; he that swears to his neighbour and lies not; ⁵ He that lends not out his money with interest, nor takes a bribe against the innocent. He that does these things is upright and shall never be moved.

Chapter 16

^{16:1} ¶ Preserve me, O God; for in thee do I put my trust. ² I have said unto Mar-Yah, Thou art my Lord Yah, and my goodness cometh from thee; ³ I said it also to the saints that are on the earth, and to the excellent, in whom is all my delight. ⁴ The sorrows of the wicked shall be multiplied in rapid succession that I may not pour out their libations of blood; nor will I mention their names with my lips. ⁵ Mar-Yah is the portion of my inheritance and of my cup; thou shalt restore my inheritance. ⁶ My portion of the land fell to me in goodly places; yea, I have been pleased with my heritage. ⁷ I will bless Mar-Yah, for he has given me counsel; my intuition also guides me during the night.

⁸ ¶ I have set Mar-Yah always before me; because he is at my right hand, I shall not be moved. ⁹ Therefore my heart is glad and my glory rejoices; my flesh also shall rest in hope. ¹⁰ For thou hast left not my soul in Sheol; neither hast thou suffered thy Holy One to see corruption. ¹¹ Thou wilt show me the path of life, and I shall be filled with the joy of thy countenance, with the pleasure of victory of thy right hand.

Chapter 17

^{17:1} ¶ Hear, O Holy Mar-Yah, and consider my supplication; give ear unto my prayer that proceedeth not out of deceitful lips. ² Let my judgement come forth from thy presence; let thine eyes behold the things that are just. ³ Thou hast proved my heart; thou hast visited me in the night; thou hast tried me, and thou hast not found iniquity in me; nothing hath come out of my mouth which is according to the deceitful works of men. ⁴ Through the conversation of my lips thou hast kept me from evil ways. ⁵ Thou hast strengthened my goings in thy paths, that my footsteps slip not. ⁶ I have called upon thee, for thou hast heard me. O God, incline thine ear unto me and hear my words. ⁷ Make thy Holy One a wonder and a Saviour to those who trust; but let him prevail against those that rise up against thy right hand.

⁸ ¶ Keep me as the apple of the eye; protect me under the shadow of thy wings, ⁹ From the sinners who plunder me, from the enemies of my soul who surround me. ¹⁰ Silence their mouth, for they have spoken vanity. ¹¹ They have praised me, and now have surrounded me; they have determined to bury me in the ground. ¹² They are like a lion that is eager to prey, and like a young lion lurking

in secret places. ¹³ Arise, O Mar-Yah, humble them; cast them down; deliver my soul from the wicked and from the sword, ¹⁴ From the dead that die by thy hand, O Mar-Yah; and from the dead of the grave, divide their possessions among the living; fill their belly with thy treasure, so that their children are satisfied and have a portion remaining for their own children. ¹⁵ As for me, I will behold thy face in righteousness; I shall be satisfied when thy worship is revived.

Chapter 18

^{18:1} ¶ I will love thee, O Mar-Yah, my strength and my trust; ² My refuge and my deliverer is the mighty God in whom I trust; he is my helper and the horn of my salvation and my glorious refuge. ³ I will call upon Mar-Yah; so shall I be saved from mine enemies. ⁴ For the pains of death surrounded me, and the rush of ungodly men have confused me. ⁵ The travail of Sheol has taken hold of me: the snares of death preceded me. ⁶ In my distress I called upon Mar-Yah, and cried to my God; he heard my voice out of his temple, and my cry came before him, even into his ears. ⁷ Then the earth shook and trembled; the foundations also of the mountains quaked and were shaken because he was angry. ⁸ There went up a smoke out of his wrath, and fire flamed from his face, and coals were kindled by it. ⁹ He bowed the heavens and came down; and thick darkness was under his feet. ¹⁰ And he rode upon cherubim and flew; yea, he soared upon the wings of the wind. ¹¹ He made darkness his covert; his pavilion round about him was darkness of waters and thick clouds of the skies. ¹² Out of the brightness of his shadow his clouds rained hailstones and coals of fire. ¹³ Mar-Yah also thundered in the heavens, and the Highest gave his voice: hailstones and coals of fire. ¹⁴ Yea, he sent out his arrows and scattered them; and he multiplied his lightnings and confused them. ¹⁵ Then the brooks appeared, and the foundations of the world were laid open at thy rebuke, O Mar-Yah, at the blast of the breath of thine anger. ¹⁶ He sent from on high and quieted me; he received me out of great waters. ¹⁷ He delivered me from my strong enemies and from them which hated me; for they were too strong for me. ¹⁸ They confronted me in the day of my extremity, but Mar-Yah was my deliverer. ¹⁹ He brought me forth into comfort; he delivered me because he delighted in me.

²⁰ ¶ Mar-Yah rewarded me according to my righteousness; according to the cleanness of my hands has he recompensed me. ²¹ For I have kept the ways of Mar-Yah, and have not revolted against my God. ²² For all his judgements were before me, and his Laws I did not put away from me. ²³ I was also blameless before him, and I carefully kept myself from my sins. ²⁴ Therefore has Mar-Yah recompensed me according to my righteousness, according to the cleanness of my hands in his eyes. ²⁵ With the pure thou shalt be pure; with an upright man thou shalt be upright. ²⁶ With the clean thou shalt be clean; and from the crooked thou shalt turn aside. ²⁷ For thou wilt save the afflicted people; but wilt humble the proud. ²⁸ For thou wilt light my lamp; Mar-Yah my God will enlighten my darkness.

²⁹ ¶ For through thee I have pursued a band of robbers; and through my God have I leaped over a fence. ³⁰ As for God, his way is perfect; the word of Mar-Yah is pure: he is a help to all those that trust in him. ³¹ For there is no God save Mar-Yah; and there is no one who is mighty like our God. ³² It is God that girds me with strength and makes my way perfect. ³³ He makes my feet like hart's feet and sets me upon high places. ³⁴ He trains my hands to war; and he strengthens my arms like a bow of brass. ³⁵ Thou hast also given me the shield of thy salvation; and thy right hand hath held me up; and thy discipline hath made me great. ³⁶ Thou hast steadied my legs under me, that my ankles may not be weakened. ³⁷ I will pursue my enemies and overtake them; and I will not turn again till they are consumed. ³⁸ I will smite them so that they shall not be able to stand; they shall fall under my feet. ³⁹ For thou hast girded me with strength to the battle; thou hast subdued under me those that rose up against me. ⁴⁰ Thou hast also defeated my enemies before me, that I might silence them that hate me. ⁴¹ They shall cry, but there will be none to save them; they shall beg Mar-Yah, but he will not answer them. ⁴² Then I will beat them small as the dust before the wind; I

will tread over them as the mire of the streets. ⁴³ Thou wilt deliver me from the judgements of the people; and thou wilt make me the leader of the Gentiles; a people whom I have not known shall serve me. ⁴⁴ As soon as they hear of me, they shall obey me; strangers shall submit themselves to me. ⁴⁵ Strangers shall halt and shall be hindered from walking in their paths. ⁴⁶ Mar-Yah lives; blessed be the one who gives me strength; let my God and my Saviour be exalted. ⁴⁷ It is God that avenges me and subdues the people under me. ⁴⁸ He delivered me from my enemies; yea, thou liftest me up above those that rise up against me; thou hast delivered me from lawless man. ⁴⁹ Therefore will I give thanks unto thee, O Mar-Yah, among the Gentiles, and sing praises unto thy name. ⁵⁰ Great deliverance gives he to his king; and shows mercy to his anointed, to David and to his descendants for evermore.

Chapter 19

^{19:1} ¶ The heavens declare the glory of God; and the firmament shows his handiwork. ² Day after day utters speech, and night after night shows knowledge. ³ There is no speech nor language where their voice is not heard. ⁴ Their good news has gone out through all the earth, and their words to the end of the world. He has set his tabernacle in the sun among them. ⁵ And he is as a bridegroom coming out of his chamber, and rejoices as a strong man to run a race. ⁶ His going forth is from the end of the heaven, and his circuit unto the ends thereof; and there is nothing hid from the mist of his breath.

⁷ ¶ The Law of Mar-Yah is perfect, converting the soul; the testimony of Mar-Yah is trustworthy, making wise the young men. ⁸ The statutes of Mar-Yah are right, rejoicing the heart; the commandment of Mar-Yah is pure, enlightening the eyes. ⁹ The reverence of Mar-Yah is clean, enduring for ever; the judgements of Mar-Yah are true and righteous altogether. ¹⁰ They are more to be coveted than gold; yea, than precious stones; sweeter also than honey and the honeycomb. ¹¹ Moreover by them is thy servant warned; and if he keep them he shall be greatly rewarded. ¹² Who can understand stumblings? Cleanse thou me from secret faults. ¹³ Spare thy servant also from presumptuous sins, lest the evil ones have dominion over me; then shall I be cleansed from my sins. ¹⁴ Let the words of my mouth and the meditation of my heart be acceptable in thy sight, O Mar-Yah, my helper and my Saviour.

Chapter 20

^{20:1} ¶ May Mar-Yah answer you in the day of trouble; the name of the God of Jacob defend you; ² Send you help from his sanctuary, and strengthen you out of Sion. ³ Let Mar-Yah remember all your offerings, and make acceptable your burnt sacrifices. ⁴ May Mar-Yah grant you according to your own heart, and fulfil all your counsel. ⁵ We will be glorified in your salvation, and in the name of our God we will be exalted; Mar-Yah fulfil all your petitions.

⁶ ¶ Henceforth it is known that Mar-Yah has saved his anointed; and has heard him from his holy heaven and saved with the strength of his right hand. ⁷ Some trust in chariots, and some in horses; but we will prevail through the name of Mar-Yah our God. ⁸ They are bowed down and fallen; but we are risen and stand ready. ⁹ O Mar-Yah, save us, and let our King answer us in the day when we call upon him.

Chapter 21

^{21:1} ¶ The king shall rejoice in thy strength, O Mar-Yah; and in thy salvation how greatly shall he rejoice! ² Thou hast given him his heart's desire, and hast not withheld the request of his lips. ³ For thou hast blessed him beforehand with the blessings of goodness; thou hast set a precious crown on his head. ⁴ He asked life of thee, and thou gavest it him, even length of days for ever and ever. ⁵ His glory is great in thy salvation; honour and majesty hast thou bestowed upon him. ⁶ For thou hast made him most blessed for ever; thou hast made him joyful in gladness with thy countenance.

7 ¶ For the king trusts in Mar-Yah, and through the mercy of the most High he shall not be moved. 8 Your hand shall overcome all your enemies; your right hand shall overcome those that hate you. 9 You shall make them as a fiery oven in the time of your wrath; Mar-Yah shall consume them in his wrath, and the fire shall devour them. 10 Their fruit shall you destroy from the earth, and their offspring from among the children of men. 11 For they have planned evil against you; they conceived a mischievous device, which they are not able to perform. 12 For you shall place a scar on them; and you shall make ready your array against their faces. 13 Be thou exalted, O Mar-Yah, in thine own strength; so will we sing and praise thy power.

Chapter 22

22:1 ¶ My God, my God, why hast thou let me to live? and yet thou hast delayed my salvation from me, because of the words of my folly. 2 O my God, I call thee in the daytime but thou answerest me not; and in the night season thou abidest not with me. 3 For thou art holy, and Israel dwells under thy glory. 4 Our fathers trusted in thee; they trusted, and thou didst deliver them. 5 They cried unto thee and were delivered; they trusted in thee and were not confounded. 6 But I am a worm, and not a man; a reproach of men, and despised of the people. 7 All they that saw me have laughed me to scorn; they shoot out with their lips, they shake their heads, saying, 8 He trusted in Mar-Yah; let Mar-Yah deliver him; let him save him, if he be delighted in him. 9 For thou art my trust since I came out of the womb, and my hope since I was upon my mother's breasts. 10 I was put under thy care from the womb; thou art my God from my mother's belly.

11 ¶ Be not far from me; for trouble is near; for there is none to help. 12 Many bulls have surrounded me: strong bulls of Bashan have besieged me. 13 Their mouths snarl against me, as a ravening and roaring lion. 14 I am poured out like water and all my bones are out of joint; my heart is melted like wax, and my bowels are wasted in the midst of me. 15 My strength is dried up like a potsherd; and my tongue cleaves to my jaws; and thou hast thrown me into the dust of death. 16 For the vicious have surrounded me; the assembly of the wicked have enclosed me; they have pierced my hands and my feet. 17 My bones ached with pain; they looked and stared upon me. 18 They parted my garments among them, and cast lots upon my vesture. 19 But, O Mar-Yah, be not thou far from me; O God, O God, abide to help me. 20 Deliver my soul from the sword, my only one from the hand of the vicious. 21 Save me from the lion's mouth; save my meekness from the haughty,

22 ¶ That I may declare thy name to my brethren; in the midst of the congregation will I praise thee. 23 You that revere Mar-Yah, praise him; all you the offspring of Jacob, glorify him; and fear him, all you descendants of Israel. 24 For he has not despised nor abhorred the affliction of the poor; neither has he turned away his face from him; but when he cried unto him, he heard him. 25 My praise shall be of thee in the great congregation; I will fulfil my vows before them that worship him. 26 The poor shall eat and be satisfied; they shall praise Mar-Yah that seek him; their hearts shall live for ever. 27 All the ends of the world shall remember and turn to Mar-Yah; and all the kindreds of the Gentiles shall worship before thee. 28 For the kingdom belongs to Mar-Yah; he is the governor over the Gentiles. 29 All they that are hungry upon earth shall eat and worship before Mar-Yah; all they that are buried shall kneel before him; my soul is alive to him. 30 An offspring shall serve him; the generations thereof shall proclaim Mar-Yah. 31 They shall come and declare his righteousness to a people that shall be born, and tell that which Mar-Yah has done.

Chapter 23

23:1 ¶ Mar-Yah is my shepherd; I shall not want. 2 He makes me to rest in green pastures; he leads me beside still waters. 3 He restores my soul. He leads me in the paths of righteousness for his name's sake. 4 Yea, though I walk through the valley of the shadow of death, I will fear no evil; for thou art with me; thy rod and thy staff they comfort me. 5 Thou preparest a table before me in the presence of mine enemies; thou anointest my head with oil; my cup runneth over. 6 Surely thy goodness and mercy shall follow me all the days of my life; and I shall dwell in the house of Mar-

Yah for ever.

Chapter 24

^{24:1} ¶ The earth belongs to Mar-Yah and the fullness thereof; the world and they that dwell therein. ² For he has set the foundation thereof in the sea, and has furnished it with rivers.

³ ¶ Who shall ascend into the mountain of Mar-Yah? or who shall stand in his holy place? ⁴ He who has clean hands and a pure heart; who has not sworn by his soul falsely, nor taken an oath deceitfully. ⁵ He shall receive the blessing from Mar-Yah, and righteousness from God our Saviour. ⁶ This is the generation of them that seek thy face, that proclaim thy countenance, O thou God of Jacob.

⁷ ¶ Lift up your heads, O you gates; and be lifted up, O everlasting doors, that the King of glory may come in. ⁸ Who is this King of glory? Mar-Yah, strong and mighty, Mar-Yah mighty in battle. ⁹ Lift up your heads, O you gates; and be lifted up, O everlasting doors, that the King of glory may come in. ¹⁰ Who is this King of glory? Mar-Yah of hosts, he is the King of glory forever.

Chapter 25

^{25:1} ¶ Unto thee, O Mar-Yah, do I lift up my soul. ² O my God, I trust in thee; let me not be ashamed, let not mine enemies triumph over me. ³ Yea, let none that trust in thee be ashamed; let the wicked be ashamed with their vanity. ⁴ Show me thy ways, O Mar-Yah; teach me thy paths. ⁵ Lead me in thy truth, and teach me; for thou art my God and my Saviour; on thee do I wait all the day. ⁶ Remember, O Mar-Yah, thy tender mercies and thy loving-kindnesses; for they are from the beginning of the world. ⁷ Remember not the foolishness of my youth, but according to thine abundant mercy remember thou me because of thy goodness' sake, O God.

⁸ ¶ Good and upright is Mar-Yah; therefore will he direct sinners in the way. ⁹ He will guide the meek in judgement, and he will teach the poor his way. ¹⁰ All the paths of Mar-Yah are mercy and truth unto such as keep his covenant and his testimonies. ¹¹ For thy name's sake, O Mar-Yah, pardon mine iniquity; for it is great. ¹² What man is he that fears Mar-Yah? Him shall he teach in the way that he has chosen. ¹³ His soul shall abide with grace, and his offspring shall inherit the earth. ¹⁴ Mar-Yah is mindful of them that worship him, and he will show them his covenant.

¹⁵ ¶ My eyes are ever toward Mar-Yah; for he will release my feet out of the net. ¹⁶ Turn thou unto me, and have mercy upon me; for I am the only son and destitute. ¹⁷ The troubles of my heart are multiplied; O bring thou me out of my distresses. ¹⁸ Look upon my affliction and my labour; and forgive all my sins. ¹⁹ Consider my enemies; for they are many; and they hate me with an unjust hatred. ²⁰ O keep my soul, and deliver me, because I have trusted in thee. ²¹ The innocent and the upright have followed me because I have trusted in thee. ²² God has saved Israel from all of his oppressors.

Chapter 26

^{26:1} ¶ Judge me, O Mar-Yah; for I have walked in my integrity; I have trusted also in Mar-Yah; therefore I shall not waver. ² Prove me, O Mar-Yah, and try me; examine my mind and my heart. ³ For thy loving-kindness is before my eyes, and I have walked in thy faith. ⁴ I have not sat with evil persons; neither have I associated with detestable persons. ⁵ I have hated the congregation of evildoers; and have not sat with the wicked.

⁶ ¶ I have washed my hands clean, and I have gone around thy altar, O Mar-Yah, ⁷ That I may hear the voice of thy praise and tell of all thy wondrous works. ⁸ Mar-Yah, I have loved the ritual of thy house and the place where thy glory dwelleth. ⁹ Destroy me not with sinners nor my life with bloody men, ¹⁰ In whose hands is mischief, and their right hand is full of bribes. ¹¹ But as for me, I will walk in my integrity; save me and be merciful unto me. ¹² My foot has stood in the straight way; in the congregation will I bless Mar-Yah.

Chapter 27

^{27:1} ¶ Mar-Yah is my light and my salvation; whom shall I fear? Mar-Yah is the strength of my life; of whom shall I be afraid? ² When evildoers came upon me to devour me, even my enemies and those who hate me, they together stumbled and fell. ³ Though a host should encamp against me, my heart shall not fear; though war should rise against me, in this will I be confident. ⁴ One thing have I asked of Mar-Yah, that will I seek after; that I may dwell in the house of Mar-Yah all the days of my life, to behold the delight of Mar-Yah, and to be in charge of his temple. ⁵ For in the day of trouble he shall hide me in his shelter; in the shadow of his tabernacle shall he hide me; he shall set me up upon a rock. ⁶ And now shall my head be lifted up above my enemies round about me; therefore will I offer in his tabernacle sacrifices of joy; I will sing, yea, I will sing praises to Mar-Yah.

⁷ ¶ Hear, O Mar-Yah, my voice when I call upon thee; have mercy also upon me and answer me. ⁸ My heart said unto thee, Let my face seek thy face. ⁹ Turn not away thy face from me, O Mar-Yah; trouble not thy servant in anger; thou hast been my help, O Mar-Yah; east me not out, neither leave me, O my God and my Saviour. ¹⁰ Although my father and my mother have deserted me, Mar-Yah has taken me up. ¹¹ Teach me thy way, O Mar-Yah, and lead me in thy right paths. ¹² Deliver me not over into the hands of my enemies; for false witnesses are risen up against me and have spoken cruelly. ¹³ But I have believed to see the goodness of Mar-Yah in the land of the living. ¹⁴ Trust in Mar-Yah, and be of good courage; yea, trust in Mar-Yah.

Chapter 28

^{28:1} ¶ Unto thee have I cried, O my God; be not silent to me, lest, if thou be silent to me, I become like them that go down into the pit. ² Hear the voice of my supplications, when I cry unto thee, when I lift up my hands toward thy holy temple. ³ Count me not with the wicked and with the workers of iniquity, who speak peace with their neighbours, but mischief is in their hearts. ⁴ Reward them according to their deeds and according to their evil doings. ⁵ Because they have not understood the works of Mar-Yah nor the operation of his hands, he shall destroy them and not build them up.

⁶ ¶ Blessed be Mar-Yah, because he has heard the voice of my supplications. ⁷ Mar-Yah is my helper and my protector; my heart trusted in him, and I am happy; I will praise him with glorious song. ⁸ Mar-Yah is the strength of his people, and he is the protector of the salvation of his anointed. ⁹ Save thy people, O Mar-Yah, and bless thine inheritance; shepherd them also, and take care of them for ever,

Chapter 29

^{29:1} ¶ Bring unto Mar-Yah the offspring of rams; bring unto Mar-Yah glory and honour. ² Give unto Mar-Yah the glory due unto his name; worship Mar-Yah in the court of his holy temple. ³ The voice of Mar-Yah is upon the waters; the God of glory thunders; Mar-Yah is upon many waters. ⁴ The voice of Mar-Yah is powerful; the voice of Mar-Yah is full of majesty. ⁵ The voice of Mar-Yah breaks the cedars; yea, Mar-Yah breaks the cedars of Lebanon. ⁶ He makes them also to skip like calves, Lebanon and Sirion like a young ox. ⁷ The voice of Mar-Yah divides the flames of fire. ⁸ The voice of Mar-Yah shakes the wilderness; Mar-Yah shakes the wilderness of Kadesh. ⁹ The voice of Mar-Yah makes the hinds to tremble, and uproots the forests; and in his temple every one speaks of his glory. ¹⁰ Mar-Yah controls the flood; yea, Mar-Yah sits King for ever. ¹¹ Mar-Yah will give strength to his people; Mar-Yah will bless his people with peace.

Chapter 30

^{30:1} ¶ I will extol thee, O Mar-Yah; for thou hast lifted me up, and hast not made my foes to rejoice over me. ² O Mar-Yah, my God, I have sought thee, and thou hast healed me. ³ Thou hast brought up my soul from Sheol; thou hast saved me that I should not join those who go down to the pit. ⁴

Sing unto Mar-Yah, O ye saints of his, and give thanks at the remembrance of his holiness. ⁵ For there is rebuke in his anger and life in his good will; weeping may last for a night, but joy comes in the morning.

⁶ ¶ In my security I said, I shall never be moved. ⁷ O God, by thy favour thou hast increased my glory; thou didst turn away thy face, and I was troubled. ⁸ I cried to thee, O Mar-Yah, and unto Mar-Yah I made supplication. ⁹ What profit is there in shedding my blood, when I go down to corruption? The dust will not praise thee and it will not declare thy truth. ¹⁰ Hear, O God, and have mercy upon me; O Mar-Yah, be thou my helper. ¹¹ Thou hast turned for me my mourning into joy; thou hast put off my sackcloth, and girded me with gladness; ¹² Therefore, I will sing praise to thee, and not be silent. O Mar-Yah, my God, I will give thanks unto thee for ever.

Chapter 31

^{31:1} ¶ In thee, O Mar-Yah, do I put my trust; let me never be ashamed; deliver me in thy righteousness. ² Incline thine ear to me and answer me speedily; be thou unto me the God, the helper, and the house of refuge; and save me, ³ For thou art my strength and my refuge; therefore for thy name's sake comfort me and guide me. ⁴ Pull me out of the net that they have laid secretly for me; for thou art my protector. ⁵ Into thy hand I commit my spirit; thou hast redeemed me, O Mar-Yah God of truth. ⁶ I have hated them that observe false worship; but I trust in thee, O Mar-Yah. ⁷ I will be glad and rejoice in thy mercy; for thou hast seen my humility; thou hast known my soul in adversities; ⁸ And thou hast not surrendered me into the hand of my enemies; thou hast established my feet in tranquillity.

⁹ ¶ Have mercy upon me, O Mar-Yah, for I am in distress; mine eye is troubled with wrath, yea, my soul and my body. ¹⁰ For my life is spent with grief, and my years with sighing; my strength is weakened because of poverty, and my bones are shaken because of my enemies. ¹¹ I have become a reproach to my neighbours and a dread to my acquaintances: they that saw me on the street fled from me. ¹² I am forgotten as a dead man out of mind; I am like something given up for lost. ¹³ For I have heard of the complicity of many persons; while they connived together against me, they schemed to take away my life. ¹⁴ But I trusted in thee, O Mar-Yah; I said, Thou art my God, O Mar-Yah. ¹⁵ The times are in thy hand; deliver me from the hand of mine enemies and from them that persecute me. ¹⁶ Make thy face to shine upon thy servant; save me through thy mercies. ¹⁷ Let me not be ashamed, O Mar-Yah; for I have called upon thee; let the wicked be ashamed, and let them be silent in the grave. ¹⁸ Let the lips of the wicked be silent; for they speak falsely and disdainfully against the righteous.

¹⁹ ¶ Oh how great is thy goodness, which thou hast laid up for them that worship thee, which thou hast wrought for them that trust in thee before the sons of men! ²⁰ Hide them in the citadel of thy presence from the tumult of men; with thy shadow guard them from contention. ²¹ Blessed be Mar-Yah, for he has elected for himself the chosen ones in a strong city? ²² I said in my haste, I am lost from before thine eyes; nevertheless thou heardest the voice of my supplications when I cried unto thee. ²³ O love Mar-Yah, all you his righteous ones; for Mar-Yah preserves the faithful, and rewards the wicked according to their works. ²⁴ Be of good courage and he shall strengthen your heart, all you that trust in Mar-Yah.

Chapter 32

^{32:1} ¶ Blessed is he whose transgression is forgiven and whose sin is blotted out. ² Blessed is the man to whom Mar-Yah has not reckoned his iniquity, and in whose heart there is no guile. ³ Because I suffered in silence all the day long, my bones waxed old during my deep slumber. ⁴ For day and night thy hand was heavy upon me; intense pain developed in my heart great enough to kill me. ⁵ I have acknowledged my sin unto thee, and mine iniquity have I not hid from thee. I said, I will confess my faults to Mar-Yah; and thou forgavest all of my sins. ⁶ For this let every one that is

chosen pray unto thee at an appointed time; surely even the floods of great waters shall not come near him.

7[¶] Thou art my refuge; thou shalt protect me from mine enemies; thou wilt compass me about with glory and salvation. 8 I have made you to understand and have led you on the way which you shall take; I will follow you with my eyes. 9 Be not as the horse or as the mule, which have no understanding, which must be subdued with bit and bridle from their youth; no one goes near them. 10 The wicked has many sorrows; but he that trusts in Mar-Yah, mercy shall surround him. 11 Be glad in Mar-Yah and rejoice, you righteous; and praise him, all you that are upright in heart.

Chapter 33

33:1[¶] Rejoice in Mar-Yah, O you righteous; for praise is comely for the upright. 2 Praise Mar-Yah with harp and guitar; sing praises to him with a harp of ten strings. 3 Sing to him a new song; play skilfully with a beautiful rhythm. 4 For the word of Mar-Yah is right; and all his works are done in truth. 5 He loves righteousness and judgement; the earth is full of the goodness of Mar-Yah. 6 By the word of Mar-Yah were the heavens made; and all the host of them by the breath of his mouth. 7 The waters of the sea gathers he together as in a heap of water-skins; he lays up the depths in storehouses. 8 Let all the earth fear Mar-Yah; let all the inhabitants of the world stand in awe of him. 9 For he spoke, and it was done; he commanded, and it stood fast. 10 Mar-Yah brings the counsel of the Gentiles to nought; Mar-Yah makes the devices of the people of no effect. 11 The counsel of Mar-Yah stands for ever, the thoughts of his heart to all generations.

12[¶] Blessed is the nation whose God is Mar-Yah; and the people whom he has chosen for his own inheritance. 13 Mar-Yah looks from heaven; he beholds all the sons of men. 14 From his throne he looks upon all the inhabitants of the earth. 15 He fashions their hearts alike; he considers all their works. 16 The king is not saved by the multitude of a host; neither a mighty man delivers by much strength. 17 A horse is a false thing for salvation; neither shall he deliver his rider by his great strength. 18 Behold, the eye of Mar-Yah is upon the righteous, upon them that hope in his mercy 19 To deliver their soul from death and to keep them alive in famine. 20 Our soul waits for Mar-Yah; he is our help and our shield. 21 For our hearts shall rejoice in him because we have trusted in his holy name. 22 Let thy mercy, O Mar-Yah, be upon us, according as we hope in thee.

Chapter 34

34:1[¶] I will bless Mar-Yah at all times; his praises shall continually be in my mouth. 2 My soul shall make its boast in Mar-Yah; let the humble hear and be glad. 3 O magnify Mar-Yah with me, and let us exalt his name together. 4 I sought Mar-Yah, and he heard and delivered me from all my troubles. 5 Look towards him and trust in him, and you shall not be disappointed. 6 This poor man called on him, and he heard him and saved him from all his troubles. 7 The host of angels of Mar-Yah encamps round about them that worship him, and delivers them. 8 O taste and see that Mar-Yah is good; blessed is the man that trusts in him. 9 The rich have become poor and suffer hunger; 10 They that seek Mar-Yah shall not lack any good thing.

11[¶] Come, you children, listen to me, and I will teach you reverence for Mar-Yah. 12 Where is the man who desires not life and many days that he may see the good time to come? 13 Keep your tongue from evil and your lips from speaking guile. 14 Depart from evil and do good; seek peace and pursue it. 15 The eyes of Mar-Yah are upon the righteous, and his ears are open to hear them. 16 The face of Mar-Yah is against them that do evil, to cut off the remembrance of them from the earth. 17 The righteous cried, and Mar-Yah hears, and delivers them out of all their troubles. 18 Mar-Yah is near to them that are broken-hearted, and he saves those who are humble in spirit. 19 Many are the afflictions of the righteous; but Mar-Yah delivers him out of them all. 20 He keeps all his bones, not one of them is broken. 21 Evil shall slay the wicked, and they that hate the righteous shall be destroyed. 22 Mar-Yah redeems the soul of his servants, and none of them that trust in

him shall be condemned.

Chapter 35

^{35:1} ¶ Plead my cause, O Mar-Yah, with them that strive with me; fight against them that fight against me. ² Take hold of shield and buckler, and stand up for my help. ³ Draw out the sword and flash it against them that persecute me; say unto my soul. I am your Saviour. ⁴ Let them be confounded and put to shame that seek after my soul; let them be turned back and brought to confusion that devise evil against me. ⁵ Let them be as chaff before the wind, and let the angel of Mar-Yah chase them. ⁶ Let their way be dark and slippery, and let the angel of Mar-Yah persecute them. ⁷ For they have dug pits for me and have spread a snare for my soul. ⁸ Let evil come upon them unawares; and let the net that they have hidden trap them; into that very pit which they have dug let them fall. ⁹ My soul shall be joyful in God; it shall rejoice in his salvation. ¹⁰ All my bones shall say, Mar-Yah, who is like unto thee, who deliverest the poor from his enemies, yea, the poor and the needy from him that seizes his property by force?

¹¹ ¶ False witnesses rose up; they charged me with things that I knew not. ¹² They rewarded me evil for good, and they destroyed my reputation among men. ¹³ But as for me, when they were sick, I wore sackcloth; I humbled my soul with fasting, and my prayer returned into my own bosom. ¹⁴ I behaved myself as though they had been my friends and brothers; I bowed down heavily, as one miserable in deep mourning. ¹⁵ During my misery they gathered together and rejoiced; yea, they gathered together against me for a long time, and I knew it not; ¹⁶ With their boasting and mocking, they gnashed at me with their teeth.

¹⁷ ¶ My Lord Yah, I have suffered enough; rescue my soul from their riot, my only one from the lions. ¹⁸ I will give thee thanks in the great congregation; I will praise thee among many people. ¹⁹ Let mine enemies not rejoice over me, nor the mockers who hate me for no reason; they wink with their eyes but they do not salute. ²⁰ Against the meek of the earth, they devise mischievous things. ²¹ Yea, they opened their mouths wide against me, and said, Aha, aha, our eye has seen it. ²² This thou hast seen, O God; keep not silence; O my Lord Yah, be not far from the. ²³ stir up thyself and awake to my judgement, see my suffering, my God and my Lord Yah. ²⁴ judge me, O Mar-Yah my God, according to thy righteousness; and let them not rejoice over me. ²⁵ Let them not say in their hearts, We have rid ourselves of him and we have buried him. ²⁶ Let them be ashamed and brought to confusion who wish me evil; let them be clothed with shame and dishonour that magnify themselves against me. ²⁷ Let them who are pleased with my victory shout for joy and be glad; yea, let them say continually, Mar-Yah be magnified who has pleasure in the peace of his servant, ²⁸ And my tongue shall speak of thy righteousness and of thy praise all the day long.

Chapter 36

^{36:1} ¶ The unjust conceives wickedness within his heart, for there is no fear of God before his eyes. ² He is unwilling to see his sins forgiven, or to hate them. ³ The words of his mouth are iniquity and deceit; he is unwilling to do good. ⁴ He devises mischief upon his bed; he walks in a way that is not good that he may do evil.

⁵ ¶ O Mar-Yah, thy mercy is in heaven; and thy faithfulness reacheth unto the universe. ⁶ Thy righteousness is like the mountain of God; thy judgements are like a great deep; O Mar-Yah, thou preservest man and beast. ⁷ How abundant is thy loving-kindness, O God! therefore the children of men take refuge under the shadow of thy wings. ⁸ They shall flourish with the richness of thy house; and thou shalt give them to drink of the pleasant water of thy spring. ⁹ For with thee is the fountain of life; in thy light shall we see light. ¹⁰ O continue thy loving-kindness unto them that know thee, and thy righteousness to the upright in heart. ¹¹ Let not the foot of pride come against me, and let not the hand of the wicked remove me. ¹² For there the workers of iniquity will fall; they will be cast down, and will not be able to rise.

Chapter 37

^{37:1} ¶ Fret not because of evildoers, neither be envious of the workers of iniquity, ² For they shall soon wither like grass, and fade away as the green herbs. ³ Trust in God, and do good; dwell in the land, and seek after faithfulness. ⁴ Trust in Mar-Yah; and he shall give you the desires of your heart. ⁵ Commit your way to Mar-Yah; trust also in him, and he shall bring it to pass. ⁶ He shall bring forth your righteousness as the light, and your judgement as the noonday.

⁷ ¶ Seek Mar-Yah, and pray before him; envy not the man who does evil, and prospers in his way. ⁸ Cease from anger, and forsake wrath; fret not yourself in any wise to do evil. ⁹ For evildoers shall be cut off: but those who trust in Mar-Yah shall inherit the earth. ¹⁰ For yet a little while, and the wicked shall be no more: yea, you shall look for his place, and you shall not find it. ¹¹ But the meek shall inherit the earth, and shall delight themselves in the abundance of peace. ¹² The wicked plots against the just, and gnashes at him with his teeth. ¹³ Mar-Yah shall laugh at him; for he sees that his day is coming. ¹⁴ The wicked have drawn out the sword and have bent their bow, to slay the poor and needy, and those who are upright in their way. ¹⁵ Their swords shall enter into their own hearts, and their bows shall be broken. ¹⁶ A little that a righteous man has is better than the great riches of the wicked. ¹⁷ For the arms of the wicked shall be broken; but Mar-Yah upholds the righteous. ¹⁸ Mar-Yah knows the days of the upright; and their inheritance shall be for ever. ¹⁹ They shall not be ashamed in the evil time; and in the days of famine they shall be satisfied. ²⁰ For the wicked shall perish, and the rich who are enemies of Mar-Yah shall be consumed; they shall vanish like smoke.

²¹ ¶ The wicked borrows, and pays not again; but the righteous shows mercy, and gives. ²² For the blessed of Mar-Yah shall inherit the earth; and they that be cursed of him shall be wiped out. ²³ The steps of a good man are established by Mar-Yah; he sets his course. ²⁴ Though he fall, he shall not be hurt; for Mar-Yah upholds him with his hand. ²⁵ I have been young, and now am old; yet I have not seen the righteous forsaken, nor his descendants begging bread. ²⁶ But he is ever merciful and lends; and his offspring is blessed. ²⁷ Depart from evil, and do good; and rest for evermore. ²⁸ For Mar-Yah loves justice, and he forsakes not his righteous ones; he keeps them for ever; but the seed of the wicked, he destroys. ²⁹ The righteous shall inherit the land, and dwell therein for ever. ³⁰ The mouth of the righteous speaks wisdom, and his tongue talks of justice. ³¹ The Law of God is in his heart; none of his steps shall slide. ³² The wicked lies in wait for the righteous, and seeks to slay him. ³³ Mar-Yah will not leave him in his hand, nor condemn him when he is judged.

³⁴ ¶ Trust in Mar-Yah and keep his way, and he shall exalt you to inherit the land; when the wicked are cut off, you shall see it. ³⁵ For I have seen the wicked boasting and spreading himself like stout forest trees; ³⁶ Yet when I passed by, lo, he was not; yea, I sought him, but he could not be found. ³⁷ Uphold the perfect and select the upright; for there is a good end for peaceful men. ³⁸ But sinners shall be destroyed together; yea, the end of the wicked shall be destruction. ³⁹ But the Saviour of the righteous is Mar-Yah; he will help them in time of trouble. ⁴⁰ And Mar-Yah shall help them and deliver them; he shall deliver them from the wicked and save them, because they trust in him.

Chapter 38

^{38:1} ¶ O Mar-Yah, rebuke me not in thy wrath; neither chasten me in the heat of thine anger. ² For thine arrows stick fast in me, and thy hand rests heavily upon me. ³ There is no peace in my flesh because of thine anger; neither is there any rest in my bones because of my sins. ⁴ For mine iniquities are gone over my head; as a great burden they are too heavy for me. ⁵ My wounds are loathsome and corrupt because of my foolishness. ⁶ I am greatly troubled; all the day long I walk sadly. ⁷ My loins are filled with trembling, and there is no peace in my body. ⁸ I am feeble and miserable; I have groaned because of the despair of my heart. ⁹ O Mar-Yah, all my desire is before thee; and my groaning is not hidden from thee. ¹⁰ My heart is broken, my strength hath failed me; as for the light of mine eyes, it also is gone from me. ¹¹ My neighbours and my friends stood aside

from my grief; and my kinsmen stood off.

¹² ¶ They also that seek after my life and wish me evil lay hold on me and speak mischievous things and imagine deceits all the day long. ¹³ But I, as a deaf man, heard not; and I was as a dumb man that opens not his mouth. ¹⁴ Thus I was as a man that hears not, and in whose mouth is no reproof. ¹⁵ For in thee, O Mar-Yah, do I hope; thou wilt answer me, O Mar-Yah my God. ¹⁶ Because I said, Hear me, lest they rejoice over me; they scoff at me when my feet waver. ¹⁷ I am prepared to suffer, and my sorrow is continually with me. ¹⁸ I will declare mine iniquity to thee; I will purify myself of my sins. ¹⁹ But mine enemies are strong and alert; and they that hate me wrongfully are multiplied. ²⁰ They reward me evil for good; they reproach me because I seek after good things. ²¹ Forsake me not, O Mar-Yah; O my God, be not far from me. ²² Abide to help me and save me.

Chapter 39

^{39:1} ¶ I said, I will take heed to my ways that I sin not with my tongue; I will keep the words of my mouth under control while the wicked is before me. ² I was dumb and sorrowful, I was wretched, I held myself aloof, even from good; and my sorrow was multiplied. ³ My heart was hot within me; and my body was on fire; then spoke I with my tongue, ⁴ Mar-Yah, show me mine end, and the measure of my days, what it is; that I may know my destiny. ⁵ Behold, thou hast given my days a limit; and mine age is as nothing before thee; verily all men stand as a mere breath. ⁶ Because every man walks as an image, he disappears as a breath; he buries treasures and knows not who shall gather them.

⁷ ¶ Henceforth, what is my hope except in thee, O Mar-Yah? ⁸ Deliver thou me from all my transgressions; make me not the reproach of the unjust. ⁹ I was dumb, I opened not my mouth, because thou didst it. ¹⁰ Remove thy scourges from me; I am stricken by the blow of thy hand. ¹¹ I am consumed by rebuke on account of my sins; thou dost chastise a man and dost remove his desires like stubble. Verily all men are like a breath. ¹² Hear my prayer, O Mar-Yah; give ear unto my cry; hold not thy peace at my tears; for I am a dweller with thee and a sojourner, as all my fathers were. ¹³ O deliver me, that I may rest in peace before I pass away and be no more.

Chapter 40

^{40:1} ¶ I waited patiently for Mar-Yah; and he turned towards me and heard my supplication. ² He brought me up also out of a horrible pit, out of the mire of destruction, and set my feet upon a rock and established my goings. ³ And he has put a new song in my mouth, even praise unto our God, that many shall see it and rejoice and trust in Mar-Yah. ⁴ Blessed is the man whose trust is in the name of Mar-Yah, and who returns not to vanity; neither to lying conversation. ⁵ Many are thy works which thou hast done for us, O Mar-Yah our God, and thy wonderful care for us; I have declared that they are too many to be numbered; there is no one like unto thee.

⁶ ¶ Sacrifices and offerings thou didst not desire; but as for me, I now have understanding; burnt offering and sin offering hast thou not required. ⁷ Then said I, Lo, I come; in the beginning of the books, it is written of me, ⁸ I delight to do thy will, O my God; yea, thy Law is within my heart. ⁹ I have preached thy righteousness in the great congregation; lo, I have not refrained my lips, O Mar-Yah, thou knowest. ¹⁰ I have not hid thy righteousness within my heart; I have declared thy faithfulness and thy salvation; I have not concealed thy loving-kindness and thy truth from the great congregation.

¹¹ ¶ Withhold not thou thy tender mercies from me, O Mar-Yah; let thy loving-kindness and thy truth continually preserve me. ¹² For innumerable evils have surrounded me; mine iniquities have overtaken me, so that I am not able to look up; they are more than the hairs of my head; and my heart fails me. ¹³ Be pleased, O Mar-Yah, to deliver me; O Mar-Yah, continue to help me. ¹⁴ Let them be ashamed and confounded who seek after my soul to destroy it; let them be driven backward and put to shame who wish me evil. ¹⁵ Let them be overthrown for their disgraceful

conduct who say to me, Aha, aha! ¹⁶ Let all those that seek thee rejoice and be glad in thee; let such as love thy salvation say continually, Mar-Yah be magnified. ¹⁷ But I am poor and needy; O my Lord Yah, they have conspired against me; help me and deliver me; do not tarry, O my God.

Chapter 41

^{41:1} ¶ Blessed is he who looks after the poor; Mar-Yah will deliver him in time of trouble. ² Mar-Yah will preserve him and keep him alive, and he shall bless him upon the earth; he will not deliver him into the hands of his enemies. ³ Mar-Yah will strengthen him upon his sick bed; he will wholly recover from his illness. ⁴ I have said, Thou art my Lord Yah, be merciful unto me and heal my soul, for I have sinned against thee.

⁵ ¶ Mine enemies speak evil of me: When shall he die, and his name perish? ⁶ When they come to see me, they speak falsely and their hearts devise evil; they go out into the street and gossip about me. ⁷ All that hate me whisper together about me; they devise evil against me. ⁸ They conceive unjust accusations against me; they say, Now that he lies sick in his bed, he shall rise up no more. ⁹ Yea, even the man who visits me, in whom I trust, who eats my bread and whom I trust, betrays me. ¹⁰ But thou, O Mar-Yah, be merciful unto me and heal me, that I may repay them. ¹¹ By this I know that thou art pleased with me, because mine enemy doth not irk me. ¹² And as for me, thou upholdest me in mine integrity, and settest me before thy face for ever. ¹³ Blessed is Mar-Yah God of Israel from everlasting and to everlasting! Amen and Amen.

Chapter 42

^{42:1} ¶ As the hart pants after the water brook so pants my soul after thee, O Mar-Yah. ² My soul thirsts after thee, O living God; when shall I come to see thy face? ³ My tears have been my bread day and night, while they continually say unto me, Where is your God? ⁴ When I remember these things, my soul is agitated; therefore I will enter thy mighty citadel, even to the house of God, with the voice of joy and praise, with the many people who rejoice. ⁵ Why are you troubled, O my soul? and why are you bewildered? Trust in God; for I shall yet praise him, the Saviour of my honour and my God.

⁶ ¶ My soul is troubled within me; therefore will I remember thee from the land of Jordan, from the mount of Hermon and from the hill. ⁷ Deep calls to deep at the sound of thy waterfalls: all thy waves and thy billows are gone over me. ⁸ Yet Mar-Yah will command his loving-kindness in the daytime, and in the night his song shall be with me, and my prayer to the living God. ⁹ I will say to God, Why hast thou forsaken me? why go I mourning because of the oppression of my enemies? ¹⁰ When my bones are broken, mine enemies reproach me; while they say daily unto me, Where is your God? ¹¹ Why are you disturbed, O my soul? and why are you bewildered? Hope in God; for I shall yet praise him, the Saviour of my honour and my God.

Chapter 43

^{43:1} ¶ Judge me, O God, and avenge my cause against a merciless people; O deliver me from the deceitful and unjust man. ² For thou art the God of my strength; why has thou forsaken me? why go I mourning because of the oppression of the enemy? ³ O send out thy light and thy truth; let them comfort me; let them bring me unto thy holy mountain and to thy tabernacle. ⁴ Then will I go before the altar of God, to God who makes me joyful with the joy of youth; yea, upon the harp will I praise thee, O God, my God. ⁵ Why are you disturbed, O my soul? and why are you sad within me? Hope in God; for I shall yet praise him, who is the Saviour of my honour and my God.

Chapter 44

^{44:1} ¶ We have heard with our ears, O God, our fathers have told us what work thou hast wrought in their days, in the times of old; ² How thou didst destroy the Gentiles with thy hand, and established thy people; how thou didst vex the kingdoms, and strengthened thy people. ³ For they inherited not the land by their sword, neither did their own arm save them; but thy right hand

and thine arm and the light of thy countenance, because thou wast pleased with them. ⁴ Thou art my King, O God; for thou commandest deliverances for Jacob. ⁵ Through thee will we pierce our enemies; through thy name will we tread them under that hate us. ⁶ For we trust not in our bows; neither on our armour to save us. ⁷ But thou hast saved us from those who hate us, and hast put to shame our enemies. ⁸ We glorify thee, O God, all the day long, and praise thy name for ever.

⁹ ¶ But now thou hast forsaken us and put us to shame, and goest not forth with our armies: ¹⁰ But thou makest us to be defeated; and our enemies have plundered us. ¹¹ Thou hast sold us like sheep appointed for meat; and hast scattered us among the Gentiles. ¹² Thou hast sold thy people as a bargain, and dost not profit by their exchange. ¹³ Thou makest us a reproach to our neighbours, a scorn and a derision to them that are round about us. ¹⁴ Thou makest us a byword among the Gentiles, a shaking of the head among the nations. ¹⁵ All the day long my disgrace is before me, and the shame of my face has covered me, ¹⁶ Because of the voice of him who reproaches and blasphemes; and because of the enemy that avenges.

¹⁷ ¶ All this is come upon us; yet have we not forgotten thee, neither have we dealt falsely in thy covenant. ¹⁸ We have not turned back, neither have we swerved our steps from thy way; ¹⁹ For thou hast humbled us a second time in the land, and covered us with the shadow of death. ²⁰ And yet we have not forgotten the name of our God, or stretched out our hands to stranger gods; ²¹ God will look into this thing, for he knows the secrets of the heart. ²² Yea, for thy sake are we killed every day; we are counted as sheep for the slaughter. ²³ Awake and sleep not, O Mar-Yah; remember us and forsake us not. ²⁴ Turn not thy face from us, and forget not our humiliation and our oppression; ²⁵ For our soul is humbled down to the dust; our body touches the earth. ²⁶ Arise to help us; redeem us for thy mercies' sake.

Chapter 45

^{45:1} ¶ My heart bubbles forth good news and I will tell my deeds to the king; my tongue is the pen of a ready writer. ² You are fairer than the children of men; grace is poured into your lips; therefore God has blessed you for ever. ³ Gird your sword upon your thigh, O most mighty, with your glory and your majesty. ⁴ Your majesty is triumphant; ride upon the word of truth and meekness and righteousness; your Law is upheld by reverence for your right hand. ⁵ Your arrows are sharp; let them pierce the heart of the king's enemies, and let the people fall under you.

⁶ ¶ Thy throne, O God, is for ever and ever; the sceptre of thy kingdom is a right sceptre. ⁷ You love righteousness and hate wickedness; therefore God, your God, has anointed you with the oil of gladness above your fellows. ⁸ All your garments smell of myrrh and aloes and cassia, out of the magnificent temple whereby they have made you glad. ⁹ The king's daughter stands in glory, the queen stands at your right hand in gold of Ophir.

¹⁰ ¶ Harken, O my daughter, and consider and incline your ear; forget also your own people and your father's house. ¹¹ So shall the king greatly desire your beauty; for he is your lord; make obeisance to him. ¹² And the daughter of Tyre shall worship him; even the rich among the people shall seek your presence with gifts. ¹³ All the glory of the king's daughter is from within; her clothing is adorned with fine gold. ¹⁴ She shall be brought to the king with gifts; and her virgin companions shall follow in her train. ¹⁵ With gladness and rejoicing shall they be brought; they shall enter into the king's palace. ¹⁶ Instead of your fathers shall be your sons; you shall make them princes in all the earth, ¹⁷ I will make your name to be remembered in all generations; therefore shall the people praise you for ever and ever.

Chapter 46

^{46:1} ¶ God is our refuge and strength, a very present help in trouble. ² Thou hast been with us always; therefore will we not fear when the earth quakes and mountains are shaken into the heart of the sea, ³ Though the waters thereof roar and be troubled, though the mountains shake with the

force thereof. ⁴ There is a river, the streams whereof shall make glad the city of our God, The holy place of the most High. ⁵ God is in the midst of her; she shall not be moved; God shall help her in the early morning.

⁶ ¶ The heathen raged, the kingdoms trembled: he raised his voice, the earth quaked. ⁷ Mar-Yah of hosts is with us; the God of Jacob is our refuge. ⁸ Come, behold the works of God, for he does wonders in the earth. ⁹ He makes wars to cease to the end of the earth; he breaks the bow and cuts the spear asunder; he burns the chariot in the fire. ¹⁰ Repent, and know that I am God; I am exalted among the heathen and I am exalted in the earth. ¹¹ Mar-Yah of hosts is with us; the God of Jacob is our refuge.

Chapter 47

^{47:1} ¶ O clap your hands, all people; shout to God with the voice of triumph. ² For Mar-Yah is most high and revered; he is a great King over all the earth. ³ For he has subdued the Gentiles under us, and the nations under our feet. ⁴ He has chosen us for the inheritance, and for the glory of Jacob whom he loved.

⁵ ¶ God is gone up with glory, Mar-Yah with the sound of a trumpet. ⁶ Sing praises to God; sing praises to our King. ⁷ For God is the King of all the earth; sing praises unto him. ⁸ God reigns over the heathen; God sits upon his holy throne. ⁹ The rulers of the Gentiles have returned to the God of Abraham; for the dominions of the earth belong to God and he is greatly exalted.

Chapter 48

^{48:1} ¶ Great is our Lord Yah, and exceedingly exalted in the city of our God and in his holy and glorious mountain. ² Beautiful for situation, the joy of the whole earth, is mount Sion on the slopes of the north, the city of the great King. ³ God shows his might in her walled cities. ⁴ For, lo, the kings were prepared, and they passed by together. ⁵ They saw it, and so they marvelled; they were frustrated and hastened away. ⁶ Fear took hold of them, and pain, as of a woman in travail. ⁷ With a violent storm, the ships of Tarshish shall be broken.

⁸ ¶ As we have heard, so have we seen in the city of our God; God will establish it for ever. ⁹ We have trusted upon thy loving-kindness, O God, in the midst of thy temple. ¹⁰ As is thy name, O God, so is thy praise unto the ends of the earth; thy right hand is full of righteousness. ¹¹ Let mount Sion rejoice, let the daughters of Judah be glad because of thy judgements, O Mar-Yah. ¹² Circle Sion, and go round about her; count the towers thereof. ¹³ Mark well her strength and the depth of her bulwarks, that you may tell it to another generation. ¹⁴ For this God is our God for ever and ever; he will be our guide until death.

Chapter 49

^{49:1} ¶ Hear this, all people; give ear, all inhabitants of the world, ² Children of earth and sons of men, rich and poor together. ³ My mouth shall speak of wisdom; and the meditation of my heart shall be of understanding. ⁴ I will incline my ear to parables; I will chant my proverbs upon the harp. ⁵ I will fear not in days of evil, when the iniquity of my enemies shall surround me,

⁶ ¶ They who trust in their own strength and boast themselves in the multitude of their riches. ⁷ A brother cannot save a brother, nor can a man give to God a ransom for himself; ⁸ For the redemption of their souls is precious: ⁹ Do good for ever and you shall live for ever, and not see corruption. ¹⁰ But you will see wise men die; likewise the fool and the weak minded shall perish and leave their wealth to others. ¹¹ Their graves shall be their only habitations for ever, and their dwelling places throughout generations; their marked graves will be their only remembrance on earth. ¹² Nevertheless, such a man is not sustained by his honour; his end will be as the beasts, and he will perish. ¹³ This their way is their folly; in the end, demented, they will graze like cattle. ¹⁴ Like sheep they are consigned to the grave; death shall feed on them; and the upright shall have

dominion over them in the morning; the grave shall consume their beauty, and they shall be cast out from their glory.

¹⁵ ¶ But God will redeem my soul; from the power of the grave he will raise me up. ¹⁶ Be not afraid when one is made rich, when the glory of his house is increased; ¹⁷ For when he dies he shall carry nothing away; neither shall his glory descend after him. ¹⁸ For while he lived, he lived comfortably; he praised you when you favoured him. ¹⁹ His end shall be as his father's was before him; they shall never see light. ²⁰ Man cannot depend upon his honour for consolation, for if he does, he resembles the wild beasts.

Chapter 50

^{50:1} ¶ The God of gods, Mar-Yah, has spoken and called the earth from the rising of the sun to the going down thereof. ² Out of Sion, the perfection of beauty, God has shined. ³ Our God shall come, and shall not keep silence; a fire shall consume before him, and it shall flame round about him greatly. ⁴ He shall call to the heavens from above and to the earth, that he may judge his people. ⁵ Gather unto him, O you, his saints, those that have made a covenant with him by sacrifice. ⁶ And the heavens shall declare his righteousness; for God himself is judge.

⁷ ¶ Hear, O my people, and I will speak to you; O Israel, I will testify to thee: I am God, even your God. ⁸ I reprov'd you not for your sacrifices or your burnt offerings; they are continually before me. ⁹ I will take no bullocks out of your house nor he-goats out of your folds. ¹⁰ For all the beasts of the forest are mine, and the cattle and the oxen upon the hills. ¹¹ I know all the fowls of the air; and the wild beasts of the desert are mine. ¹² If I were hungry, I should not tell you; for the world is mine and the fullness thereof. ¹³ I eat not the flesh of bulls, neither do I drink the blood of goats. ¹⁴ Offer to God the sacrifice of thanksgiving; and fulfil your vows to the most High. ¹⁵ Call upon me in the day of trouble; I will strengthen you, and you shall glorify me.

¹⁶ ¶ But to the sinner, God says, How have you followed the books of my Law? You have observed my covenant lightly, ¹⁷ Seeing that you hate my instruction and cast my words behind you. ¹⁸ When you saw a thief, you joined with him, and you have been a partaker with adulterers. ¹⁹ You have given your mouth to evil and your tongue speaks deceit. ²⁰ You sit and speak against your brother; you slander your own mother's son. ²¹ All of these things have you done, and I kept silence; you thought that I was wicked like you; but I will reprove you, and correct these sins before your eyes. ²² Now understand this, O you who forget God, lest you be crushed and there be none to deliver. ²³ Whosoever offers the sacrifice of thanksgiving glorifies me; and to him will I show the way of the salvation of our God.

Chapter 51

^{51:1} ¶ Have mercy upon me, O God, according to thy loving-kindness; according to the multitude of thy tender mercies blot out my sins. ² Wash me thoroughly from mine iniquity, and cleanse me from my sin; ³ For I acknowledge my transgressions, and my sin is ever before me. ⁴ Against thee, thee only, have I sinned, and done that which is evil in thy sight; for thou wilt be justified in thy reproof, triumphant in thy judgements. ⁵ For behold, I was formed in iniquity; and in sin did my mother conceive me. ⁶ Behold, thou desirest truth, and the hidden things of thy wisdom thou hast made known to me.

⁷ ¶ Sprinkle me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. ⁸ Satisfy me with thy joy and gladness, that my broken spirit may rejoice. ⁹ Turn thy face away from my sins, and blot out all mine iniquities. ¹⁰ Create in me a clean heart, O God, and renew a right spirit within me. ¹¹ Cast me not away from thy presence; and take not thy holy spirit from me. ¹² Restore to me the joy of thy salvation; and uphold me with thy glorious spirit, ¹³ Then will I teach transgressors thy way, and sinners shall be converted unto thee.

¹⁴ ¶ Deliver me from blood-shedding, O God, thou God of my salvation, and my tongue shall sing aloud of thy righteousness. ¹⁵ O Mar-Yah, open thou my lips, and my mouth shall show forth thy praise; ¹⁶ For thou desirest not sacrifice; thou &lightest not in burnt offerings. ¹⁷ The sacrifices of God are a broken spirit; a broken and a contrite heart, O God, thou wilt not despise. ¹⁸ Do good in thy good pleasure unto Sion; build the walls of Jerusalem. ¹⁹ Then shalt thou be pleased with the sacrifices of righteousness, with burnt offerings and whole burnt offerings; then shall they offer gifts upon thine altar.

Chapter 52

^{52:1} ¶ Why do you boast of evil, O mighty man? Your tongue devises injustices against the innocent every day. ² It is like a sharp razor, working deceitfully. ³ You love evil more than good, and lying rather than speaking righteousness. ⁴ You love all that speak evil and all deceitful tongues; ⁵ Therefore, God shall overthrow you, and he shall root you out of your dwelling place, and out of the land of the living.

⁶ ¶ Then shall the righteous see and rejoice, and shall trust in Mar-Yah; ⁷ And they shall say, Lo, this is the man who trusted not in God; but trusted in the abundance of his riches, and boasted in his possessions. ⁸ But I am like a green olive tree in the house of God; I have trusted in the mercy of God for ever and ever. ⁹ I will praise thee for ever, because thou hast done it; and I will proclaim thy name before thy saints for generations.

Chapter 53

^{53:1} ¶ The fool has said in his heart, There is no God. Corrupt are they, and abominable in their iniquities; and there is none that does good. ² God looked down from heaven upon the children of men to see if there were any that did understand, that did seek God. ³ Every one of them has gone astray; they are altogether become filthy; there is none that does good, no, not one. ⁴ These people no longer recognise evil; they have consumed my people like bread; they have no respect for God. ⁵ There they feared where no fear was; for God has scattered the bones of hypocrites; they have been ashamed, because God has despised them. ⁶ Who out of Sion will give salvation to Israel? When God brings back the captivity of his people, Jacob shall rejoice and Israel shall be glad.

Chapter 54

^{54:1} ¶ Save me, O God, by thy name, and judge me by thy strength, ² Hear my prayer, O God; give ear to the words of my mouth. ³ For strangers are risen up against me, and the mighty seek after my life; they have disregarded thee, O God.

⁴ ¶ Behold, God is my helper; Mar-Yah sustains my soul. ⁵ Bring disaster to mine enemies; silence them in thy truth. ⁶ I will freely sacrifice to thee; I will praise thy name, O Mar-Yah, for it is good; ⁷ For thou hast delivered me out of all troubles; and mine eye hath seen mine enemies defeated.

Chapter 55

^{55:1} ¶ Give ear to my prayer, O God; and reject not my supplication. ² Hear me and answer me; return to my cry and incline to me, ³ Because of mine enemies, because of the oppression of the wicked; for they have devised iniquity against me, and reproached me. ⁴ My heart is greatly pained within me; and the terrors of death are fallen upon me. ⁵ Fearfulness and trembling are come upon me, and the shadow of death has overwhelmed me. ⁶ And I said, Oh that I had wings like a dove! Then would I fly away and be at rest. ⁷ Lo, then I would fly far off and dwell in the wilderness. ⁸ I would wait for him that will save me from the windy storm and the tempest.

⁹ ¶ Destroy, O Mar-Yah, and render useless their tongues; for I have seen violence and strife in the city. ¹⁰ Day and night they go about it, around its walls; injustice and mischief are in the midst of it. ¹¹ Wickedness is in the midst of it; deceit and guile depart not from its streets. ¹² For it was not mine enemy that reproached me; then I could have borne it; neither was it he that hated me that

did magnify himself against me; then I would have hid myself from him; ¹³ But it was you, a man mine equal, my kinsman, and my friend. ¹⁴ We ate a meal together in the house of God, and we walked in harmony. ¹⁵ Bring death upon them; bury them alive in the grave, because there is evil among them.

¹⁶ ¶ As for me, I will call upon God; and God shall save me. ¹⁷ At evening and in the morning and at noon will I pray and cry aloud; and he shall hear my voice. ¹⁸ Deliver my soul from those who have been too wise for me, from those who have opposed me continuously. ¹⁹ God, even the Eternal one, shall hear and humble them. With them also there are no changes; therefore they fear not God. ²⁰ They have put forth their hands against their neighbours, they have broken his covenant. ²¹ They were afraid because of the anger in his countenance and the wrath in his heart; his words were smoother than butter, yet were they sharp like the point of a spear. ²² Cast your worries upon Mar-Yah and he will sustain you; he will never suffer the righteous to fear want. ²³ But thou, O God, shalt bring them down into the pit of destruction; bloody and deceitful men shall not live out their days; but I will trust in thee.

Chapter 56

^{56:1} ¶ Be merciful to me, O God; for man has trodden me under foot; all the day long the fighting oppresses me. ² Mine enemies have daily trodden me under foot; for many warriors have risen against me. ³ I fear not during the day, because I trust in thee. ⁴ In God I will be glorified, in God I have put my trust; I will not fear what man can do to me. ⁵ All the day long they conspired against me and they devised evil against me. ⁶ They will wait in hiding, they will watch my steps, inasmuch as they wish for my death. ⁷ He has no deliverer, they have said. Condemn them with the condemnation of the Gentiles.

⁸ ¶ O God, I have declared my faith unto thee; record thou my tears before thee in thy book. ⁹ Then shall mine enemies turn back; and I will know I have a God. ¹⁰ In God will I praise his word; in Mar-Yah will I praise his word. ¹¹ In God have I put my trust; I will not be afraid what man can do to me. ¹² To thee shall I perform my vows, O God; I will offer them to thee with thank offering. ¹³ For thou hast delivered my soul from death and my feet from stumbling, that I may be pleasing in thy sight, O God, in the land of the living.

Chapter 57

^{57:1} ¶ Be merciful unto me, O God, be merciful unto me; for my soul trusts in thee; yea, in the shadow of thy wings will I make my refuge until these calamities be overpast. ² I will cry to God most High, to God my Saviour. ³ For he has sent from heaven and delivered me; he has put mine enemies to shame. God shall send forth his mercy and his truth. ⁴ He has delivered my life from the vicious as I slept in fear, and from the sons of men, whose teeth are spears and arrows, and their tongues sharp swords. ⁵ Be thou exalted, O God, above the heavens; let thy glory be above all the earth. ⁶ They have prepared a net for my feet; they have digged a pit for my soul, into the midst of which they themselves have fallen.

⁷ ¶ My heart is made ready, O God, my heart is ready; I will sing and give praise in my glory. ⁸ Awake, my harp; awake, psaltery and harp; I myself will awake early. ⁹ I will praise thee, O Mar-Yah, among the people; I will sing unto thy name among the nations. ¹⁰ For thy mercy is exalted to the sky and thy faithfulness to the heavens. ¹¹ Be thou exalted, O God, above the heavens; let thy glory be above all the earth.

Chapter 58

^{58:1} ¶ Do you indeed speak righteousness. O congregation? do you judge uprightly, O sons of men? ² Behold you all speak evil on earth, and your hands are soiled with injustice. ³ The wicked are known from the womb; they go astray as soon as they are born, speaking lies. ⁴ Their poison is like the poison of a serpent; they are like the deaf adder that stops its ear, ⁵ And will not listen to the

voice of the whisperer, neither to the charmer nor to the wise.

⁶ ¶ Break their teeth in their mouths, O God; pull out the fangs of the lions, O Mar-Yah. ⁷ Let them be rejected as water which is contaminated; let God shoot his arrows until the wicked are destroyed. ⁸ Like the wax that melts, and drips before the fire, let them be destroyed: fire has fallen from heaven and they did not see; the light of truth has been given and they did not understand. ⁹ Let their thorns be increased, and fear of wrath shake them violently. ¹⁰ The righteous shall rejoice when he sees the vengeance: he shall wash his hands in the blood of the wicked, ¹¹ So that a man shall say, Verily there is a reward for the righteous; verily there is a God that judges in the earth.

Chapter 59

^{59:1} ¶ Deliver me from mine enemies, O God; defend me from them that rise up against me. ² Deliver me from the workers of iniquity, and save me from bloody men. ³ For, ¹⁰, they lie in wait for my soul; evil have they multiplied against me; not because I have transgressed or because I have sinned, O Mar-Yah. ⁴ They run and prepare themselves against me without considering whether I have been at fault; ⁵ Awake to help me, and behold, O thou Mar-Yah God of hosts, the God of Israel, awake to visit all the nations, and spare not any wicked transgressors. ⁶ They return at evening; they make a noise like dogs, and go round about the city. ⁷ Behold, they belch out with their mouths; swords are in their lips; for who, say they, does care?

⁸ ¶ But thou, O Mar-Yah, shalt laugh at them; thou shalt have all the nations in derision. ⁹ To thee shall I give praise, O God, for thou art my defence. ¹⁰ O God, thy loving-kindness has preceded me; God has let me live to see my enemies avenged. ¹¹ Spare them for a living example, lest my people forget; but scatter them by thy power, and bring them down, O Mar-Yah my hope. ¹² For the sin of their mouth and the words of their lips. let them even be taken in their pride; for it is cursing and lying that they speak. ¹³ Consume them in thy wrath, consume them, that they be no more, that they may know that God rules over Jacob and over the ends of the earth. ¹⁴ And at evening let them return; and let them make a noise like dogs, and go round about the city. ¹⁵ Let them be hungry and not be filled, neither let them find a lodging place. ¹⁶ But I will sing of thy power; yea, I will sing aloud of thy mercy in the morning; for thou hast been my defence and refuge in the day of my trouble. ¹⁷ Unto thee, O God, will I sing; for thou art God of my refuge and the God of my mercy.

Chapter 60

^{60:1} ¶ O God, thou hast forsaken us, thou hast scattered us, thou hast been displeased with us; O turn thyself to us again. ² Thou hast made the earth to tremble; thou hast broken it; heal the breaches thereof, for it hath weakened. ³ Thou hast shown thy people hardships; thou hast made us to drink the dregs of wine. ⁴ Thou hast wrought a miracle to them that reverence thee, so that they need not flee from the bow. ⁵ That thy beloved may be prepared, save with thy right hand, and hear me.

⁶ ¶ God has spoken in his holiness: I will be strong, I will divide Shechem and mete out the valley of Succoth. ⁷ Gilead is mine and Manasseh is mine; Ephraim also is the strength of my head; Judah is my king. ⁸ Moab is my wash-pot; over Edom will I levy tribute; over Philistia will I triumph. ⁹ Who will lead me into Edom? Who will bring me into the strong city? ¹⁰ For behold, O God, thou hadst cast us off, and thou didst not go before us with our armies. ¹¹ Give us strength against our enemies; for vain is the help of man. ¹² Through God we shall do valiantly; for he it is who shall tread down our enemies.

Chapter 61

^{61:1} ¶ Hear my cry, O God; attend to my prayer. ² From the end of the earth will I cry unto thee, when my heart is overwhelmed; for thou hast led me upon a rock and hast comforted me. ³ For

thou hast been a shelter for me, and a strong tower from my enemies, ⁴ I will abide in thy tabernacle for ever; I will make my refuge the shadow of thy wings.

⁵ ¶ For thou, O God, hast heard my vows; thou hast given an inheritance to them that revere thy name. ⁶ Thou hast added days to the days of the king, and his years as many generations. ⁷ He shall be established before God for ever; mercy and justice shall preserve him. ⁸ So will I sing praise unto thy name for ever, when daily I fulfil my vows.

Chapter 62

^{62:1} ¶ My soul waits upon God; from him comes my salvation. ² He only is my God and my salvation; he is my great defence; I shall not be moved. ³ How long will you threaten a man so that you may kill him? Like a crumbling wall shall you be and as a tottering fence. ⁴ For you have thought to cast him down from his excellency; you delight in lies; you bless with your mouths, but curse with your hearts. ⁵ My soul, wait only upon God; for my salvation is from him. ⁶ He only is my God and my salvation; he is my defence; I shall not be moved. ⁷ In God is my salvation and my glory; God is my strength, my refuge, and my hope.

⁸ ¶ Trust in him at all times; you people, pour out your hearts before him; God is a refuge for us. ⁹ Surely all untrue men are like vapour; when they are placed in the balance, they are found wanting. ¹⁰ Trust not in oppression, and become not vain in robbery; if riches increase, let not your heart rejoice over them. ¹¹ God has said this once; twice have I heard this; that power belongs unto God. ¹² Also unto thee, O Mar-Yah, belongs mercy; for thou renderest to every man according to his work.

Chapter 63

^{63:1} ¶ O God, thou art my God; on thee I wait; my soul thirsteth for thee, my flesh longeth for thee as in a dry and thirsty land where no water is. ² As, in purity, I have seen thee, so may I see thy power and thy glory.

³ ¶ Because thy loving-kindness is better than life, my lips shall praise thee. ⁴ Thus will I bless thee while I live; I will lift up my hands in thy name. ⁵ My soul shall be enriched as with cream and fatness; and my mouth shall praise thee with joyful lips. ⁶ I remember thee upon my bed and I meditate on thee in the night watches.

⁷ ¶ Because thou hast been my helper, therefore in the shadow of thy wings will I glory. ⁸ My soul follows hard after thee; thy right hand upholds me. ⁹ But those that seek my soul, to destroy it, shall go into the lower parts of the earth. ¹⁰ They shall fall by the sword; they shall be a portion for foxes. ¹¹ But the king shall rejoice in God; every man that swears by him shall glory; but the mouths of those who speak lies shall be stopped.

Chapter 64

^{64:1} ¶ Hear my voice, O God, as I pray to thee; preserve my life from fear of mine enemy. ² Hide me from the wickedness of the evil one; from the corruption of the workers of iniquity, ³ Who whet their tongues like a sword, and charge their words with poison like an arrow, ⁴ That they may shoot in secret at the innocent; suddenly do they shoot at him, and fear not. ⁵ They encourage themselves with evil speech; they plan to hide snares; they say, Who shall see us? ⁶ They plan wickedness, but they are destroyed in order to consume evil from among men and from the depths of the heart.

⁷ ¶ But God is great; suddenly he shall shoot at them with an arrow; ⁸ So shall their tongues be silenced, and all that see them shall be frightened. ⁹ And all men shall fear, and shall declare the work of God; for they shall wisely consider the work of his hands. ¹⁰ The righteous shall be glad in Mar-Yah, and shall trust in him; and all the upright in heart shall glorify him.

Chapter 65

^{65:1} ¶ Praise is befitting thee, O God, in Sion; and unto thee shall the vow be performed; ² O hear my prayer; unto thee shall all flesh come. ³ The words of the wicked have prevailed against me; as for our transgressions, thou shalt purge them. ⁴ Blessed is the man in whom thou art pleased, he whom thou causest to approach unto thee, that he may dwell in thy courts and be satisfied with the goodness of thy house, even of thy holy temple. ⁵ From the majesty of thy righteousness answer us, O God of our salvation, who art the confidence of all the ends of the earth, and of the peoples who are afar off,

⁶ ¶ Who settest fast the mountains by his strength, and is mighty in his power; ⁷ He stills the tempest of the seas and the roar of their waves. The peoples shall be troubled. ⁸ The inhabitants of the earth shall tremble at thy wonders, from the coming of the morning to the evening. ⁹ With glory didst thou visit the earth and water it; thou hast blessed it with peace and hast greatly enriched it with the river of God, which is full of water; thou hast prepared food when thou hast established it. ¹⁰ Thou hast watered the fallowed ground thereof; to bring forth fruits, thou hast sprinkled its growth with showers and blessed it. ¹¹ Thou crownest the year with thy goodness; and the calves have rich pasture. ¹² They shall be filled with the pastures of the wilderness, and the hills shall be surrounded with glory. ¹³ The pastures shall be covered with fattening sheep, the valleys shall be clothed with wheat; they shall rejoice, yea, they shall sing.

Chapter 66

^{66:1} ¶ Make a joyful noise unto God, all lands. ² Sing the honour of his name; sing the honour of his majesty. ³ Say unto God, How wonderful are thy works! Through the greatness of thy power shall thine enemies submit themselves unto thee. ⁴ All the earth shall worship thee, and shall sing unto thy name; they shall glorify thy name forever. ⁵ They shall say, Come and see the works of God; for his wonders are great toward the children of men. ⁶ He turns the sea into dry land: they crossed through the river on foot; there did we rejoice in him. ⁷ He rules by his power for ever; his eyes behold the nations; let not the rebellious exalt themselves.

⁸ ¶ O bless our God, you people, and make the voice of his praise to be heard, ⁹ Who holds our soul in life, and suffers not our feet to be moved. ¹⁰ For thou, O God, hast proved us; thou hast tried us as silver is tried. ¹¹ Thou didst bring us into the net; thou didst lay affliction upon our loins. ¹² Thou hast caused us to be in servitude; we went through fire and through water; finally thou didst bring us out into a comfortable place.

¹³ ¶ I will go into thy house with gifts; I will pay thee my vows. ¹⁴ Which my lips have uttered and my mouth has spoken when I was in trouble. ¹⁵ I will offer unto thee burnt sacrifices of fatlings, with the savour of rams; I will offer bullocks with goats. ¹⁶ Come and hear, all you servants of God, and I will declare what he has done for my soul. ¹⁷ I cried to him with my mouth, and he has answered me; I extolled him with my tongue. ¹⁸ If thou behold iniquity in my heart, O Mar-Yah, deliver me not. ¹⁹ But verily God has heard me; he has attended to the voice of my prayer. ²⁰ Blessed be God, who has not rejected my prayer nor turned his mercy from me.

Chapter 67

^{67:1} ¶ God be merciful unto us and bless us; and cause his face to shine upon us, ² That thy ways may be known upon earth, thy saving health among all nations. ³ Let the people praise thee, O God; let all the people praise thee. ⁴ O let the nations be glad and sing for joy; for thou shalt judge the people righteously, and govern the nations upon earth. ⁵ Let the people praise thee, O God; let all the people praise thee. ⁶ Then shall the earth yield her increase; and God, even our own God, shall bless us. ⁷ God shall bless us; and all the ends of the earth shall fear him.

Chapter 68

^{68:1} ¶ Let God arise, let his enemies be scattered; let them also that hate him flee before him. ² As

smoke is driven away, so let them vanish; as wax melts before the fire, so let the wicked perish at the presence of God. ³ But let the righteous be glad; let them be valiant in the sight of God; yea, let them rejoice in his pleasure. ⁴ Sing unto God, sing praises to his name; extol him who rides upon the heavens; Mar-Yah is his name, rejoice before him. ⁵ A father of the fatherless and a judge of widows is God in his holy habitation. ⁶ God sets the solitary child in families; he triumphantly releases those who are bound with chains; but the rebellious dwell in waste places.

⁷ O God, when thou didst go forth before thy people, when thou didst march through the wilderness, ⁸ The earth shook, the heavens also lowered at the presence of God; even Sinai itself was moved at the presence of God, the God of Israel. ⁹ Thou, O God, didst send a plentiful rain whereby thou didst confirm thine inheritance when it was weary. ¹⁰ Thy living creatures have dwelt therein; thou O God, hast provided of thy goodness for the poor. ¹¹ Mar-Yah shall give good tidings with great power. ¹² Then the kings of armies shall be defeated; and the household of God shall divide the spoil. ¹³ Though you sleep among thorns, yet shall you be protected as the wings of a dove covered with silver, and her feathers with yellow gold. ¹⁴ When God appointed a king over Sion, it became white like snow

¹⁵ Over Salmon, the mountain of God, over the mountains of Bashan and over the mountain ridges. ¹⁶ What do you want, O you mountains of Bashan? This is the ridge which God desires to dwell in; yea, Mar-Yah will dwell in it for ever. ¹⁷ God rides with the host of angels; Mar-Yah is among them, as in Sinai, in his holy place. ¹⁸ Thou hast ascended on high, thou hast carried away captives; thou hast blessed men with gifts; but rebellious men shall not dwell before the presence of God. ¹⁹ Blessed be Mar-Yah, for he has chosen us as his heritage, even the God of our salvation. ²⁰ He that is our God is the God of salvation, Mar-Yah God who has the power of life and death. ²¹ But God shall sever the head of his enemies, and the hairy scalp of the head of those who persist in their sins.

²² Mar-Yah said, I will rescue my people from the cliffs, I will bring my people from the depths of the sea; ²³ That thy foot shall be dipped in the blood of thine enemies, and the tongue of thy dogs in the same. ²⁴ They have seen thy goings, O God, even the goings of my God and my holy King. ²⁵ The princes went before, the singers followed after; among them were the damsels playing with timbrels. ²⁶ Bless God in the congregations, even Mar-Yah, you that are of the fountain of Israel. ²⁷ There is little Benjamin with their ruler, the princes of Judah and their governors, the princes of Zebulun, and the princes of Naphtali. ²⁸ Command, O God, thy strength; strengthen, O God, that which thou hast wrought for us. ²⁹ Out of thy temple at Jerusalem shall kings bring presents unto thee. ³⁰ Rebuke the wild beasts of the marshes, the multitude of the wild bulls, the idols of the Gentiles which are covered with silver; scatter the people who delight in war. ³¹ Ambassadors shall come out of Egypt; Ethiopia shall soon stretch out her hands to God.

³² Sing to God, you kingdoms of the earth; O sing praises to Mar-Yah. ³³ To him who rides upon the heavens of heavens; out of the east he gives his voice, and that a mighty voice. ³⁴ Ascribe glory unto God; his excellency is over Israel and his strength is in the heavens. ³⁵ O God, thou art honoured out of thy holy place; the God of Israel is he that gives strength and power to his people. Blessed be God.

Chapter 69

^{69:1} Save me, O God; for the waters are come near to engulf me. ² I sink in deep mire where there is no footing; I am come into deep waters, where the floods overflow me. ³ I am weary of my crying; my throat is dry; mine eyes fail while I wait for God. ⁴ They that hate me without a cause are more than the hairs of my head; they that would destroy me, being mine enemies wrongfully, are mighty; then I restored that which I took lawfully. ⁵ O God, thou knowest my foolishness; and my sins are not hid from thee. ⁶ Let not them that trust in thee be ashamed through me, O Mar-Yah

God of hosts; let not those that seek thee be dishonoured through me, O God of Israel. ⁷ Because for thy sake I have borne reproach; shame has covered my face. ⁸ I am become a stranger to my brethren and an alien to my mother's children. ⁹ For the zeal of thy house has made me courageous; and the reproaches of them that reproached thee are fallen upon me. ¹⁰ When I humbled and chastened my soul with fasting, that was to my reproach. ¹¹ I made sackcloth also my garment and I became a proverb to them. ¹² They that sit in the gate speak against me; and I was the song of the drunkards.

¹³ ¶ But as for me, my prayer is unto thee, O Mar-Yah, in an acceptable time; O God, in the multitude of thy mercy answer me, in the abundance of thy salvation, ¹⁴ Deliver me out of the mire, and let me not sink; let me be delivered from them that hate me, and out of the deep waters. ¹⁵ Let not the water-flood overflow me, neither let the deep swallow me up, and let not the well shut its mouth upon me. ¹⁶ Answer me, O Mar-Yah; for thy loving-kindness is good; turn to me according to the multitude of thy tender mercies. ¹⁷ And hide not thy face from thy servant; for I am in trouble; answer me speedily. ¹⁸ Draw near to my soul, and redeem it; deliver me because of mine enemies. ¹⁹ Thou knowest my reproach and my shame, and my dishonour is spread before all mine adversaries. ²⁰ O thou, heal my broken heart and bind it; I looked for some to take pity, but there was none; and for comforters, but I found none. ²¹ They gave me bitter herbs for my food; and in my thirst they gave me vinegar to drink.

²² ¶ Let their table become a snare before them; and that which should have been for their reward, let it become a trap. ²³ Let their eyes be darkened, that they see not; and make their backs continually to bend. ²⁴ Pour out thine indignation upon them, and let thy wrathful anger take hold of them. ²⁵ Let their habitation be desolate; and let none dwell in their tents. ²⁶ The one which thou hast smitten, they have persecuted; they have added to the grief of him who is wounded. ²⁷ Add punishment of iniquity to their iniquity, that they may enter not into thy righteousness. ²⁸ Let them be blotted out of thy book of the living, and not be written with the righteous. ²⁹ But I am poor and sorrowful; let thy salvation help me, O God.

³⁰ ¶ I will praise the name of God with a song, and will magnify him with thanksgiving. ³¹ This shall please Mar-Yah better than an ox or bullock that has horns and hoofs. ³² The humble shall see this and be glad; and your heart shall live that seek God. ³³ For Mar-Yah hears the poor, and despises not his prisoners. ³⁴ Let heaven and earth praise him, the seas, and every thing that moves therein. ³⁵ For God will save Sion, and will build the cities of Judah; ³⁶ His servants shall dwell in it and shall inherit it; they that love his name shall dwell therein.

Chapter 70

^{70:1} ¶ Make haste, O God, to deliver me; make haste to help me, O Mar-Yah. ² Let them be ashamed and confounded that seek after my soul: let them be turned backward and put to confusion that desire my hurt. ³ Let them be confounded by their recurring shame that say to me, Aha, aha! ⁴ Let all those that seek thee rejoice and be glad in thee; and let such as love thy salvation say continually, Let God be magnified. ⁵ But I am poor and needy; make haste unto me, O God; thou art my help and my deliverer; O Mar-Yah, tarry not.

Chapter 71

^{71:1} ¶ In thee, O Mar-Yah, do I put my trust; let me never be confounded. ² Deliver me in thy righteousness and rescue me; incline thine ear to me and save me. ³ Be thou to me a sheltering rock whereunto I may continually resort; give thou commandment to save me; for thou art my rock and my fortress. ⁴ Deliver me, O God, out of the hand of the wicked, out of the hand of the unrighteous and cruel man. ⁵ For thou art my hope, O Mar-Yah; thou art my trust from my youth, O God. ⁶ By thee have I been sustained from the womb; thou art my hope since I was in my mother's body; my praise is continually of thee. ⁷ I am as a wonder to many; but thou art my

strong refuge. ⁸ Let my mouth be filled with thy praise and with thy honour all the day. ⁹ Cast me not off in the time of old age; forsake me not when my strength fails. ¹⁰ For mine enemies speak against me; and they that lie in wait for my soul take counsel together, ¹¹ Saying, God has forsaken him; pursue and take him; for there is none to deliver him. ¹² O God, be not far from me; O my God, make haste for my help. ¹³ Let them be ashamed and embarrassed who envy my soul: let them be covered with shame that seek my hurt.

¹⁴ ¶ But I will pray continually, and will praise thee yet more and more. ¹⁵ My mouth shall show forth thy righteousness and thy salvation all the day, for I cannot read. ¹⁶ I will go in the strength of Mar-Yah; I will make mention of thy righteousness even of thine only. ¹⁷ O God, thou hast taught me from my youth, so that I might declare thy wondrous works. ¹⁸ Now also to old age and grey hairs, O God, forsake me not; until I have shown thy strength and thy might to the generation that is to come. ¹⁹ Thy righteousness also, O God, has reached to the highest; thou hast done great things; O God, who is like unto thee! ²⁰ Thou who hast shown me great and sore troubles, shalt quicken me again, and shalt bring me up again from the depths of the earth. ²¹ Thou hast increased my greatness, and hast returned to comfort me. ²² I will also praise thee with the psaltery, I will sing to thy truth, O my God; unto thee will I sing with the harp, O thou Holy One of Israel. ²³ My lips shall greatly rejoice when I sing unto thee; and my soul, which thou hast redeemed. ²⁴ My tongue also shall talk of thy righteousness all the day long; for they are confounded, for they are brought to shame that seek my hurt.

Chapter 72

^{72:1} ¶ Give the king thy judgements, O God, and thy righteousness to the king's son,

² ¶ That he may judge thy people with righteousness and thy poor with justice. ³ The mountains shall bring peace to thy people, and the hills thy righteousness. ⁴ He shall judge the poor of the people; he shall save the children of the needy; and he shall crush the oppressor. ⁵ They shall revere thee as long as the sun and moon endure, throughout all generations. ⁶ He shall come down like rain upon the mown grass, as showers that water the earth. ⁷ In his days shall the righteous flourish, and abundance of peace so long as the moon endures. ⁸ He shall have dominion also from sea to sea, and from the river to the ends of the earth. ⁹ They that dwell on the islands shall bow before him; and his enemies shall lick the dust. ¹⁰ The kings of Tarshish and of the islands shall bring presents; the kings of Sheba and Seba shall offer gifts. ¹¹ Yea, all kings shall worship him, all nations shall serve him; ¹² For he shall deliver the needy from the mighty, the poor also, who has no helper. ¹³ He shall spare the poor and needy, and shall save the souls of the needy. ¹⁴ He shall redeem their souls from deceit and violence; precious shall their blood be in his sight. ¹⁵ And he shall live, and to him shall be given of the gold of Sheba; prayer also shall be made to him continually, and daily shall he be praised. ¹⁶ He shall multiply like wheat upon the earth; his seed shall spring up on the mountain tops, as on Lebanon; and they of the city shall flourish like grass of the earth. ¹⁷ His name shall endure for ever; his name shall be continued as long as the sun; and men shall be blessed in him; all nations shall call him blessed.

¹⁸ ¶ Blessed be Mar-Yah God, the God of Israel, who alone does wondrous things. ¹⁹ And blessed be his glorious name for ever; and let the whole earth be filled with his glory. Amen and Amen. ²⁰

Chapter 73

^{73:1} ¶ Truly God is good to Israel, and to those who are pure in heart. ² But as for me, my feet were almost gone; my steps had well nigh slipped. ³ For I was envious of the wicked when I saw the prosperity of the ungodly. ⁴ For there is no end to their death, and their folly is great. ⁵ They share not in the toil of men; neither are they scourged like other men. ⁶ Therefore pride holds them fast; they have concealed their wickedness and ungodliness. ⁷ Their iniquity comes through like grease; they do according to the evil dictates of the heart. ⁸ They imagine and speak evil things: they talk

unjustly against the most High. ⁹ They have set their mouths in the sky, but their tongues drag in the dirt; ¹⁰ Therefore will my people return hither, and they shall have everything in abundance. ¹¹ They shall say, How does God know? and is there knowledge in the most High? ¹² Behold, these are the ungodly, who prosper in the world; they are strong in power. ¹³ As for me, I have cleansed my heart, and washed my hands in innocence. ¹⁴ All the day long have I been plagued, and chastened every morning.

¹⁵ ¶ If I say, I shall do as they do, this is sinful for me. ¹⁶ When I thought to know this, it was too painful for me. ¹⁷ Until I went into the sanctuary of God; then understood I their end. ¹⁸ Thou didst appoint their portion according to their deceitfulness; thou didst cast them down when they exalted themselves. ¹⁹ How are they brought into desolation, as in a moment! They are utterly consumed with terrors. ²⁰ As one who awakes from a dream, so, O Mar-Yah, thou shalt despise their idolatry.

²¹ ¶ Thus my heart was grieved, and my conscience troubled me. ²² So foolish was I, and ignorant; I was as a beast before thee. ²³ Thou shalt comfort me with thy counsel, and lead me according to thy honour. ²⁴ Whom have I in heaven but thee? and whom have I desired upon earth besides thee? ²⁵ Nevertheless I am continually with thee; thou hast held me by my right hand. ²⁶ My flesh and my heart fail; but God is the strength of my heart and my portion for ever. ²⁷ For lo, they that are far from thee shall perish; thou hast destroyed all them that go astray from thee. ²⁸ I was pleased to draw near to God; I have put my trust in Mar-Yah God, that I may declare all thy works.

Chapter 74

^{74:1} ¶ O God, why hast thou cast us off for ever? Why hath thine anger become inflamed against the sheep of thy flock? ² Remember thy congregation which thou hast possessed of old; the tribe of thine inheritance, which thou hast redeemed; this mount Sion, wherein thou hast dwelt. ³ Exalt thy servants over those who are carried away by power; all those who oppress are enemies of thy sanctuary. ⁴ Thine enemies exalted themselves in the midst of thy feasts; they set up their banners for signs. ⁵ Thou knowest this as the exalted one who sits on high: they have hewn down the doors with axes as they would cut the trees of the forest. ⁶ They have destroyed everything with axes and hammers. ⁷ They have set fire to and burned thy sanctuary; they have defiled the dwelling place of thy name on earth. ⁸ They said in their hearts, Let us destroy them together; let us abolish all the feast days of God from the land. ⁹ They did not see the wonders thereof; for there is no more any prophet, neither is there among us any wise man. ¹⁰ O God, how long shall the adversary reproach? Shall the enemy blaspheme thy name for ever? ¹¹ Why withdrawest thou thy hand, even thy strength from the midst of thy congregation?

¹² ¶ For God is our King, who of old has commanded the salvation of Jacob. ¹³ Thou didst divide the sea by thy strength: thou didst break the heads of the dragons in the waters. ¹⁴ Thou didst break the heads of Leviathan in pieces, and thou gavest him as food to a strong people. ¹⁵ Thou didst open the fountains in the valleys; thou didst dry up mighty rivers. ¹⁶ The day is thine, the night also is thine; thou hast prepared the light and the sun. ¹⁷ Thou hast set all the borders of the earth; thou hast made summer and winter.

¹⁸ ¶ Remember this, that the enemy has reproached, O Mar-Yah, and that the foolish people have blasphemed thy name. ¹⁹ O deliver not to destruction the soul that confesses to thee; forget not the souls of thy poor for ever. ²⁰ Respect thy covenant, O Mar-Yah; for the habitations of the earth are full of ignorance and cruelty. ²¹ O let not the oppressed return ashamed; let the poor and needy praise thy name. ²² Arise, O God, plead thine own cause; remember how the foolish man reproacheth thee daily. ²³ Forget not the voice of thine enemies; the tumult of those that rise up against thee ascendeth continually.

Chapter 75

75:1 ¶ Unto thee, O God, do we give thanks, unto thee do we give thanks and call upon thy name. 2 We will declare all thy wondrous works; then the time will come when I will judge uprightly. 3 Then the earth and all the inhabitants thereof shall be humbled; thou hast ordained the people thereof. 4 Thou saidst to the fools, Deal not foolishly, and to the wicked, Lift not up the horn; 5 Lift not up your horn on high; speak not with a stiff neck.

6 ¶ For defence comes neither from the west nor from the east nor from the desert mountains. 7 But God is the judge; he puts clown one, and sets up another. 8 For in the hand of Mar-Yah there is a cup, full of a mixture of the dregs of wine; and he passes it from one to another; surely all the wicked of the earth shall drink the dregs thereof. 9 But I will live for ever; I will sing praises to the God of Jacob. 10 All the horns of the wicked also will I cut off; but the horns of the righteous shall be exalted.

Chapter 76

76:1 ¶ In Judah is God known; his name is great in Israel. 2 In Salem also is his tabernacle, and his dwelling place in Sion. 3 There broke he the arms of the bow, the shield, and the sword, in the battle. 4 Thou art all glorious and excellent from thy mighty mountain. 5 All the foolish of heart were dismayed; the mighty men of valour slept their last sleep. 6 Their hands prevailed not because of thy rebuke, O God of Jacob; the horsemen are cast into a dead sleep.

7 ¶ Thou, even thou, art to be feared; who may stand in thy sight when once thou art angry? 8 Thou didst cause judgement to be heard from heaven; the earth saw it and trembled 9 When God arose to judgement, to save all the meek of the earth. 10 For the wisdom of man shall praise thee; the remainder of his wrath shalt thou restrain. 11 Vow and fulfil thy vows to Mar-Yah thy God; let all that be round about him bring presents to him who is to be revered. 12 He shall humble the pride of the rulers; he is dreaded by the kings of the earth.

Chapter 77

77:1 ¶ I cried to God with my voice, and he heard me; I have lifted up my voice to him, and he answered me. 2 In the day of my trouble I sought Mar-Yah; my torment continued through the night, and ceased not; there was no comforter for my soul. 3 When I remembered, O God, I was troubled; I meditated, and my spirit was overwhelmed. 4 My eyes are dazed; I am dumb so that I cannot speak. 5 I have considered the days of old; I am mindful of the years of ancient times. 6 I meditated far into the night; I communed with mine own heart; I have examined my soul and said, 7 Has Mar-Yah forsaken me for ever? and will he be favourable no more? 8 Is his mercy gone for ever? does his promise fail for evermore? 9 Has God forgotten to be gracious? has he in anger shut up his tender mercies? 10 And I said, This is my infirmity; it is another visitation of the power of the most High.

11 ¶ I will remember the works of Mar-Yah; surely I will remember thy wonders of old. 12 I will meditate also of all thy works, and think of thy skilful doings. 13 Thy way, O God, is holy; there is none so great as our God. 14 Thou art the God that doest wonders; thou hast declared thy strength among the people. 15 Thou hast with thine arm saved thy people, the sons of Jacob and Joseph. 16 The waters saw thee, O God, the waters saw thee; they were afraid; the depths also were troubled. 17 The clouds poured out water; the skies sent out a sound; thine arrows also flew around. 18 The voice of thy thunder was in the heavens; the lightnings lightened the world; the earth trembled and shook. 19 Thy way is in the sea, and thy path is in the great waters, but thy footsteps are not seen. 20 Thou didst lead thy people like a flock by the hand of Moses and Aaron.

Chapter 78

78:1 ¶ Give ear, O my people, to my Law; incline your ears to the words of my mouth. 2 I will open my mouth in parables; I will utter proverbs of old. 3 That which we have heard and known, and which

our fathers have told us, ⁴ We will not hide from their children, showing to the generation to come the praise of Mar-Yah and his strength and the wonderful works that he has done. ⁵ For he established a testimony in Jacob and appointed a law in Israel, which he commanded our fathers that they should make known to their children, ⁶ That the generation to come might know them, even the children which should be born, who should arise and declare them to their children; ⁷ That they might set their hope in God, and not forget the works of God, but keep his commandments; ⁸ And might not be as their fathers, a stubborn and rebellious generation, a generation that set not their heart aright, and whose spirit was not steadfast with God.

⁹ ¶ The children of Ephraim, being armed and throwing forth bows, turned back in the day of battle. ¹⁰ For they kept not the covenant of God, and refused to walk in his Law; ¹¹ And forgot his works and his wonders that he had shown them in the sight of their fathers. ¹² Marvellous things did he in the land of Egypt and in the fields of Zoan. ¹³ He divided the sea, and caused them to pass through; and he made the waters to stand as in skins. ¹⁴ In the daytime also he led them with a cloud, and all the night with a light of fire. ¹⁵ He cleaved the rocks in the wilderness, and gave them drink as out of great depths. ¹⁶ He brought forth streams also out of the rock, and caused waters to run down like rivers. ¹⁷ But the people continued to sin, and to murmur against the most High in their thirst for water. ¹⁸ And they tempted God in their hearts by asking food to satisfy their desires. ¹⁹ Yea, they complained against God; they said, Can God furnish tables of food in the wilderness? ²⁰ Behold, he smote the rock, that the waters gushed out and the streams overflowed; can he give bread also? can he provide food for his people? ²¹ Therefore Mar-Yah heard this and was angered; so a fire was kindled against Jacob, and anger also came up against Israel, ²² Because they believed not in God and trusted not in his salvation: ²³ Though he had commanded the clouds from above and opened the doors of heaven, ²⁴ And had rained down manna for them to eat and had given them of the bread of heaven. ²⁵ Man did eat angels' food; he sent them game in abundance. ²⁶ He caused winds to blow in the skies; and by his power he brought in the south wind. ²⁷ He rained flesh also upon them like dust, and feathered fowls like the sands of the sea: ²⁸ And he let these fall in the midst of their camp, round about their tents. ²⁹ So they did eat and were well filled; for he gave them their own desire. ³⁰ They relinquished not their craving. But while their food was yet in their mouths, ³¹ The anger of God came upon them and slew the richest of them, and made to bow the chosen men of Israel. ³² Nevertheless they sinned still, and believed not in his wondrous works. ³³ Wherefore their days were spent in emptiness, and their years in impatience. ³⁴ When he slew them, then they sought him; and they returned and drew nearer to him. ³⁵ And they remembered that God was their helper, and the high God their Saviour. ³⁶ Nevertheless they loved him with their mouths, and they lied to him with their tongues. ³⁷ For their hearts were not right with him, neither were they steadfast in his covenant. ³⁸ He is merciful, the forgiver of sins, and destroys not; yea, many a time turned he his anger away and did not stir up all his wrath. ³⁹ For he remembered that they were but flesh; a wind that passes away and comes not again.

⁴⁰ ¶ How oft did they provoke him in the wilderness, and grieve him in the desert! ⁴¹ Yea, they turned back and tempted God, and defied the Holy One of Israel. ⁴² They remembered not his hand, nor the day when he delivered them from the oppressor, ⁴³ How he had wrought his signs in Egypt and his wonders in the field of Zoan, ⁴⁴ Nor how he had turned their rivers into blood and their brooks, that they could not drink. ⁴⁵ He sent swarms of insects among them, which devoured them, and frogs, which destroyed them. ⁴⁶ He gave also their crops to the locusts, and their labor to the caterpillars. ⁴⁷ He destroyed their vines with hail and their fig trees with frost. ⁴⁸ He gave up their cattle also to the hail and their flocks to destruction. ⁴⁹ He cast upon them the fierceness of his anger, wrath, indignation, and trouble, by the hand of an evil angel. ⁵⁰ He resorted to strong measures; he spared not their souls from death, and gave their cattle over to the pestilence; ⁵¹ And smote all the first-born in Egypt, the fairest of their sons in the tabernacles of Ham; ⁵² But he led

forth his own people like sheep, and guided them in the wilderness like a flock. ⁵³ And he led them on safely so that they feared not; but the sea overwhelmed their enemies. ⁵⁴ And he brought them to the border of his sanctuary, even to this mountain, which his right hand had possessed. ⁵⁵ He cast out the Gentiles from before them, and allotted them an inheritance by measure, and made the tribes of Israel to dwell in their tents. ⁵⁶ Yet they tempted and provoked the most High God, and kept not his testimonies; ⁵⁷ But turned back and dealt deceitfully like their fathers; they were crooked like a twisted bow. ⁵⁸ For they provoked him to anger by sacrificing on high places, and made him indignant with their graven images. ⁵⁹ When God heard this, he was wroth, and greatly abhorred Israel, ⁶⁰ So that he forsook the tabernacle of Shiloh, the tent which he placed among men; ⁶¹ And he delivered his people into captivity, and his glory into the oppressor's hand. ⁶² He delivered his people to the sword, and disregarded his inheritance. ⁶³ The fire consumed their young men; and their maidens were violated. ⁶⁴ Their priests fell by the sword; and their widows made no lamentation. ⁶⁵ Then Mar-Yah awaked as one out of sleep and like a mighty man who has shaken off the effects of wine. ⁶⁶ And he caused his enemies to retreat; he put them to a perpetual reproach. ⁶⁷ Moreover he refused the tabernacle of Joseph, and chose not the tribe of Ephraim; ⁶⁸ But chose the tribe of Judah, mount Sion which he loved. ⁶⁹ And he built his sanctuary on a high place, and he established it upon the earth for ever. ⁷⁰ He chose David also his servant, and took him from the sheep-folds; ⁷¹ From following the ewes that give suck, he brought him to feed Jacob his people and Israel his inheritance. ⁷² So he shepherded them according to the integrity of his heart; and guided them by the skilfulness of his hands.

Chapter 79

^{79:1} ¶ God, the heathen are come into thine inheritance; thy holy temple have they defiled; they have laid Jerusalem in heaps. ² The dead bodies of thy servants have they given to be meat to the fowls of the heavens, the flesh of thy saints to the beasts of the earth. ³ Their blood have they shed like water round about Jerusalem; and there was none to bury them. ⁴ We are become a reproach to our neighbours, a scorn and derision to them that are round about us. ⁵ How long, O Mar-Yah? wilt thou be angry for ever? shall thy anger burn like fire?

⁶ ¶ Pour out thy wrath upon the heathen that have not known thee, and upon the kingdoms that have not called upon thy name. ⁷ For they have devoured Jacob, and laid waste his dwelling place. ⁸ O remember not against us our former sins; let thy tender mercies speedily overtake us; for we are brought very low. ⁹ Help us, O God of our salvation, for the glory of thy name; and deliver us and purge away our sins, for thy name's sake. ¹⁰ Wherefore should the heathen say, Where is their God? Let him be known among the heathen in our sight by the revenging of the blood of thy servants which is shed. ¹¹ Let the sighing of the prisoner come before thee; according to the greatness of thy power, free thou those that are appointed to die. ¹² And render to our neighbours sevenfold into their bosom their reproach, wherewith they have reproached thee, O Mar-Yah. ¹³ So we thy people and sheep of thy pasture will give thee thanks for ever; we will tell thy wonders to all generations.

Chapter 80

^{80:1} ¶ Give ear, O Shepherd of Israel, thou that leadest Joseph like a flock; thou that sittest upon the cherubim, shine forth. ² Before Ephraim and Benjamin and Manasseh show forth thy strength and come and save us. ³ Guide us again, O mighty God, and cause thy face to shine; and we shall be saved. ⁴ O Mar-Yah God of hosts, how long wilt thou be angry against the prayer of thy people? ⁵ Thou feedest them with the bread of tears; and givest them tears to drink in great measure. ⁶ Thou hast made us a jest to our neighbours; and our enemies laugh among themselves. ⁷ Guide us again, O God of hosts, and cause thy face to shine; and we shall be saved.

⁸ ¶ Thou hast brought a vine out of Egypt; thou hast cast out the heathen and planted it. ⁹ Thou didst prepare the ground and caused it to take deep root, and it filled the land. ¹⁰ The mountains

were covered with the shadow of it, and the vine-shoots thereof were upon the cedars of God. ¹¹ It sent out its roots unto the sea, and its branches to the rivers. ¹² Why hast thou then broken down its hedges, so that all they who pass by the way tread over it? ¹³ The boar of the forest devours it, and the wild beasts of the field feed upon it. ¹⁴ Return we beseech thee, O God of hosts; look down from heaven, and behold, and visit this vine ¹⁵ And the vineyard which thy right hand has planted and the branch that thou madest strong for thyself. ¹⁶ It is burned with fire; it is cut down; they perish at the rebuke of thy countenance. ¹⁷ Let thy right hand be upon the man and upon the son of man whom thou madest strong for thyself. ¹⁸ So will we not go back from thee; quicken us, and we will call upon thy name. ¹⁹ Guide us again, O Mar-Yah God of hosts, cause thy face to shine; and we shall be saved.

Chapter 81

^{81:1} ¶ Sing aloud to God our strength; make a joyful noise to the God of Jacob. ² Take a psalm and bring hither the timbrel, the pleasant harp with the psaltery. ³ Blow trumpets in the new moon in the time appointed, on our solemn feast days. ⁴ For this was a statute for Israel and a law of the God of Jacob. ⁵ This he ordained in Joseph for a testimony when he went out to the land of Egypt, where he heard a language that he understood not. ⁶ I removed the yoke from his shoulder, I released his hands from the bonds. ⁷ He called on me in trouble, and I delivered him; I sheltered him under my glorious cover; I tested him at the waters of dispute.

⁸ ¶ Hear, O my people, and I will speak; O Israel, I will testify about you. If you will listen to me; ⁹ There shall be no strange god in you; neither shall you worship any strange god. ¹⁰ I am Mar-Yah your God, which brought you out of the land of Egypt; open your mouth wide, and I will fill it. ¹¹ But my people would not listen to my voice; and Israel would have none of me. ¹² So they walked according to the desires of their own hearts and according to their own counsels. ¹³ Oh that my people had listened to me, and Israel had walked in my ways! ¹⁴ I would soon have destroyed their enemies, and turned my hand against their adversaries. ¹⁵ The haters of Mar-Yah have lied to him; but they shall tremble for ever. ¹⁶ He has fed them also with the finest of the wheat; and with honey out of the rock has he satisfied them.

Chapter 82

^{82:1} ¶ God stands in the congregation of angels; he judges among the angels. ² How long will you judge unjustly, and be partial to the wicked? ³ Defend the poor and fatherless; do justice to the afflicted and needy. ⁴ Deliver the poor and needy out of the hand of the wicked. ⁵ They know not, neither will they understand; they walk on in darkness; all the foundations of the earth are shaken.

⁶ ¶ I have said, You are gods; all of you are children of the most High. ⁷ Henceforth you shall die like men, and fall like one of the princes. ⁸ Arise, O God, judge the earth: for thou shalt inherit all nations.

Chapter 83

^{83:1} ¶ O God, who is like unto thee? Hold not thy peace, and be not still, O God; ² For, lo, thine enemies are raging and they that hate thee have lifted up the head against thy people. ³ They have taken crafty counsel, and consulted against thy chosen ones. ⁴ They have said, Come, let us destroy them from among the nations, that the name of Israel may be no more in remembrance. ⁵ For they have agreed with one heart; they have made alliance against thee: ⁶ The tabernacles of Edom and the Ishmaelites; of Moab and the Gadarenes; ⁷ The people of the region of Ammon and Amalek; the Philistines with the inhabitants of Tyre; ⁸ The Assyrians have also joined with them; they have helped the children of Lot.

⁹ ¶ Do to them as to the Midianites; as to Sisera, as to Jabin, at the valley of Kishon; ¹⁰ Which perished at Endor; they became as manure for the earth. ¹¹ Destroy their nobles like Oreb and like

Zeeb; yea, all their princes as Zebah and as Zalmunna; ¹² For they said, Let us inherit for ourselves the city of God. ¹³ O God, make them like a turning wheel; and like stubble before the wind. ¹⁴ As the fire burns a forest and as the flame sets the mountains on fire; ¹⁵ So persecute them with thy tempest, and make them afraid with thy storm. ¹⁶ Fill their faces with shame, that they may seek thy name, O Mar-Yah. ¹⁷ Let them be confounded and troubled for ever; yea, let them be put to shame, and perish, ¹⁸ That men may know that thou, whose name alone is Mar-Yah, art the most high over all the earth.

Chapter 84

^{84:1} ¶ How amiable are thy tabernacles, O Mar-Yah of hosts! ² My soul longs, yea, even faints for the courts of Mar-Yah; my heart and my flesh give praise for the living God. ³ Yea, even the sparrow has found a house, and the pigeon a nest for herself, where they have raised their young beside thine altars, O Mar-Yah of hosts, my King, and my God. ⁴ Blessed are they that dwell in thy house; they shall praise thee for ever. ⁵ Blessed is the man whose help is from thee; in whose heart are thy ways. ⁶ They have passed through the valley of weeping, and have made it a dwelling place; the Lawgiver shall cover it with blessings; ⁷ They shall go from strength to strength; the God of gods shall be seen in Sion.

⁸ ¶ O Mar-Yah God of hosts, hear my prayer; give ear, O God of Jacob. ⁹ Behold, O God our shield, and look upon the face of thine anointed. ¹⁰ For a day in thy courts is better than a thousand. I would choose rather to dwell in the house of my God than to dwell in the tents of the wicked. ¹¹ For Mar-Yah God is our supply and our helper; Mar-Yah will give grace and glory; no good thing will he withhold from them that walk uprightly. ¹² O Mar-Yah of hosts, blessed is the man who trusts in thee.

Chapter 85

^{85:1} ¶ Mar-Yah, thou hast been favourable to thy land; thou hast brought back the captivity of Jacob. ² Thou hast forgiven the iniquity of thy people, thou hast covered all their sin. ³ Thou hast taken away all thy wrath; thou hast withdrawn the fierceness of thine anger. ⁴ Restore us, O God our Saviour, and cause thine anger toward us to cease. ⁵ Be not angry with us for ever; hold not thine anger against all generations. ⁶ Restore us and revive us, that thy people may rejoice in thee. ⁷ Show us thy mercy, O Mar-Yah, and grant us thy salvation.

⁸ ¶ We will hear what Mar-Yah our God will speak; for he will speak peace to his people and to his saints, that they may not turn again to folly. ⁹ Surely his salvation is near them that reverence him; let his glory dwell in our land. ¹⁰ Mercy and truth are met together; righteousness and peace have kissed each other. ¹¹ Truth shall spring out of the earth; and righteousness shall look down from heaven. ¹² Yea, Mar-Yah shall give his goodness; and the land shall yield its fruits. ¹³ And the righteous shall go before him; and he shall establish his ways upon the earth.

Chapter 86

^{86:1} ¶ Incline thine ear, O Mar-Yah; hear me, for I am poor and needy. ² Preserve my soul, for thou art holy; O thou God, save thy servant who trusts in thee. ³ Be merciful to me, O Mar-Yah; for I cry unto thee daily. ⁴ Rejoice the soul of thy servant; for unto thee, O Mar-Yah, do I lift up my soul. ⁵ For thou, O Mar-Yah, art good; and thy loving-kindness is abundant to all who call upon thee. ⁶ Give ear, O Mar-Yah, to my prayer; and attend to the voice of my supplications. ⁷ In the day of my trouble I have called upon thee, and thou hast answered me.

⁸ ¶ There is none like thee, O Mar-Yah my God; neither are there any works like thy works. ⁹ All the nations whom thou hast made shall come and worship before thee, O Mar-Yah, and shall glorify thy name. ¹⁰ For thou art great, and doest wondrous things; thou art God alone. ¹¹ Show me thy way, O Mar-Yah; I will walk in the truth; my heart will rejoice with them that worship thy name. ¹² I will praise thee, O Mar-Yah my God, with all my heart; and I will glorify thy name for evermore.

¹³ For great is thy loving-kindness toward me; and thou hast delivered my soul from the depths of hell. ¹⁴ O God, the wicked are risen against me, and the assembly of violent men has sought after my soul; and they have not been mindful of thee. ¹⁵ But thou, O Mar-Yah God, art full of compassion and gracious, long-suffering and plenteous in mercy and truth. ¹⁶ O turn to me and have mercy upon me; give strength to thy servant, and save the son of thy handmaid. ¹⁷ Show me a token for good, that they which hate me may see it and be ashamed, because thou, Mar-Yah, hast helped me and comforted me.

Chapter 87

^{87:1} ¶ Her foundations are on his holy mountain. ² Mar-Yah loves the gates of Sion more than all the dwellings of Jacob. ³ Glorious things are spoken of you, O city of our God.

⁴ ¶ I will make mention of Rahab and Babylon, for they know my power: behold the Philistines and Tyre and the people of Ethiopia; it shall be said this man was born there. ⁵ And of Sion it shall be said, This mighty man was born in her; and the same shall establish her. ⁶ Mar-Yah shall number his people in the book: This man was born there! ⁷ The princes who dwell in you shall rejoice, and all that are humbled in you.

Chapter 88

^{88:1} ¶ Mar-Yah God of my salvation, I have cried day and night before thee; ² Let my prayer come before thee; incline thine ear unto my supplication; ³ For my soul is full of troubles and my life draws near to Sheol. ⁴ I am counted with them that go down into the pit; I am like a man who has no strength; ⁵ Like a nobleman abandoned among the dead, like the slain that lie down in the grave, whom thou rememberest no more; they are lost to thee. ⁶ Thou hast laid me in the lowest pit, in darkness, in the shadow of death. ⁷ Thy wrath rests hard upon me, and thou hast afflicted me with all thy waves. ⁸ Thou hast put away mine acquaintances far from me; thou hast made me an abomination to them; I am shut up and I cannot come forth. ⁹ Mine eyes are weakened from weeping; Mar-Yah, I have called daily upon thee; I have stretched out my hands to thee.

¹⁰ ¶ Behold thou wilt show wonders to the dead; the mighty ones shall rise and praise thee. ¹¹ They that are in the graves shall declare thy loving-kindness, and thy faithfulness in destruction. ¹² Thy wonders shall be known in the dark, and thy righteousness in the land that has been forsaken. ¹³ But to thee have I cried, O Mar-Yah; and in the morning shall my prayer come early before thee. ¹⁴ O Mar-Yah, forsake not my soul, and turn not thy face from me. ¹⁵ I am poor and afflicted from my youth; I have been proud, but now I am humbled and crushed. ¹⁶ Thy fierce wrath goes over me; thy terrors have silenced me. ¹⁷ They came round about me daily like water; they set themselves in array against me. ¹⁸ Friends and neighbours thou hast put far from me, and mine acquaintances thou hast kept away from me.

Chapter 89

^{89:1} ¶ I will sing of the mercies of Mar-Yah for ever; with my mouth will I make known thy faithfulness to all generations. ² For I have said, The world shall be built up with mercy; thy faithfulness shalt thou establish in the very heavens. ³ I have made a covenant with my chosen, I have sworn to David my servant, ⁴ Thy offspring will I establish for ever, and build up thy throne to all generations.

⁵ ¶ And the heavens shall praise thy wonders, O Mar-Yah, thy faithfulness also in the congregation of the saints. ⁶ For who in heaven can be compared to Mar-Yah? who among the angels can be likened to Mar-Yah? ⁷ God stands forth in the assembly of the saints, great and revered above all that are about him. ⁸ O Mar-Yah God of hosts, who is mighty like thee? and thy faithfulness is round about thee. ⁹ Thou rulest the splendour of the sea; thou stillest the waves thereof. ¹⁰ Thou hast humbled the proud as those that are slain; thou hast scattered thine enemies with thy strong arm. ¹¹ The heavens are thine, the earth also is thine; as for the world and the fullness thereof,

thou hast founded them. ¹² The north and the south, thou hast created them; Tabor and Hermon glorify thy name. ¹³ Thine is the arm, and thine is the might; thy hand is strong and thy right hand shall be exalted. ¹⁴ Thy throne is built on righteousness and judgement; mercy and truth go before thy face.

¹⁵ ¶ Blessed is the people that understand thy glory; they shall walk, O Mar-Yah, in the light of thy countenance. ¹⁶ In thy name shall they rejoice all the day; and in thy righteousness shall they be exalted. ¹⁷ For thou art the glory of our strength; and in thy favour our horn shall be exalted. ¹⁸ For Mar-Yah is our hope; and the Holy One of Israel is our King.

¹⁹ ¶ Then he spoke in visions to his righteous one, and he said, I have given help to a man; I have exalted one chosen out of the people. ²⁰ I have found David my servant; with my holy oil have I anointed him. ²¹ My hand has helped him; mine arm also has strengthened him. ²² The enemy shall not prevail upon him, nor the sons of the wicked afflict him. ²³ And I will destroy his foes before his face, and plague them that hate him. ²⁴ But my faithfulness and my mercy shall be with him; and in my name shall his horn be exalted. ²⁵ I will set his hand also in the sea, and his right hand in the rivers. ²⁶ He shall cry to me, Thou art my father, my God, and my mighty Saviour. ²⁷ Also I will make him my first-born, and will exalt him over the kings of the earth. ²⁸ My mercy will I keep for him for evermore, and my covenant shall stand fast with him. ²⁹ His offspring also will I make to endure for ever, and his throne as the days of heaven. ³⁰ If his children forsake my Law and walk not in my judgements; ³¹ If they break my statutes and keep not my commandments; ³² Then will I visit their transgression with the rod, and their iniquity with stripes. ³³ Nevertheless my loving-kindness will I not utterly take from him, nor suffer my faithfulness to fail. ³⁴ Neither will I reject my covenant, nor alter the thing that is gone out of my lips. ³⁵ Once have I sworn by my holiness to David, and I will not lie. ³⁶ His offspring shall endure for ever, and his throne as the sun before me. ³⁷ It shall be established for ever as the moon, and as a faithful witness in heaven.

³⁸ ¶ But thou hast forsaken us and despised us, thou hast made thine anointed one to turn his face. ³⁹ Thou hast rejected the covenant of thy servant; thou hast cast his crown to the ground. ⁴⁰ Thou hast broken down all his hedges; thou hast brought his strongholds to ruin. ⁴¹ All that pass by have trampled upon him; he has become a reproach to his neighbours. ⁴² Thou hast set up the right hand of his adversaries; thou hast made all his enemies to rejoice. ⁴³ Thou hast turned the edge of his sword, and hast not sustained him in the battle. ⁴⁴ Thou hast made his glory to cease, and cast his throne down to the ground. ⁴⁵ The days of his youth hast thou shortened; thou hast covered him with shame. ⁴⁶ How long, Mar-Yah, wilt thou be angry? for ever? shall thy wrath burn like fire? ⁴⁷ Remember me from the time I was created; for thou hast not created all men in vain. ⁴⁸ Who is the man who lives and shall not see death? Shall he deliver his soul from the hand of Sheol? ⁴⁹ Mar-Yah, where are thy former loving-kindnesses, which thou didst swear to David in thy truth? ⁵⁰ Remember, Mar-Yah, the reproach of thy servants; for I have borne throughout my life the mockery of the Gentiles; ⁵¹ Wherewith thine enemies have reproached me, O Mar-Yah; wherewith they have reproached the footsteps of thine anointed. ⁵² Blessed be Mar-Yah for evermore. Amen and Amen.

Chapter 90

^{90:1} ¶ Mar-Yah, thou hast been our dwelling place in all generations. ² Before the mountains were brought forth, or ever thou hadst formed the earth and the world, even from everlasting to everlasting, thou art God. ³ Thou turnest man to destruction; and sayest, Return, ye children of men. ⁴ For a thousand years in thy sight are but as yesterday when it is past, and as a watch in the night. ⁵ The span of their life will be as a sleep; in the morning they are like grass which changes. ⁶ In the morning it flourishes and grows up; in the evening it is cut down and withers.

⁷ ¶ For we are consumed by thine anger, and by thy wrath are we troubled. ⁸ Thou hast set our

iniquities before thee, the sins of our youth in the light of thy countenance. ⁹ For all our days are passed away in thy wrath; we spend our years in emptiness. ¹⁰ The years of our lives are threescore and ten; and if by reason of strength they be fourscore years, yet most of them are labour and sorrow; for life is soon cut off and we fly away. ¹¹ Who knows the power of thine anger and the fear of thy wrath?

¹² ¶ So teach us to number our days that we may apply our hearts to wisdom. ¹³ Return, O Mar-Yah. How long? Wouldst thou not comfort thy servants? ¹⁴ O satisfy us early with thy mercy, that we may rejoice and be glad all our days. ¹⁵ Make us glad because our wickedness is dead, and the years wherein we have seen affliction. ¹⁶ Let thy work appear to thy servants, and thy glory to their children. ¹⁷ And let the beauty of Mar-Yah our God be upon us; for the work of his hands made us, yea, he made us by the work of his hands.

Chapter 91

^{91:1} ¶ He who dwells in the protection of the most High shall abide under the shadow of the Almighty. ² I will say of Mar-Yah, He is my refuge and my fortress; my God; in him will I trust. ³ Surely he shall deliver you from the snare of the fowler, and from vain gossip. ⁴ He will cover you with his feathers, and under his wings you shall trust; his truth shall be your shield and buckler. ⁵ You shall not be afraid for the terror by night, nor for the arrow that flies by day, ⁶ Nor for the conspiracy that spreads in darkness; nor for the pestilence that wastes at noonday. ⁷ Thousands shall fall at your side, and ten thousand at your right hand; but it shall not come near you. ⁸ Only with your eyes shall you behold the reward of the wicked.

⁹ ¶ For thou, O Mar-Yah, art my trust; thou hast established thy habitation in the highest. ¹⁰ There shall no evil befall you, neither shall any plague come near your dwelling. ¹¹ For he shall give his angels charge over you to keep you in all your ways. ¹² They shall bear you up in their hands, lest you dash your foot against a stone. ¹³ You shall tread upon the viper and adder; you shall trample under foot the lion and the great serpent. ¹⁴ Because he has loved me, therefore will I deliver him; I will set him on high because he has known my name. ¹⁵ He shall call upon me, and I will answer him; I will be with him in trouble; I will deliver him and honour him. ¹⁶ With long life will I satisfy him, and show him my salvation.

Chapter 92

^{92:1} ¶ It is a good thing to give thank to Mar-Yah, and to sing praises to thy name, O Most High, ² To show forth thy loving-kindness in the morning, and thy faithfulness every night. ³ I will play upon an instrument of ten strings and upon the psaltery; upon the harp with a solemn sound. ⁴ For thou, O Mar-Yah, hast made me glad through thy work; I will triumph in the works of thy hands. ⁵ O Mar-Yah, how great are thy works! and thy thoughts are very deep. ⁶ A stupid man knows not; neither does a fool understand this.

⁷ ¶ When the wicked spring as the grass, and when all the workers of iniquity flourish; it is that they shall be destroyed for ever; ⁸ But thou, Mar-Yah, art most high for evermore. ⁹ For, lo, thine enemies, O Mar-Yah, for lo, thine enemies shall perish; all the workers of iniquity shall be scattered. ¹⁰ But my horn shalt thou exalt like the horn of a wild ox; I shall be anointed with fragrant oil. ¹¹ Mine eyes also shall see my desire on mine enemies, and mine ears shall hear my desire against the wicked that rise up against me. ¹² The righteous shall flourish like the palm tree; he shall grow like a cedar in Lebanon. ¹³ Those that are planted in the house of Mar-Yah shall flourish in the courts of our God. ¹⁴ They shall still bring forth fruit in old age; they shall be fair and desirable, ¹⁵ To show that Mar-Yah is upright; he is mighty, and there is no unrighteousness in him.

Chapter 93

^{93:1} ¶ Mar-Yah reigns; he is clothed with majesty; Mar-Yah is clothed with strength, wherewith he

has girded himself; the world also is established, that it cannot be moved. ² Thy throne is established of old; thou art from everlasting. ³ The rivers are full flowing, O Mar-Yah; the rivers have lifted up their voice; the rivers are flowing with purity. ⁴ Mar-Yah on high is mightier than the noise of many waters, yea, than the mighty waves of the sea. ⁵ Thy testimonies are very sure; holiness becomes thy house, O Mar-Yah, for ever.

Chapter 94

^{94:1} ¶ O Mar-Yah God, to whom vengeance belongs, O God, to whom vengeance belongs, show thyself. ² Lift up thyself, thou judge of the earth; render a reward to the proud. ³ Mar-Yah, how long shall the wicked, how long shall the wicked boast? ⁴ They shall utter and speak unjust things; they shall speak all kinds of evil things. ⁵ For they have humbled thy people, O Mar-Yah, and subdued thine heritage. ⁶ They slay the widow and the innocent, and murder the fatherless. ⁷ Yet they say, Mar-Yah does not see, neither does the God of Jacob regard it. ⁸ Understand, you stupid among the people and you fools, when will you be wise? ⁹ He who planted the ear, shall he not hear? He who formed the eye, shall he not see? ¹⁰ He who chastises the nations, shall not he rebuke? He who teaches man knowledge, shall he not know? ¹¹ Mar-Yah knows the thoughts of man; they are like a breath.

¹² ¶ Blessed is the man whom thou dost chasten, O Mar-Yah, and teachest out of thy Law; ¹³ That thou mayest give him rest from the days of adversity, until the pit be digged for the wicked. ¹⁴ For Mar-Yah will not cast off his people, neither will he forsake his inheritance. ¹⁵ For judgement shall return to the righteous, and all the upright in heart shall follow it. ¹⁶ Who will rise up for me against the evildoers? or who will stand up against the workers of iniquity? ¹⁷ Unless Mar-Yah had been my help, my soul would soon have been in trouble. ¹⁸ When I said, My foot slips, thy mercy, O Mar-Yah, held me up. ¹⁹ In the multitude of my sorrows, within my heart thy comforts delight my soul. ²⁰ Evil rulers shall not have fellowship with thee, for they have framed mischief against thy Law. ²¹ They lay snares to trap the soul of the righteous, and condemn the innocent blood. ²² But Mar-Yah is my defence; and my God is the rock of my refuge. ²³ And he shall bring upon them their own iniquity, and shall silence them in their own wickedness; yea, Mar-Yah our God shall silence them.

Chapter 95

^{95:1} ¶ O come, let us sing to Mar-Yah; let us make a joyful noise to the God of our salvation. ² Let us come before his presence with thanksgiving, and make a joyful noise to him with psalms. ³ For Mar-Yah is a great God and a great King above all gods. ⁴ In his hand are the foundations of the earth; the strength of the hills is his also. ⁵ The sea is his, and he made it; and his hands formed the dry land. ⁶ O come, let us worship and bow down; let us kneel before Mar-Yah our Maker.

⁷ ¶ For he is our God; and we are the people of his pasture and the sheep of his hand. Today if you will hear his voice, ⁸ Harden not your heart, as in the provocation and as in the day of temptation in the wilderness, ⁹ When your fathers tempted me, proved me, and saw my work. ¹⁰ Forty years long was I grieved with that generation, and said, It is a people that do err in their heart, and they have not known my ways, ¹¹ Unto whom I swore in my wrath that they should not enter into my rest.

Chapter 96

^{96:1} ¶ O sing to Mar-Yah a new song; sing to Mar-Yah, all the earth. ² Sing to Mar-Yah, bless his name; show forth his salvation from day to day. ³ Declare his glory among the heathen, his wonders among all people. ⁴ For Mar-Yah is great and greatly to be praised; he is to be revered above all gods. ⁵ For all the gods of the nations are idols; but Mar-Yah made the heavens. ⁶ Honour and majesty are before him; strength and beauty are in his sanctuary. ⁷ Give to Mar-Yah, O you kindred of the people, give to Mar-Yah glory and honour. ⁸ Give to Mar-Yah the glory due to his

name; bring an offering and come into his courts. ⁹ O worship Mar-Yah in the temple of holiness; tremble before him, all the earth.

¹⁰ ¶ Say among the Gentiles that Mar-Yah reigns; the world also shall be established that it shall not be moved; he shall judge the people righteously. ¹¹ Let the heavens rejoice, and let the earth be glad; let the sea roar and the fullness thereof. ¹² Let the field be joyful, and all that is therein; then shall all the trees of the forest rejoice ¹³ Before Mar-Yah; for he comes, for he comes to judge the earth; he shall judge the world with righteousness, and the people with his truth.

Chapter 97

^{97:1} ¶ Mar-Yah reigns; let the earth rejoice; let the multitude of isles be glad thereof. ² Clouds and darkness are round about him; righteousness and judgement are the foundation of his throne. ³ Fire goes before him, and burns up his enemies round about. ⁴ His lightnings enlightened the world; the earth saw, and trembled. ⁵ The hills melted like wax at the presence of Mar-Yah, at the presence of Mar-Yah of the whole earth. ⁶ The heavens declare his righteousness, and all the people see his glory. ⁷ Confounded are all they that serve graven images, that boast themselves of idols; worship him, all his angels.

⁸ ¶ Sion heard and was glad; and the daughters of Judah rejoiced because of thy judgements, O Mar-Yah. ⁹ For thou, Mar-Yah, art high above all the earth; thou art exalted far above all gods. ¹⁰ You who love Mar-Yah, hate evil; he preserves the souls of his saints; he delivers them out of the hand of the wicked. ¹¹ Light shone for the righteous, and gladness for the upright in heart. ¹² Rejoice in Mar-Yah, you righteous; and give thanks at the remembrance of his holiness.

Chapter 98

^{98:1} ¶ Sing to Mar-Yah a new song; for he has done marvellous things; his right hand and his holy arm have gotten him the victory. ² Mar-Yah has made known his salvation; his righteousness has he revealed in the sight of the heathen. ³ He has remembered his mercy and his truth toward the house of Israel; all the ends of the earth have seen the salvation of our God.

⁴ ¶ Praise Mar-Yah, all the earth; make ye merry and sing and give praise. ⁵ Sing to Mar-Yah with the harp, with the harp and the voice of a choir. ⁶ With the sound of trumpets give praise before Mar-Yah, the King. ⁷ Let the sea roar and the fullness thereof, the world and they that dwell therein. ⁸ Let the rivers clap their hands; let the hills be joyful together ⁹ Before Mar-Yah; for he comes to judge the earth; with righteousness shall he judge the world, and the people with equity.

Chapter 99

^{99:1} ¶ Mar-Yah reigns; let the people tremble; he sits upon the cherubim; let the earth be moved. ² Mar-Yah is great in Sion; he is high above all the people. ³ Let them praise thy great and honoured name; for it is holy. ⁴ The king's might also loves judgement; thou dost establish equity, thou executest judgement and righteousness in Jacob. ⁵ Exalt Mar-Yah our God, and worship at his footstool; for he is holy.

⁶ ¶ Moses and Aaron were among his priests, and Samuel among them that call upon his name; they called upon Mar-Yah, and he answered them. ⁷ He spoke to them in the cloudy pillar; they kept his testimonies and the covenant that he gave them. ⁸ Thou didst answer them, O Mar-Yah our God; thou wast an avenger for them. O God, reward them according to their works. ⁹ Exalt Mar-Yah our God, and worship at his holy mountain; for Mar-Yah our God is holy.

Chapter 100

^{100:1} ¶ Make a joyful noise to Mar-Yah, all you lands. ² Serve Mar-Yah with gladness; come before his presence with singing. ³ Know that he is Mar-Yah our God; it is he who has made us, and not we ourselves; we are his people, and the sheep of his pasture. ⁴ Enter into his gates with thanksgiving, and into his courts with praise; be thankful to him and bless his name; ⁵ For Mar-Yah is good; his

mercy is everlasting; and his truth endures to all generations.

Chapter 101

^{101:1} ¶ I will sing of mercy and judgement; unto thee, O Mar-Yah, will I sing. ² I will behave myself wisely in a perfect way. O when wilt thou come to me? I will walk within my house with a perfect heart. ³ I will set no wicked thing before mine eyes; I hate the doers of evil, they shall not come near to me. ⁴ A perverse heart shall depart from me; I will know not evil. ⁵ He who accuses his neighbour falsely will I destroy; with him who has a high look and a proud heart I will not eat. ⁶ Mine eyes shall be upon the faithful of the land, that they may dwell with me; he who walks in a perfect way shall serve me. ⁷ He who works deceit shall not dwell within my house; he who tells lies shall not tarry in my sight. ⁸ In the early morning I will silence all the wicked of the earth; and I will destroy all the doers of iniquity from the city of Mar-Yah.

Chapter 102

^{102:1} ¶ Hear my prayer, O Mar-Yah, and let my cry come unto thee. ² Turn not thy face from me in the day when I am in trouble; incline thine ear unto me; in the day when I call, answer me speedily. ³ For my days are consumed like smoke, and my bones are whitened as if they were burned. ⁴ My heart is smitten and withered like grass, so that I forget to eat my bread. ⁵ Because of the voice of my groaning, my bones cleave to my skin. ⁶ I am like a pelican of the wilderness; I am like an owl of the desert. ⁷ I am shaken and alone like a sparrow upon the house tops. ⁸ Mine enemies reproach me all the day; those who once praised me are now sworn against me. ⁹ I have eaten ashes like bread, and mingled my drink with weeping, ¹⁰ Because of thine indignation and thy wrath; for thou hast lifted me up, and cast me down. ¹¹ My days are like a shadow that declines; and I am withered like grass.

¹² ¶ But thou, O Mar-Yah, shalt endure for ever, and thy remembrance to all generations. ¹³ Arise and have mercy upon Sion; for it is time to have mercy upon her. ¹⁴ For thy servants take pleasure in her stones, and favour the dust thereof. ¹⁵ So the heathen shall worship the name of Mar-Yah, and all the kings of the earth thy glory. ¹⁶ When Mar-Yah builds up Sion, he shall appear in his glory. ¹⁷ He will regard the prayer of the destitute, and not despise their prayer. ¹⁸ This shall be written for the generation to come; and the people who shall be created shall praise Mar-Yah. ¹⁹ For he has looked down from the height of his sanctuary; from heaven did Mar-Yah behold the earth, ²⁰ To hear the groaning of the prisoner, to loose those that are appointed to death, ²¹ To declare the name of Mar-Yah in Sion and his praises in Jerusalem, ²² When the peoples are gathered together, and the kingdoms, to serve Mar-Yah.

²³ ¶ For they have weakened my strength on earth; they warned me of the shortage of my days. ²⁴ O my God, take me not away in the midst of my days; thy years are throughout all generations. ²⁵ Of old hast thou laid the foundation of the earth; and the heavens are the work of thy hands. ²⁶ They shall perish, but thou shalt endure; yea, all of them shall wax old like a garment; as a vesture, they shall fade. ²⁷ But thou art the same, and thy years shall have no end. ²⁸ The children of thy servants shall continue and their descendants shall be established before thee.

Chapter 103

^{103:1} ¶ Bless Mar-Yah, O my soul; and all that is within me, bless his holy name. ² Bless Mar-Yah, O my soul, and forget not all his benefits, ³ Who forgives all your iniquities, who heals all your diseases. ⁴ Who redeems your life from destruction, who crowns you with loving-kindness and tender mercies, ⁵ Who satisfies your mouth with good things, so that your youth is renewed like the eagle's.

⁶ ¶ Mar-Yah executes righteousness and judgement for all that are oppressed. ⁷ He made known his ways to Moses, his acts to the children of Israel. ⁸ Mar-Yah is merciful and gracious, slow to anger and plenteous in mercy. ⁹ He will not always chide; neither will he retain his anger for ever. ¹⁰ He

has not dealt with us after our sins, nor rewarded us according to our iniquities. ¹¹ For as the heavens are high above the earth, so great is his mercy toward them that revere him. ¹² As far as the east is from the west, so far has he removed our transgressions from us. ¹³ As a father pities his children, so Mar-Yah pities those who worship him. ¹⁴ For he knows whereof we are made; he remembers that we are dust. ¹⁵ As for man, his days are as grass; as a flower of the field, so he flourishes. ¹⁶ For when the wind passes over it, it is gone; and the place thereof is known no more. ¹⁷ But the mercy of Mar-Yah is from everlasting to everlasting upon them that reverence him, and his righteousness to children's children, ¹⁸ To such as keep his covenant, and to those that remember his commandments to do them.

¹⁹ ¶ Mar-Yah has prepared his throne in the heavens, and his kingdom rules over all. ²⁰ Bless Mar-Yah, O you his angels, that excel in strength, that do his commandments, hearkening to the voice of his word. ²¹ Bless you Mar-Yah, all you his hosts; you ministers of his that do his pleasure. ²² Bless Mar-Yah, all his works, in all places of his dominion; bless Mar-Yah, O my soul.

Chapter 104

^{104:1} ¶ Bless Mar-Yah, O my soul. O Mar-Yah my God, thou art very great: thou art clothed with honour and majesty. ² Thou coverest thyself with light as with a garment; who stretcheth out the heavens like a curtain, ³ Who layest the beams of his chambers in the waters, who makest the clouds his chariot, who walkest upon the wings of the wind, ⁴ Who makest his angels spirits, his ministers a flaming fire, ⁵ Who laid the foundations of the earth, that it should not be removed for ever. ⁶ Thou coveredst it with the deep as with a garment; the waters stood above the mountains. ⁷ At thy rebuke they fled; at the voice of thy thunder they hastened away. ⁸ The mountains ascend, the valleys descend to the place which thou hast founded for them. ⁹ Thou hast set a bound that they may not pass over, to cover the earth.

¹⁰ ¶ Thou hast sent the springs to the valleys, which run among the hills. ¹¹ They give drink to every beast of the field; the wild asses quench their thirst. ¹² By them the fowls of the heaven have their habitation; from among the hills they sing. ¹³ He waters the hills from his chambers; the earth is satisfied with the fruit of thy works. ¹⁴ He causes the grass to grow for the cattle, and herbs for the service of man, that he may bring forth food out of the earth, ¹⁵ And wine that makes glad the heart of man, and oil to make his face to shine, and bread which strengthens man's heart. ¹⁶ The trees of Mar-Yah are full of sap, the cedars of Lebanon, which he has planted; ¹⁷ There the birds make their nests; as for the stork, her house is in the cypress. ¹⁸ The high mountains are a refuge for the wild goats, and the rocks a refuge for the conies.

¹⁹ ¶ He appointed the moon for seasons: the sun knows his going down. ²⁰ He makes darkness and it is night, wherein all the beasts of the forest creep forth. ²¹ The young lions roar after their prey, and seek their food from God. ²² The sun rises; they gather themselves together, and lay them down in their dens. ²³ Man goes forth to his work and to his labour until the evening. ²⁴ O Mar-Yah, how manifold are thy works! In wisdom hast thou made them all; the earth is full of thy riches. ²⁵ Behold this great and wide sea, wherein are things creeping innumerable, creatures both small and great. ²⁶ On it sail the ships; there is that Leviathan, whom thou hast made to play therein. ²⁷ These wait all upon thee, that thou mayest give them their food in due season. ²⁸ With what thou givest them they are filled; thou openest thine hand, they are satisfied. ²⁹ Thou hidest thy face, they are troubled; thou takest away their breath, they die and return to their dust. ³⁰ Thou sendest forth thy spirit, they are created, and thou renewest the face of the earth.

³¹ ¶ The glory of Mar-Yah endures for ever; Mar-Yah shall rejoice in his works. ³² He looks on the earth, and it trembles; he rebukes the hills, and they smoke. ³³ I will sing to Mar-Yah as long as I live; I will sing praise to my God while I have my being. ³⁴ Let my praise be acceptable to him; I will be glad in Mar-Yah. ³⁵ Let sinners be consumed out of the earth, and let the wicked be no

more. Bless Mar-Yah, O my soul. Praise Mar-Yah.

Chapter 105

^{105:1} ¶ O give thanks to Mar-Yah, call upon his name, make known his deeds among the people. ² Sing to him, sing psalms to him, talk of all his wondrous works. ³ Glory in his holy name; let the heart of them rejoice that seek Mar-Yah. ⁴ Seek Mar-Yah, and be strong, seek his face evermore. ⁵ Remember his marvellous works that he has done, his wonders, and the judgements of his mouth, ⁶ O you descendants of Abraham his servant, you children of Jacob his chosen. ⁷ He is Mar-Yah our God; his judgements are in all the earth.

⁸ ¶ He has remembered his covenant for ever, the word which he commanded to a thousand generations. ⁹ For he made his covenant with Abraham, and his oaths to Isaac; ¹⁰ And confirmed the same to Jacob for a law, and to Israel for an everlasting covenant, ¹¹ Saying, To you will I give the land of Canaan, the lot of your inheritance, ¹² When they were but a few men in number, yea, very few, and strangers in it. ¹³ When they went from one nation to another, from one kingdom to another people; ¹⁴ He suffered no man to do them wrong; yea, he reproved kings for their sakes, ¹⁵ That they might touch not his anointed, and do his prophets no harm. ¹⁶ Moreover he called for a famine upon the land; he broke the whole stalk of their wheat. ¹⁷ He sent a man before them, even Joseph, who was sold for a servant, ¹⁸ Whose feet they bound with fetters; he was laid in iron ¹⁹ Until the time that his word came; the word of Mar-Yah tried him. ²⁰ The king sent and released him, and made him a ruler over his people. ²¹ He made him lord of his house, and ruler over all his possessions, ²² To discipline the governors at his pleasure and to teach the elders wisdom. ²³ Israel also came into Egypt; and Jacob sojourned in the land of Ham. ²⁴ And he increased his people greatly, and made them stronger than their enemies.

²⁵ ¶ He turned their hearts to hate his people, to deal subtly with his servants. ²⁶ He sent Moses his servant, and Aaron whom he had chosen. ²⁷ They showed his signs among them and wonders in the land of Ham. ²⁸ He sent darkness, and made it dark; and yet they rebelled against his word. ²⁹ He turned their waters into blood, and slew their fish. ³⁰ Their land swarmed with frogs, even in the inner chambers of their kings. ³¹ He spoke, and there came different sorts of flies and lice in all their borders. ³² He turned their rain into hail; and brought flaming fire into their land. ³³ He smote their vines also and their fig trees; and broke the trees within their borders. ³⁴ He spoke and the locusts came and caterpillars, and that without numbers throughout their land. ³⁵ And they devoured all the herbs and the fruit of their lands. ³⁶ He smote also all the first-born of Egypt, the first-born of all their boys. ³⁷ He brought them forth also with silver and gold; and there was not one feeble person among their tribes. ³⁸ Egypt was glad when they departed; for the fear of them fell upon them. ³⁹ He spread a cloud to shade them, and fire to give light in the night. ⁴⁰ The people asked, and he brought quails and satisfied them with the bread of heaven. ⁴¹ He opened the rock and the waters gushed out; and water flowed in the dry land. ⁴² For he remembered his holy promise which he had given to Abraham his servant. ⁴³ And he brought forth his people with joy, and his young men with gladness, ⁴⁴ And gave them the lands of the Gentiles; and they inherited the labour of the people. ⁴⁵ That they might observe his statutes and keep his laws. Praise Mar-Yah.

Chapter 106

^{106:1} ¶ Praise Mar-Yah. O give thanks to Mar-Yah, for he is good; for his mercy endures for ever. ² Who can utter the mighty acts of Mar-Yah? Who can show forth all his praise? ³ Blessed are they that keep his judgements, and they that do righteousness at all times. ⁴ Remember us, O Mar-Yah, with the favour that thou bearest to thy people; O visit us with thy salvation, ⁵ That we may see the good of thy chosen, that we may rejoice in thy joy, and be glorified with thine inheritance.

⁶ ¶ We have sinned with our fathers, we have committed iniquity, we have done wickedly. ⁷ Our

fathers understood not thy wonders in Egypt; they remembered not the multitude of thy mercies; but provoked him at the sea, even at the Red Sea. ⁸ Nevertheless he saved them for his name's sake, that he might make his mighty power to be known. ⁹ He rebuked the Red Sea also, and it was dried up; so he led them through the depths, as through the wilderness. ¹⁰ And he saved them from the hand of the enemy and delivered them from the hand of the oppressor. ¹¹ And the waters covered their enemies; there was not one of them left. ¹² Then believed they his words; they sang his praise.

¹³ ¶ But they soon forgot God; they trusted not in his counsel, ¹⁴ But craved exceedingly in the wilderness, and tempted God in the desert. ¹⁵ And he gave them their request; and he supplied them with abundance. ¹⁶ They plotted against Moses also in the camp, and Aaron the saint of Mar-Yah. ¹⁷ The earth opened and swallowed up Dathan, and covered the company of Abiram. ¹⁸ And a fire was kindled in their company; the flame burned up the wicked. ¹⁹ They made a calf in Horeb, and worshipped the molten image. ²⁰ Thus they changed their Glorious One into the likeness of an ox that eats grass. ²¹ They forgot God their Saviour, who had done great things in Egypt, ²² Wondrous works in the land of Ham, and terrible things by the Red Sea. ²³ Therefore he said that he would destroy them, had not Moses his chosen stood before him in the breach, to turn away his wrath, lest he should destroy them. ²⁴ Yea, they despised the desired land, they believed not his word, ²⁵ But murmured in their tents, and hearkened not to the voice of Mar-Yah. ²⁶ Therefore he lifted up his hand against them, to scatter them among the Gentiles, ²⁷ To scatter their descendants also among the nations, and to lose them in the lands. ²⁸ They worshipped also the idols of Baal-peor, and ate sacrifices offered for the dead. ²⁹ Thus they provoked him to anger with their acts; they made him angry with their images, and the plague came upon them suddenly. ³⁰ Then Phinehas stood up and prayed, and so the plague was stopped. ³¹ And that was counted to him for a victory to all generations for evermore. ³² They angered him also at the waters of strife, so that it went ill with Moses for their sakes, ³³ Because they provoked his spirit, so that he spoke unadvisedly with his lips.

³⁴ ¶ And they did not destroy the nations, concerning whom Mar-Yah commanded them; ³⁵ But they were mingled among the Gentiles, and learned their works. ³⁶ And they served their idols, which were a snare to them. ³⁷ Yea, they sacrificed their sons and their daughters to demons, ³⁸ And shed innocent blood, even the blood of their sons and of their daughters, whom they sacrificed to the idols of Canaan; and the land was polluted with blood. ³⁹ Thus were they defiled with their own works, and went a-whoring with their own inventions. ⁴⁰ Therefore was the wrath of Mar-Yah kindled against his people, insomuch that he abhorred his own inheritance. ⁴¹ And he gave them into the hand of the Gentiles; and they that hated them ruled over them. ⁴² Their enemies also subdued them, and they were brought into subjection under their hand. ⁴³ Many times did he deliver them; but they provoked him with their counsel, and were humbled for their iniquity. ⁴⁴ Nevertheless he regarded their affliction and heard their prayer. ⁴⁵ And he remembered his covenant, and pitied them, and led them according to the multitude of his mercies. ⁴⁶ He made them also to be pitied of all those that carried them captives. ⁴⁷ Save us, O Mar-Yah our God, and gather us from among the nations, that we may give thanks to thy holy name, and be glorified in thine inheritance. ⁴⁸ Blessed be Mar-Yah God of Israel from everlasting to everlasting; and let all the people say, Amen and Amen. Praise Mar-Yah.

Chapter 107

^{107:1} ¶ O give thanks to Mar-Yah, for he is good; for his mercy endures for ever. ² Let the redeemed of Mar-Yah say so, whom he has redeemed from the hand of the oppressor, ³ And gathered out of the lands, from the east and from the west, from the north and from the islands in the sea. ⁴ They were lost in the wilderness in a place without water; they found not the right way to an inhabited town. ⁵ Hungry and thirsty, their soul fainted in them. ⁶ Then they cried to Mar-Yah in their trouble, and

he delivered them out of their distresses, ⁷ And he led them forth by the right way, that they might go to inhabited villages. ⁸ Let the righteous of Mar-Yah give thanks to him; for his mercies are upon the children of men! ⁹ For he satisfies the longing soul, and fills the hungry soul with goodness,

¹⁰ ¶ Such as sit in darkness and in the shadow of death, being bound in affliction and iron; ¹¹ Because they murmured against the words of God, and scorned the counsel of the most High; ¹² Therefore he brought down their hearts with labour; they became weak and there was none to help. ¹³ Then they prayed to Mar-Yah in their trouble and he saved them out of their distresses. ¹⁴ He brought them out of darkness and the shadow of death, and broke their bands asunder. ¹⁵ Let the righteous of Mar-Yah give thanks to him; for his mercies are upon the children of men. ¹⁶ For he has broken the gates of brass, and cut the bars of iron asunder.

¹⁷ ¶ He helped them out of the way of their sins, he relieved them of their afflictions. ¹⁸ Their soul abhorred all manner of food, and they drew near to the gates of death. ¹⁹ Then they cried to Mar-Yah in their trouble, and he delivered them out of their distresses. ²⁰ He sent his word, and healed them, and delivered them from destruction. ²¹ Let the righteous of Mar-Yah give thanks to him, for his mercies are upon the children of men! ²² Sacrifice to him the sacrifices of praise, and glorify him, O you, his servants, for his wonders.

²³ ¶ They that go down to the sea in ships, that do business in great waters, ²⁴ These see the works of Mar-Yah and his wonders in the deep. ²⁵ For he commands and raises the stormy wind, which lifts up the waves thereof. ²⁶ They mount up to the sky; then they go down again to the depths; their soul is troubled within them. ²⁷ They reel to and fro, and stagger like a drunken man, and are at their wit's end. ²⁸ Then they cry to Mar-Yah in their trouble and he brings them out of their distresses. ²⁹ He makes the storm a calm, so that the waves thereof are still. ³⁰ Then are they glad because they be quiet; so he brings them to their desired haven. ³¹ Let the righteous of Mar-Yah give thanks to him; for his mercies are upon the children of men. ³² Let them exalt him also in the congregation of the people, and praise him in the assembly of the elders.

³³ ¶ He turns rivers into a wilderness and the water-springs into dry ground, ³⁴ A fruitful land into barrenness, for the wickedness of them that dwell therein. ³⁵ He turns the wilderness into pools of water and dry land into water-springs. ³⁶ And there he makes the hungry to dwell, that they may build villages and settle, ³⁷ And sow the fields and plant vineyards, and eat of the fruits thereof. ³⁸ He blesses them also, so that they are multiplied greatly; and suffers not their cattle to decrease. ³⁹ Again, they are diminished and humbled through oppression, affliction, and misery. ⁴⁰ He pours contempt upon rulers, and causes them to wander in the wilderness where there is no way. ⁴¹ He strengthens the poor and he multiplies their families like a flock. ⁴² The righteous shall see it, and rejoice; and all the ungodly shall shut their mouths. ⁴³ Whosoever is wise, and will observe these things, even they shall understand the loving-kindness of Mar-Yah.

Chapter 108

^{108:1} ¶ O God, my heart is ready, my heart is ready; I will sing and give praise, even with my glory. ² Awake, my harp; awake, psaltery and harp; I myself will awake early. ³ I will praise thee, O Mar-Yah, among the people; and I will sing praises unto thee among the nations. ⁴ For thy mercy is great to the heavens; and thy truth reaches to the heaven of heavens. ⁵ Be thou exalted, O God, above the heavens, and thy glory above all the earth,

⁶ ¶ That thy beloved may be delivered; save me with thy right hand, and answer me. ⁷ God has spoken in his holiness: I will rejoice, I will divide Shechem and mete out the valley of Succoth. ⁸ Gilead is mine, Manasseh is mine, Ephraim also is the strength of my head; Judah is my king; ⁹ Moab is my wash-pot; Edom will loosen my shoe; over Philistia will I triumph. ¹⁰ Who will bring me into the strong city? Who will lead me into Edom? ¹¹ Wilt not thou, O God, who cast us off? and

wilt not thou, O God, go forth with our hosts? ¹² Give us strength against our enemies; for vain is the help of man. ¹³ Through God we shall do valiantly; for he it is who shall tread down our enemies.

Chapter 109

^{109:1} ¶ Hold not thy peace, O God of my praise; ² For the mouth of the wicked and the mouth of the deceitful are opened against me; ³ They have spoken against me with a lying tongue and with a hateful voice, and have fought against me without a cause. ⁴ For my love they reproach me; but I have prayed for them. ⁵ And they have rewarded me evil for good, and hatred for my love.

⁶ ¶ Command thou vengeance against them; and let Satan stand at their right hand. ⁷ When they shall be judged, let them be condemned, and let their prayer become sin. ⁸ Let their days be few; and let others take what they have stored. ⁹ Let their children be fatherless and their wives widows. ¹⁰ Let their children be continually vagabonds, and beg; let them seek their bread also out of their desolate places. ¹¹ Let the creditor take all that they have, and let the strangers make them to be weakened. ¹² Let there be none to extend mercy unto them; neither let there be any to pity their fatherless children. ¹³ Let their end be destruction, and in the generation following let their name be blotted out. ¹⁴ Let the iniquity of their fathers be remembered; and let not the sin of their mothers be blotted out. ¹⁵ Let them be before Mar-Yah continually, that he may cut off the memory of them from the earth, ¹⁶ Because they remembered not to show mercy, but persecuted the poor and needy, and him whose heart is sorrowful to death. ¹⁷ They loved cursing, and delighted not in blessings. ¹⁸ They clothed themselves with cursing like armour; it penetrated into them like water, like oil into their bones. ¹⁹ Let it be to them like a mantle which covers them, and like a girdle wherewith they are girded continually. ²⁰ These are the deeds of those who reproach Mar-Yah, and of those who speak evil against me.

²¹ ¶ But thou, O Mar-Yah, do good to me for thy name's sake; because thy mercy is good, deliver thou me. ²² For I am poor and needy, and my heart is troubled within me. ²³ I am bent like the shadow when it declines; I am tossed up and down as the locust. ²⁴ My knees are weak through fasting; and my flesh wastes away. ²⁵ And I became also a reproach to them; when they looked upon me they shook their heads. ²⁶ Help me, O Mar-Yah my God; O save me according to thy mercy, ²⁷ That they may know that this is thy hand, that thou, Mar-Yah, hast done it. ²⁸ Let them be cursed; but thou shalt be blessed, and let thou thy servant rejoice. ²⁹ Let them that had a grudge against me be clothed with shame, and let them cover themselves with it as with a mantle. ³⁰ I will greatly praise Mar-Yah with my mouth; yea, I will praise him among the multitude. ³¹ He has stood at the right hand of the poor, to save his soul from judgement.

Chapter 110

^{110:1} ¶ Mar-Yah said unto my Lord, Sit thou at my right hand until I make thine enemies thy footstool. ² Mar-Yah will send forth the sceptre of his power out of Sion, and he will rule over thine enemies. ³ Thy people shall be glorious in the day of thy power; arrayed in the beauty of holiness from the womb, I have begotten thee as a child from the ages. ⁴ Mar-Yah has sworn, and will not lie, You are a priest for ever after the order of Melchizedek.

⁵ ¶ Mar-Yah at your right hand will defeat the kings in the day of his wrath. ⁶ He will judge among the nations, he will count the slain; he will cut off the heads of many on earth. ⁷ He will drink of the brook in the way; therefore he will lift up his head.

Chapter 111

^{111:1} ¶ Praise Mar-Yah. I will praise Mar-Yah with my whole heart, in the assembly of the upright, and in the congregation. ² The works of Mar-Yah are great, sought out of all them that have pleasure therein. ³ His works are great and glorious, and his righteousness endures for ever. ⁴ He has made his wonderful works to be remembered; Mar-Yah is gracious and full of compassion. ⁵

He has given food to them that revere him; he will ever be mindful of his covenant.

⁶ ¶ He has shown his people the power of his works, that he may give them the heritage of the Gentiles. ⁷ The works of his hands are truth and justice, and they endure for ever and ever. ⁸ All his commandments are sure, and are done in righteousness and truth. ⁹ He has sent salvation to his people; his covenant shall be remembered for ever; holy and revered is his name. ¹⁰ The reverence of Mar-Yah is the beginning of wisdom; a good understanding have all they that do his commandments; his praise endures for ever.

Chapter 112

^{112:1} ¶ Praise Mar-Yah. Blessed is the man who fears Mar-Yah, who is vigilant in his commandments. ² His descendants shall be mighty upon earth; he shall be blessed in the generation of the upright. ³ Wealth and riches shall be in his house; and his righteousness endures for ever. ⁴ To the upright there shines a light in the darkness; he is gracious and full of compassion upon the righteous. ⁵ Blessed is the man who shows mercy and lends; he shall proclaim his words with judgement.

⁶ ¶ Surely he shall not be moved for ever; the righteous shall be in everlasting remembrance. ⁷ He shall not be afraid of evil tidings; his heart is fixed, trusting in Mar-Yah. ⁸ His heart is strengthened; he shall not be afraid, until he sees his desire upon his enemies. ⁹ He has given generously, he has given to the poor; his righteousness endures for ever and ever; his horn shall be exalted with honour. ¹⁰ The wicked shall see it, and be grieved; he shall gnash his teeth and be confounded; the desire of the wicked shall perish.

Chapter 113

^{113:1} ¶ Praise Mar-Yah. Praise, O you servants of Mar-Yah, praise the name of Mar-Yah. ² Blessed be the name of Mar-Yah from this time forth and for evermore. ³ From the rising of the sun to the going down of the same the name of Mar-Yah is great. ⁴ Mar-Yah is high above all nations, and his glory above the heavens. ⁵ Who is like to Mar-Yah our God, who dwells on high, ⁶ Yet who beholds the things that are in the deep, in heaven, and in the earth! ⁷ He raises up the poor out of the dunghill, ⁸ That he may set him with the princes of the people. ⁹ He makes the barren woman to keep house, and to be a joyful mother of children. Praise Mar-Yah.

Chapter 114

^{114:1} ¶ When Israel went out of Egypt, the house of Jacob from a people of a foreign language, ² Judah was his sanctuary and Israel his glory. ³ The sea saw it and fled; Jordan was driven back. ⁴ The mountains skipped like rams, and the hills like lambs of the flock. ⁵ What ails you, O you sea, that you fled? You Jordan, that you were driven back? ⁶ You mountains, that you skipped like rams; and you hills, like lambs of the flock? ⁷ Tremble, earth, at the presence of Mar-Yah, at the presence of the God of Jacob, ⁸ Who turned the rock into pools of water, the flint into a fountain of waters.

Chapter 115

^{115:1} ¶ Not unto us, O Mar-Yah, not unto us, but unto thy name give glory for thy mercy and for thy truth's sake. ² Wherefore the Gentiles have no cause to say, Where is now their God? ³ But our God is in the heavens; he has done whatever he pleased. ⁴ The idols of the Gentiles are silver and gold, the work of men's hands. ⁵ They have mouths, but they speak not; eyes have they, but they see not; ⁶ They have ears, but they hear not; noses have they, but they smell not; ⁷ They have hands, but they feel not; feet have they, but they walk not; neither speak they through their throats. ⁸ Let them that make them become like them; and every one that trusts in them.

⁹ ¶ The house of Israel trusts in Mar-Yah; he is their help and their shield. ¹⁰ The house of Aaron trusts in Mar-Yah; he is their help and their shield. ¹¹ You who reverence Mar-Yah, trust in Mar-

Yah; he is their help and their shield. ¹² Mar-Yah has been mindful of us; he will bless us; he will bless the house of Israel; he will bless the house of Aaron. ¹³ Mar-Yah will bless them that worship him, both small and great. ¹⁴ Mar-Yah will increase you more and more, you and your children. ¹⁵ You are blessed of Mar-Yah who made heaven and earth. ¹⁶ The heavens, even the heavens, belong to Mar-Yah; but the earth has he given to the children of men. ¹⁷ The dead praise not Mar-Yah, neither any that go down into darkness. ¹⁸ But we will bless Mar-Yah from this time forth and for evermore. Praise Mar-Yah.

Chapter 116

^{116:1} ¶ I love Mar-Yah, because he will hear the voice of my supplication. ² He will incline his ear to me in the day when I call upon him. ³ The pangs of death have encompassed me, and the pains of Sheol have found me; I found trouble and sorrow. ⁴ Then called I upon the name of Mar-Yah; O Mar-Yah, deliver my soul. ⁵ Thou art merciful, O Mar-Yah, and righteous; O God, thou art merciful. ⁶ Mar-Yah preserves the little ones; he humbled me and saved me. ⁷ Return to your rest, O my soul; for Mar-Yah has dealt bountifully with you. ⁸ For he has delivered my soul from death, and my feet from falling. ⁹ I will be acceptable to thee, O Mar-Yah, in the land of the living.

¹⁰ ¶ I believed, therefore have I spoken; I have been humbled exceedingly: ¹¹ I said in my stupidity, All men are liars. ¹² What shall I render to Mar-Yah for all his benefits toward me? ¹³ I will take the cup of salvation and call upon the name of Mar-Yah. ¹⁴ I will pay my vows to Mar-Yah now in the presence of all the people. ¹⁵ Precious in the sight of Mar-Yah is the death of his saints. ¹⁶ O Mar-Yah, truly I am thy servant; I am thy servant, and the son of thy handmaid; thou hast loosed my bonds. ¹⁷ I will offer to thee the sacrifice of thanksgiving and will call upon the name of Mar-Yah. ¹⁸ I will pay my vows to Mar-Yah now in the presence of all the people, ¹⁹ In the courts of the house of Mar-Yah, in the midst of thee, O Jerusalem. Praise Mar-Yah.

Chapter 117

^{117:1} ¶ Praise Mar-Yah, all you nations; praise him, all you people. ² For his merciful kindness is great toward us; and the truth of Mar-Yah endures for ever. Praise Mar-Yah.

Chapter 118

^{118:1} ¶ O give thanks to Mar-Yah; for he is good and his mercy endures for ever. ² Let Israel now say that his mercy endures for ever. ³ Let the house of Aaron now say that his mercy endures for ever. ⁴ Let them that worship Mar-Yah say that his mercy endures for ever. ⁵ Out of my distress I called upon Mar-Yah; Mar-Yah answered me and relieved me. ⁶ Mar-Yah is my help, I will not fear; what can man do to me? ⁷ Mar-Yah is my helper; therefore shall I see my desire upon them that hate me. ⁸ It is better to trust in Mar-Yah than to put confidence in man. ⁹ It is better to trust in Mar-Yah than to put confidence in princes. ¹⁰ All nations surrounded me; but in the name of Mar-Yah I will destroy them. ¹¹ They surrounded me; yea, they surrounded me; but in the name of Mar-Yah I will destroy them. ¹² They surrounded me like hornets; they are quenched like the fire of stubble; for in the name of Mar-Yah I will destroy them. ¹³ I have been repelled that I might be overthrown and fall; but Mar-Yah helped me. ¹⁴ Mar-Yah is my strength and song, and has become my salvation. ¹⁵ The voice of rejoicing and salvation is in the tabernacles of the righteous; the right hand of Mar-Yah does valiantly. ¹⁶ The right hand of Mar-Yah has exalted me; the right hand of Mar-Yah does valiantly. ¹⁷ I shall not die, but live, and declare the works of Mar-Yah. ¹⁸ Mar-Yah has chastened me severely; but he has not given me over to death.

¹⁹ ¶ Open to me the gates of righteousness; I will go into them, and I will praise Mar-Yah. ²⁰ This is the gate of Mar-Yah, into which the righteous shall enter. ²¹ I will give thanks to thee; for thou hast heard me, and art become my salvation. ²² The stone which the builders rejected has become the headstone of the corner. ²³ This is the doings of Mar-Yah; it is marvellous in our eyes. ²⁴ This is the day which Mar-Yah has made; we will rejoice and be glad in it. ²⁵ Save me, O Mar-Yah; O Mar-

Yah, deliver me. ²⁶ Blessed be he that comes in the name of Mar-Yah; we have blessed you out of the house of Mar-Yah. ²⁷ O Mar-Yah, our God, enlighten us; bind our festival processions as an unbroken chain, even to the horns of the altar. ²⁸ Thou art my God, and I will give thanks to thee; thou art my God, I will exalt thee. ²⁹ O give thanks to Mar-Yah, for he is good; for his mercy endures for ever.

Chapter 119

^{119:1} ¶ **ALEPH.** Blessed are the undefiled in the way, who walk in the Law of Mar-Yah. ² Blessed are they who keep his testimonies, and seek him with the whole heart. ³ They also do no iniquity; they walk in his ways.

⁴ ¶ Thou hast commanded them to keep thy precepts diligently. ⁵ O that my ways were directed to keep thy statutes! ⁶ Then shall I not be ashamed, when I have observed all thy commandments.

⁷ ¶ I will praise thee with uprightness of heart, when I shall have learned thy righteous judgements. ⁸ I will keep thy statutes; O forsake me not utterly.

⁹ ¶ **BETH.** With what shall a young man cleanse his way in order that he may observe thy commandments?

¹⁰ ¶ With my whole heart have I sought thee; O let me not wander from thy commandments.

¹¹ ¶ Thy words have I impressed on my heart, that I might not sin against thee.

¹² ¶ Blessed art thou, O Mar-Yah; teach me thy statutes.

¹³ ¶ With my lips have I repeated all thy righteous judgements. ¹⁴ I have been delighted in the way of thy testimonies, more than in all riches. ¹⁵ I have meditated in thy commandments, and am familiar with thy ways. ¹⁶ I have meditated in thy Law in order that I may not forget thy words.

¹⁷ ¶ **GAMEL.** Answer thy servant, that I may live and keep thy words.

¹⁸ ¶ Open thou mine eyes, that I may behold wondrous things out of thy Law.

¹⁹ ¶ I am a sojourner with thee; hide not thy commandments from me.

²⁰ ¶ My soul is pleased and desires thy judgements at all times.

²¹ ¶ Thou hast rebuked the Gentiles, and cursed are those who go astray from thy commandments.

²² ¶ Remove from me reproach and contempt; for I have kept thy testimonies.

²³ ¶ The ungodly sat and plotted against me; but I meditated in thy statutes.

²⁴ ¶ I have meditated also in thy testimonies and in thy good counsel.

²⁵ ¶ **DALETH.** My soul cleaves to the dust; quicken me according to thy word.

²⁶ ¶ I have declared my ways and thou heardest me; teach me thy Law. ²⁷ Make me to understand the way of thy precepts; so shall I meditate on thy wondrous works.

²⁸ ¶ My soul is vexed from meditation; quicken me according to thy word. ²⁹ Remove from me the practices of the wicked, and teach me thy Law.

³⁰ ¶ I have chosen the way of thy truth: thy judgements have delighted me. ³¹ I have stuck unto thy testimonies: O Mar-Yah, put me not to shame. ³² I have walked in the way of thy commandments, because thou hast made me joyful.

³³ ¶ **HE.** Teach me, O Mar-Yah, the way of thy commandments; and I shall keep them unto the end. ³⁴ Give me understanding and I shall keep thy Law; yea, I shall observe it with my whole heart.

35 ¶ Make me to go in the path of thy commandments; for therein do I delight. 36 Incline my heart unto thy testimonies, and not to fables.

37 ¶ Turn away mine eyes that they may not behold falsehood; and quicken thou me in thy way.

38 ¶ Strengthen thy word unto thy servant, who is devoted to thee.

39 ¶ Turn away my reproach: because thy judgements are good.

40 ¶ Behold, I have delighted in thy precepts: quicken me in thy righteousness.

41 ¶ **VAU**. Let thy mercies come also to me, O Mar-Yah, even thy salvation, according to thy word.

42 So shall I have wherewith to answer him who reproaches me; for I trust in thy word.

43 ¶ Let not the word of truth depart from my mouth; for I have hoped in thy judgements. 44 So shall I keep thy Law continually for ever and ever.

45 ¶ And I will walk at liberty because I have been delighted in thy commandments. 46 I will speak truthfully before kings, and will not be ashamed. 47 And I will meditate on thy commandments, which I have loved. 48 My hands also will I lift up to thy commandments, which I have loved; and I will meditate in thy commandments, and I will be glorified in thy faith.

49 ¶ **ZEN**. Remember thy word to thy servant, upon which thou hast made me to hope.

50 ¶ In it have I been comforted in my humiliation; for thy word has quickened me.

51 ¶ The ungodly have oppressed me greatly; yet have I not swerved from thy Law.

52 ¶ I have remembered thy judgements of old, O Mar-Yah, and have been comforted; they have become a guide to me.

53 ¶ Horror has taken hold of me because of the wicked who forsake thy Law.

54 ¶ Thy statutes have been my songs in the house of my pilgrimage.

55 ¶ I have remembered thy name, O Mar-Yah, in the night, and have kept thy Law. 56 I have been comforted because I kept thy commandments.

57 ¶ **KHETH**. On the business of Mar-Yah have I meditated, that I may keep thy commandments.

58 ¶ I entreated thy favour with my whole heart; save me according to thy word.

59 ¶ I thought on my ways, and turned my feet to thy paths. 60 I prepared myself and delayed not to keep thy commandments.

61 ¶ The bands of the wicked have beset me; but I have not strayed from thy Law.

62 ¶ At midnight I rise to give thanks to thee because of thy righteous judgements.

63 ¶ I am a friend of all them that worship thee, and of them that keep thy commandments.

64 ¶ The earth, O Mar-Yah, is full of thy mercy; teach me thy statutes.

65 ¶ **TETH**. Thou hast dealt well with thy servant, O Mar-Yah, according to thy word. 66 Teach me good judgement, grace, and knowledge; for I have believed thy commandments.

67 ¶ Even before I was humbled I believed; and I kept thy word.

68 ¶ Thou art good, O Mar-Yah, and doest good; teach me thy statutes.

69 ¶ The injustice of the proud has multiplied; but I keep thy commandments with my whole heart.

70 Their hearts are stubborn; but I keep thy Law.

71 ¶ It is good for me that I have been humbled, that I might learn thy statutes.

72 ¶ The law of thy mouth is better to me than thousands of things of gold and silver.

73 ¶ **YOTH.** Thy hands have made me and fashioned me; teach me thy Law,

74 ¶ So that those who revere thee may see and rejoice, because I have hoped in thy word.

75 ¶ I know, O Mar-Yah, that thy judgements are right, and that thou in thy faithfulness hast humbled me.

76 ¶ Let, I pray thee, thy merciful kindness be for my comfort, according to thy word to thy servant.

77 ¶ Let thy tender mercies come to me, that I may live; for I have been taught thy Law.

78 ¶ Let the wicked be ashamed, for they have humbled me unjustly; but I have meditated in thy precepts. 79 ¶ Let those who reverence thee turn unto me, and those who have known thy testimonies.

80 ¶ Let my heart meditate in thy statutes, that I be not ashamed.

81 ¶ **CAPH.** My soul hath longed for thy salvation, and I hope in thy word. 82 ¶ Mine eyes wait for thy word, when thou wilt comfort me.

83 ¶ For I have suffered all disgrace; yet do I not forget thy statutes.

84 ¶ How many are the days of thy servant? When wilt thou execute judgement on them that persecute me?

85 ¶ The wicked have digged a pit for me, which is not in accord with thy Law. 86 ¶ All thy commandments are trustworthy; yet the wicked persecute me. 87 ¶ They had almost destroyed me upon earth; but I forsook not thy commandments.

88 ¶ Quicken me after thy loving-kindness; so shall I keep the testimony of thy mouth.

89 ¶ **LAMED.** For ever thou art, O Mar-Yah; thy word is established in heaven. 90 ¶ Thy faithfulness is to all generations; thou hast established the earth, and it abides. 91 ¶ They continue this day according to thine ordinances; for all are thy servants.

92 ¶ Unless thy Law had been my meditation, I should then have perished in mine affliction.

93 ¶ I will never forget thy commandments, because they are my very life.

94 ¶ I am thine, deliver me; for I have kept thy commandments.

95 ¶ The wicked have waited for me to destroy me; but I understand thy testimonies.

96 ¶ I have seen the futility of all things; but thy commandment is exceeding broad.

97 ¶ **MEM.** O how love I thy Law! It is my meditation all the day.

98 ¶ Make me wiser than mine enemies, because I have obeyed thy commandments. 99 ¶ Give me more understanding than all my teachers; for thy testimonies are my meditation. 100 ¶ I understand more than the elders, because I keep thy statutes.

101 ¶ I have refrained my feet from every evil way, that I might keep thy commandments.

102 ¶ I have not departed from thy judgements; for thou hast taught me.

103 ¶ How sweet are thy words to the taste! yea, sweeter than honey to the mouth! 104 ¶ I have meditated on thy commandments; therefore I hate the way of the wicked.

105 ¶ **NUN.** Thy word is a lamp to my feet and a light to my path.

106 ¶ I have sworn, and I will perform it, that I will keep thy righteous judgements.

107 ¶ I am afflicted very much; quicken me, O Mar-Yah, according to thy word.

108 ¶ With the words of my mouth be pleased, O Mar-Yah, and teach me thy judgements.

109 ¶ My soul is continually in thy hands; I do not forget thy Law. 110 Sinners have laid a snare for me; yet I erred not from thy commandments.

111 ¶ Thy testimonies have I taken as a heritage for ever; for they are the rejoicing of my heart. 112 I have inclined my heart to perform thy statutes truly, even to the end.

113 ¶ **SEMKETH.** I hate the wicked; but thy Law do I love.

114 ¶ Thou art my shelter and my refuge: I hope in thy word.

115 ¶ Depart from me, O you evildoers, that I may keep the commandments of my God.

116 ¶ Uphold me according to thy word, and I shall live; and let me not be ashamed of my hope. 117 Help me and I shall be safe, and I will be continually mindful of thy commandments.

118 ¶ Thou hast rejected all them that stray from thee; for their thought is ungodly. 119 Sustain me, and I shall be safe, and I will always meditate on thy commandments. 120 My flesh shrinks for fear of thee; and I am afraid of thy judgements.

121 ¶ **AI.** O thou that doest judgement and justice, leave me not in the hand of mine oppressors. 122 Comfort thy servant with goodness; let not the proud slander me.

123 ¶ Mine eyes long for thy salvation, and for the word of thy righteousness.

124 ¶ Deal with thy servant according to thy mercies, and teach me thy Law. 125 I am thy servant; give me understanding, that I may know thy testimonies.

126 ¶ It is time to serve Mar-Yah; for they have nullified thy Law.

127 ¶ Therefore I love thy commandments above gold, yea, above precious stones. 128 Therefore I love all thy commandments; and I hate every way of the wicked.

129 ¶ **PE.** Thy testimonies are wonderful; therefore doth my soul keep them.

130 ¶ Make plain thy word and enlighten and give understanding to the simple.

131 ¶ I opened my mouth, and panted; for I longed for thy commandments.

132 ¶ Look upon me, and be merciful to me, because I love thy name.

133 ¶ Direct my steps in thy path; let not the wicked have dominion over me.

134 ¶ Deliver me from the oppression of man; so will I keep thy statutes.

135 ¶ Make thy face to shine upon thy servant; and teach me thy Law.

136 ¶ Rivers of waters run down mine eyes, because they keep not thy Law.

137 ¶ **ZADDI.** Righteous art thou, O Mar-Yah, and upright are thy judgements. 138 Thou hast commanded thy testimony in righteousness and faithfulness.

139 ¶ Zeal hath consumed me because thine enemies have forgotten thy word.

140 ¶ Thy word is very pure; therefore thy servant loves it.

141 ¶ I am small and despised; yet I do not forget thy commandments.

142 ¶ Thy righteousness is an everlasting righteousness, and thy Law is truth.

143 ¶ Trouble and anguish have taken hold of me; yet I meditate on thy commandments. 144 The righteousness of thy testimonies is everlasting; give me understanding, and I shall live.

¹⁴⁵ ¶ **KOPH.** I cried with my whole heart; hear me, O Mar-Yah; I will keep thy statutes. ¹⁴⁶ I cried to thee; save me, and I shall keep thy testimonies.

¹⁴⁷ ¶ I arose at the dawn of the morning, and cried; I hoped in thy word. ¹⁴⁸ Mine eyes open before the night watches, that I might meditate in thy word.

¹⁴⁹ ¶ Hear my voice according to thy loving-kindness, O Mar-Yah; quicken me according to thy judgement.

¹⁵⁰ ¶ They draw near who follow after mischief; they are far from thy Law. ¹⁵¹ Thou art near, O Mar-Yah; and all thy commandments are truth. Mine eyes open before the night watch to meditate on thy word.

¹⁵² ¶ Concerning thy testimonies, I have known of old that thou hast founded them for ever.

¹⁵³ ¶ **RESH.** Consider mine affliction, and deliver me; for I do not forget thy Law. ¹⁵⁴ Judge my case, and deliver me; quicken me according to thy word.

¹⁵⁵ ¶ Salvation is far from the wicked; for they seek not thy statutes.

¹⁵⁶ ¶ Great are thy tender mercies, O Mar-Yah; quicken me according to thy judgements.

¹⁵⁷ ¶ Many are my persecutors and mine enemies; yet do I not decline from thy testimonies.

¹⁵⁸ ¶ I beheld the transgressors and I knew they had not kept thy word.

¹⁵⁹ ¶ Consider how I love thy commandments; quicken me, O Mar-Yah, according to thy loving-kindness.

¹⁶⁰ ¶ The foundation of thy word is truth; and every one of thy righteous judgements endures for ever.

¹⁶¹ ¶ **SHEEN.** Princes have persecuted me without a cause; but my heart stands in awe of thy word.

¹⁶² ¶ I rejoice at thy word, as one that finds great spoil.

¹⁶³ ¶ I hate and despise evil; but thy Law do I love.

¹⁶⁴ ¶ Seven times a day do I praise thee because of thy righteous judgements.

¹⁶⁵ ¶ Great peace have they which love thy Law; and they shall have no infirmity.

¹⁶⁶ ¶ Mar-Yah, I have hoped for thy salvation, and done thy commandments.

¹⁶⁷ ¶ My soul has kept thy testimonies, and I love them exceedingly. ¹⁶⁸ I have kept thy commandments and thy testimonies; for all my ways are before thee.

¹⁶⁹ ¶ **TAU.** Let my cry come before thee, O Mar-Yah; save me according to thy word. ¹⁷⁰ Let my supplication come before thee; deliver me according to thy word.

¹⁷¹ ¶ My tongue shall speak of thy word; for all thy commandments are righteous.

¹⁷² ¶ My lips shall speak of thy praise when thou hast taught me thy commandments.

¹⁷³ ¶ Let thine hand help me; for I have delighted in thy statutes. ¹⁷⁴ I have longed for thy salvation, O Mar-Yah; and I meditate on thy Law.

¹⁷⁵ ¶ Let my soul live, and it shall praise thee; and let thy judgements help me.

¹⁷⁶ ¶ I have gone astray like a lost sheep; seek thy servant, for I do not forget thy commandments.

Chapter 120

^{120:1} ¶ In my distress I cried to Mar-Yah, and he heard me. ² Deliver my soul, O Mar-Yah, from lips

of the ungodly and from deceitful tongues. ³ What shall be given to you? or what shall be added to you, you deceitful tongues? ⁴ The arrows of the mighty are sharp; they are as hot coals of oak.

⁵ ¶ Woe is me, that my sojourn is prolonged, that I dwell in the tents of Kedar! ⁶ My soul has long dwelt with him that hates peace. ⁷ I am for peace; but when I speak they fight with me.

Chapter 121

^{121:1} ¶ I will lift up mine eyes to the mountain from whence comes my help. ² My help comes from Mar-Yah, who made heaven and earth. ³ He will not allow your foot to be moved; he who keeps you will not slumber. ⁴ Behold, he who keeps Israel will neither slumber nor sleep. ⁵ Mar-Yah is your keeper; Mar-Yah will protect you with his right hand. ⁶ The sun shall not smite you by day, nor the moon by night. ⁷ Mar-Yah will preserve you from all evil; he will preserve your soul. ⁸ Mar-Yah will preserve your going out and your coming in from this time forth and even for evermore.

Chapter 122

^{122:1} ¶ I was glad when they said to me, Let us go to the house of Mar-Yah. ² My feet shall stand within your gates, O Jerusalem. ³ Jerusalem is built like a city that is surrounded by a wall, ⁴ Whither the tribes go up, the tribes of Mar-Yah, to the testimony of Israel, to give thanks to the name of Mar-Yah. ⁵ For there are thrones of judgement set, the thrones of the house of David.

⁶ ¶ Greet Jerusalem with peace; they shall prosper who love you. ⁷ Peace be within your walls and prosperity within your palaces. ⁸ For my brethren and companions' sakes, I will now say, Peace be within you. ⁹ For the sake of the house of Mar-Yah our God, I will seek your good.

Chapter 123

^{123:1} ¶ To thee lift I up mine eyes, O thou that dwellest in the heaven. ² Behold, as the eyes of servants look towards their masters, and as the eyes of a maiden look towards her mistress; so also our eyes look towards Mar-Yah our God, until he shall have mercy upon us. ³ Have mercy upon us, O Mar-Yah, have mercy upon us; for we have heard a great deal of contempt. ⁴ Our soul has enough of the scorn of mockers, and enough of the contempt of the proud.

Chapter 124

^{124:1} ¶ If it had not been Mar-Yah who stood on our side, now may Israel say, ² If it had not been Mar-Yah who stood on our side when men rose up against us, ³ Then would they have swallowed us alive when their wrath was kindled against us, ⁴ Then would they have drowned us in the waters, the stream would have gone over us; ⁵ Then the great waters would have gone over us.

⁶ ¶ Blessed be Mar-Yah, who has not given us as a prey to their teeth. ⁷ Our soul has escaped as a bird out of the snare of the fowlers; the snare is broken, and we are delivered. ⁸ Our help is in the name of Mar-Yah, who made heaven and earth.

Chapter 125

^{125:1} ¶ They who trust in Mar-Yah in the mount of Sion shall not be moved, but shall dwell there for ever. ² As the mountains are round about Jerusalem, so Mar-Yah is round about his people from henceforth even for ever. ³ For the rod of the wicked shall not rest upon the portion of the righteous; neither shall the righteous put forth their hands to iniquity.

⁴ ¶ Do good, O Mar-Yah, to those who are good, and to them who are upright in their hearts. ⁵ But as for those who follow their crooked ways, Mar-Yah will scatter them together with the workers of iniquity; but peace will be upon Israel.

Chapter 126

^{126:1} ¶ When Mar-Yah brought back the people of Sion from captivity, we were like those that rejoice. ² Then was our mouth filled with laughter, and our tongue with singing; then said they among the heathen, Mar-Yah has done great things for them. ³ Mar-Yah has done great things for

us, whereof we are joyful.

⁴ ¶ Turn again our captivity, O Mar-Yah, like the streams in the south. ⁵ They that sow in tears shall reap in joy. ⁶ He who goes forth and weeps, bearing precious seed, shall doubtless come again with rejoicing, bringing his sheaves with him.

Chapter 127

^{127:1} ¶ Except Mar-Yah build the house, they labour in vain who build it; except Mar-Yah keep the city, the watchmen stay awake in vain. ² It is in vain for those who rise up early, who sit up late; they eat the bread of sorrows, for so he gives in sleep to his beloved. ³ Lo, children are a heritage of Mar-Yah; and the fruit of the womb is a reward. ⁴ Like arrows in the hand of a mighty man; so are children of the youth. ⁵ Blessed is the man who has his quiver full of them; he shall not be ashamed, but shall speak with enemies in the gate.

Chapter 128

^{128:1} ¶ Blessed is every one who fears Mar-Yah, that walks in his ways. ² For you shall eat the labour of your hands; happy shall you be, and it shall be well with you. ³ Your wife shall be as a fruitful vine by the sides of your house; your children like olive plants round about your table. ⁴ Behold, thus shall the man be blessed who fears Mar-Yah. ⁵ Mar-Yah will bless you out of Sion; and you shall see the good of Jerusalem all the days of your life. ⁶ Yea, you shall see your children's children, and peace upon Israel.

Chapter 129

^{129:1} ¶ My oppressors have been many from my youth, may Israel now say; ² My oppressors have been many from my youth, yet they have not prevailed against me. ³ They have scourged me upon my back; they have made long their oppression. ⁴ Mar-Yah is righteous; he will cut asunder the cord of the wicked.

⁵ ¶ Let them all be confounded and turned back that hate Sion. ⁶ Let them be as the grass upon the house tops, which pulls out and withers when the wind strikes it, ⁷ Wherewith the reaper fills not his hand, nor he who binds sheaves his bosom. ⁸ Neither do they who pass by say, The blessing of Mar-Yah be upon you; we bless you in the name of Mar-Yah.

Chapter 130

^{130:1} ¶ But of the depths have I cried to thee, O Mar-Yah, and thou hast heard my voice. ² Let thine ears be attentive to the voice of my supplications. ³ If thou, Mar-Yah, shouldst mark iniquities, O Mar-Yah, who shall stand? ⁴ Because forgiveness comes from thee, thou mayest be revered.

⁵ ¶ I trust in Mar-Yah, my soul waits for his word. ⁶ I have waited for Mar-Yah from the morning watch even until the night watch. ⁷ Let Israel hope in Mar-Yah; from him comes mercy, and with him is plenteous redemption. ⁸ He shall redeem Israel from all his iniquities.

Chapter 131

^{131:1} ¶ Mar-Yah, my heart is not haughty, nor mine eyes lofty; neither do I deal in great matters, nor in things too high for me. ² Surely I have humbled and quieted myself, as a child that is weaned of its mother; my soul is even as a weaned child. ³ Let Israel hope in Mar-Yah from henceforth and for ever.

Chapter 132

^{132:1} ¶ Mar-Yah, remember David, and all his afflictions: ² How he swore to Mar-Yah, and vowed to the mighty God of Jacob; ³ Surely I will not come into the tabernacle of my house, nor go up into my bed; ⁴ Nor will I give sleep to mine eyes or slumber to mine eyelids ⁵ Until I find a place for Mar-Yah, a habitation for the mighty God of Jacob. ⁶ Lo, we heard of it at Ephratah; we found it in the fields. ⁷ We will go into his tabernacles; we will worship at his footstool. ⁸ Arise. O Mar-Yah,

enter into the place of thy rest, thou, and the ark of thy strength. ⁹ Let thy priests be clothed with righteousness, and thy saints with glory. ¹⁰ For thy servant David's sake turn not away the face of thine anointed.

¹¹ ¶ Mar-Yah has sworn in truth to David (he will not turn from it): Of the fruit of your body will I set up your throne. ¹² If your children will keep my covenant and my testimony that shall teach them, their children shall also sit upon your throne for evermore. ¹³ For Mar-Yah has been delighted with Sion; he has chosen it for his habitation. ¹⁴ This is my rest for ever; here will I dwell, for I have desired it. ¹⁵ I will abundantly bless her hunters; I will satisfy her poor with bread. ¹⁶ I will also clothe her priests with salvation and her saints with glory. ¹⁷ There shall I make the horn of David to shine, and light a lamp for his anointed? ¹⁸ His enemies will I clothe with shame; but my holiness shall cover him.

Chapter 133

^{133:1} ¶ Behold, how good and how pleasant it is for brethren to dwell together in unity! ² It is like the precious ointment upon the head and upon the beard, even Aaron's beard, that went down to the collar of his robe; ³ Like the dew of Hermon that falls upon the mount of Sion; for there Mar-Yah commanded the blessing, even life for evermore.

Chapter 134

^{134:1} ¶ Behold, bless Mar-Yah, all you servants of Mar-Yah, who by night stand in the house of Mar-Yah. ² Lift up your hands towards the sanctuary, and bless Mar-Yah. ³ Mar-Yah bless you out of Sion, even he who made heaven and earth.

Chapter 135

^{135:1} ¶ Praise Mar-Yah. Praise the name of Mar-Yah; praise him, O servants of Mar-Yah. ² You who stand in the house of Mar-Yah, in the courts of the house of our God, ³ Praise Mar-Yah; for Mar-Yah is good; sing praises to his name, for he is delightful. ⁴ For Mar-Yah has chosen Jacob to himself, and Israel for his congregation.

⁵ ¶ For I know that Mar-Yah is great, and that our Lord Yah is above all gods. ⁶ Whatsoever Mar-Yah pleases, that he does in heaven and in earth, in the seas and in all deep places. ⁷ He causes the clouds to ascend from the ends of the earth; he makes lightnings for the rain; he brings the wind out of his treasures. ⁸ He smote the first-born of Egypt, both of man and beast, ⁹ Who sent forth his signs and wonders into the midst of you, O Egypt, upon Pharaoh and upon all his servants, ¹⁰ Who smote many nations and slew mighty kings; ¹¹ Sihon king of the Amorites, and Og king of Bashan, and all the kingdoms of Canaan; ¹² And gave their land for a heritage, a heritage to Israel his people. ¹³ Thy name, O Mar-Yah, endures for ever; and thy memorial, O Mar-Yah, throughout all generations. ¹⁴ For Mar-Yah will judge his people, and he will delight in his servants.

¹⁵ ¶ The idols of the heathen are silver and gold, the work of men's hands. ¹⁶ They have mouths, but they speak not; eyes have they, but they see not; ¹⁷ They have ears, but they hear not; neither is there any breath in their mouths. ¹⁸ Let them that make them become like them, and every one who trusts in them. ¹⁹ Bless Mar-Yah, O house of Israel; bless Mar-Yah, O house of Aaron; ²⁰ Bless Mar-Yah, O house of Levi; you who fear Mar-Yah, bless Mar-Yah. ²¹ Blessed be Mar-Yah out of Sion, who dwells at Jerusalem. Praise Mar-Yah,

Chapter 136

^{136:1} ¶ O give thanks to Mar-Yah, for he is good; for his mercy endures for ever. ² O give thanks to the God of gods; for his mercy endures for ever. ³ O give thanks to Mar-Yah of lords; for his mercy endures for ever. ⁴ To him who alone does great wonders; for his mercy endures for ever. ⁵ To him who by wisdom made the heavens; for his mercy endures for ever. ⁶ To him who stretched out the earth above the waters; for his mercy endures for ever. ⁷ To him who made great lights; for his

mercy endures for ever; ⁸ The sun to rule by day; for his mercy endures for ever; ⁹ The moon and stars to rule by night; for his mercy endures for ever.

¹⁰ ¶ To him who smote the first-born of Egypt; for his mercy endures for ever; ¹¹ And brought out Israel from among them; for his mercy endures for ever; ¹² With a strong hand, and with a stretched out arm; for his mercy endures for ever. ¹³ To him who divided the Red sea into parts; for his mercy endures for ever; ¹⁴ And Israel to pass through the midst of it; for his mercy endures for ever; ¹⁵ But overthrew Pharaoh and his host in the Red sea; for his mercy endures for ever. ¹⁶ To him who led his people through the wilderness; for his mercy endures for ever. ¹⁷ To him who smote great kings; for his mercy endures for ever; ¹⁸ And slew mighty kings; for his mercy endures for ever; ¹⁹ Sihon king of the Amorites; for his mercy endures for ever; ²⁰ And Og the king of Bashan; for his mercy endures for ever; ²¹ And gave their land for a heritage; for his mercy endures for ever; ²² Even a heritage to Israel his servant; for his mercy endures for ever.

²³ ¶ Who remembered us during our affliction; for his mercy endures for ever; ²⁴ And has saved us from our enemies; for his mercy endures for ever. ²⁵ Who gives food to all flesh; for his mercy endures for ever. ²⁶ O give thanks to the God who is in heaven; for his mercy endures for ever.

Chapter 137

^{137:1} ¶ By the rivers of Babylon, there we sat down. yea, we wept, when we remembered Sion. ² We hanged our harps upon the willows in the midst thereof. ³ For there they that carried us away captive required of us a song; and our captors said to us, Sing us one of the songs of Sion. ⁴ How shall we sing the song of Mar-Yah in a strange land? ⁵ If I forget you, O Jerusalem, let my right hand forget me. ⁶ If I do not remember you, let my tongue cleave to my palate, if I prefer not Jerusalem above my chief joy.

⁷ ¶ Remember, O Mar-Yah, the children of Edom in the day of Jerusalem, who said, Raze it, raze it, even to the foundation thereof. ⁸ O daughter of Babylon, taker of spoils, blessed shall he be who rewards you as you have served us. ⁹ Blessed shall he be who takes and dashes your little ones against the stones.

Chapter 138

^{138:1} ¶ I will praise thee with my whole heart; before the kings will I sing praise to thee. ² I will worship in thy holy temple, and praise thy name for thy loving-kindness and for thy truth; for thou hast magnified thy word above every name. ³ In the day when I cried to thee, thou didst answer me, and didst increase the strength of my soul. ⁴ All the kings of the earth shall praise thee, O Mar-Yah, for they have heard the words of thy mouth. ⁵ Yea, they shall praise the ways of Mar-Yah; for great is the glory of Mar-Yah.

⁶ ¶ Though Mar-Yah be high, yet can he see those who have been brought low; but the proud he knows from afar. ⁷ Though I walk in the midst of trouble, thou wilt save me; thou shalt stretch forth thy hand against the wrath of mine enemies, and thy right hand shall save me. ⁸ O Mar-Yah, rest thy right hand upon me; thy mercy, O Mar-Yah, endures for ever; forsake not the works of thine own hands.

Chapter 139

^{139:1} ¶ O Mar-Yah, thou hast searched me and known me. ² Thou knowest my downsitting and mine uprising, thou understandest my thoughts from above. ³ Thou knowest my way and my paths, and art acquainted with all my ways. ⁴ For if there is deception in my tongue, lo, O Mar-Yah, thou knowest it altogether. ⁵ From the beginning to the end, thou knowest me, O Mar-Yah, for thou hast formed and laid thy hand upon me. ⁶ Such knowledge is too wonderful for me; it is high, I cannot attain unto it.

⁷ ¶ Whither shall I go from thy Spirit? or whither shall I flee from thy presence? ⁸ If I ascend into

heaven, thou art there; if I descend into Sheol, behold, thou art there also. ⁹ If I lift up my wings like those of an eagle, and dwell in the uttermost parts of the sea, ¹⁰ Even there also shall thy hand lead me, and thy right hand shall hold me. ¹¹ If I say, Surely the darkness shall be as light upon me; even the night shall be light before my face. ¹² The darkness shall not be dark to thee; but the night shines as the day; the darkness and the light are both alike to thee. ¹³ For thou hast made my heart; thou hast accepted me from my mother's womb. ¹⁴ I will praise thee, because of the wonders which thou hast done; marvellous are thy works; and that my soul knows right well. ¹⁵ My substance was not hid from thee, when I was made in secret, and marvellously wrought in the lowest parts of the earth. ¹⁶ Thine eyes did see my substance, yet being imperfect; and upon thy books all these things were written, even before day was and man was brought into existence.

¹⁷ ¶ How precious also are thy mercies to me, O God! How great is the sum of them? ¹⁸ If I should count the best of them, they are more in number than the grains of sand; when I awake I am still with thee. ¹⁹ Surely thou wilt slay the wicked, O God; depart from me therefore, you bloody men. ²⁰ For they speak against thee, and have taken thy city without cause. ²¹ I hate them, O Mar-Yah, who hate thee; and I am grieved with those who rise up against thee. ²² I hate them with perfect hatred; I count them mine enemies. ²³ Search me, O God, and know my heart; try me, and know my ways, ²⁴ And see if there be any wicked way in me, and lead me in the way everlasting.

Chapter 140

^{140:1} ¶ Deliver me, O Mar-Yah, from the evil man; preserve me from violent men, ² Who devise mischiefs in their heart; continually do they stir up contention. ³ They have sharpened their tongues like a serpent; adders' poison is under their lips. ⁴ Keep me, O Mar-Yah, from the hands of the wicked; preserve me from violent men, who have purposed to prevent my goings. ⁵ The proud have hid a snare for me; the cords of their net have they spread over my paths; they have set a trap for me. ⁶ I said to Mar-Yah, Thou art my God; hear the voice of my supplications, O Mar-Yah. ⁷ O Mar-Yah, my mighty Saviour, thou art the shield of my head in the day of battle.

⁸ ¶ Grant not, O Mar-Yah, the desires of the wicked; further not their wicked devices; let them not accomplish their purpose. ⁹ Let the mischief of their own lips cover them. ¹⁰ Let burning coals fall upon them; let them fall into the fire, that they rise not up again. ¹¹ Let not an evil speaker be established in the earth; evil shall hunt the violent man to destroy him. ¹² I know that Mar-Yah will defend the cause of the afflicted and the right of the poor. ¹³ Surely the righteous shall give thanks to thy name; the upright shall dwell in thy presence.

Chapter 141

^{141:1} ¶ Mar-Yah, I cry to thee; make haste to answer me; give ear to my words and accept them. ² Let my prayer be set forth before thee as incense, and the gift of my hands as the evening sacrifice. ³ Set a watch, O Mar-Yah, before my mouth; keep the door of my lips, ⁴ So that my heart may not incline to evil things, and practise wicked works with men who work iniquity; let me not eat salt with them.

⁵ ¶ Let the righteous teach me and reprove me; let the oil of the wicked not anoint my head since my prayer has been against their evils. ⁶ When their judges are stopped by a strong hand, they shall hear my words; for they are sweet. ⁷ Like the ploughshare that scatters the earth, let their bones be scattered at the mouth of the grave. ⁸ I have lifted up mine eyes to thee, O Mar-Yah; I have trusted in thee; do not reject my soul. ⁹ Keep me from the hand of the proud, for they have set traps for me. ¹⁰ Let the wicked together fall into their own nets, whilst I shall pass over.

Chapter 142

^{142:1} ¶ I cried to Mar-Yah with voice; my with my voice to Mar-Yah did I make my supplication. ² I poured out my complaint before him; I showed before him my trouble. ³ When my spirit was overwhelmed within me, then thou knewest my path. In the way wherein I walked have they

secretly laid a snare for me.

⁴ ¶ I looked on my right hand, and there was no one to advise me; refuge failed me; no man cared for my soul. ⁵ I cried to thee, O Mar-Yah; I said, Thou art my hope and my portion, O Mar-Yah, in the land of the living. ⁶ Attend to my cry; for I am brought very low; deliver me from my persecutors, for they are stronger than I. ⁷ Bring my soul out of prison, that I may praise thy name; thy righteous shall wait for me until thou shalt reward me.

Chapter 143

^{143:1} ¶ Hear my prayer, O Mar-Yah, give ear to my supplications; in thine own words answer me, and in thy righteousness. ² And do not let thy servant be brought to judgement; for in thy sight shall no man living be justified. ³ For the enemy has persecuted my soul; he has smitten my life down to the ground; he has made me to dwell in darkness, like those who have been long dead. ⁴ Therefore is my spirit overwhelmed within me; my heart within me is troubled. ⁵ I remember thee, O Mar-Yah, from days of old; I meditate on all thy works; I muse on the work of thy hands. ⁶ I stretch forth my hands to thee; my soul thirsts after thee, as a thirsty land.

⁷ ¶ Answer me speedily, O Mar-Yah; my spirit fails; hide not thy face from me, lest I be like them who go down into the pit. ⁸ Cause me to hear of thy loving-kindness in the morning; for in thee do I trust; cause me to know the way wherein I should walk, for I lift up my soul to thee. ⁹ Deliver me, O Mar-Yah, from mine enemies, and teach me to do thy will. ¹⁰ Because thou art my God, thy gentle spirit shall lead me into the way of life. ¹¹ Comfort me, O Mar-Yah, for thy name's sake; for thy righteousness' sake bring my soul out of trouble. ¹² And by thy mercy silence those who hate me, and destroy all the enemies of my soul; for I am thy servant.

Chapter 144

^{144:1} ¶ Blessed be Mar-Yah, my strength, who teaches my hands to war and my fingers to fight; ² My refuge and my deliverer; my shield and my helper, upon whom I trust, who subdues nations under me. ³ Mar-Yah, what is man, that thou takest knowledge of him? or the son of man, that thou art mindful of him? ⁴ Man is like vapour; his days are as a shadow that passes away. ⁵ Bow thy heavens, O Mar-Yah, and come down; rebuke the mountains, and they shall smoke. ⁶ Cast forth lightning, and scatter them; shoot out thine arrows, and destroy them. ⁷ Stretch forth thy hand from above; deliver me out of great waters, from the hand of the ungodly, ⁸ Whose mouths speak vanity, and their right hand is a right hand of falsehood.

⁹ ¶ I will sing a new song to thee, O God; upon a psaltery and an instrument of ten strings will I sing praises to thee. ¹⁰ It is he who gives salvation to kings; who delivers David his servant from the hurtful sword. ¹¹ Deliver me from the hand of the wicked, whose mouths speak vanity, and their right hand is a right hand of falsehood, ¹² That our sons may be as plants grown up in their youth; that our daughters may be as brides richly adorned after the fashion of temples; ¹³ That our storehouses may be full to overflowing; that our sheep may multiply abundantly in our streets; ¹⁴ That our cattle may be strong and there be none barren among them; that there be no stealing, and that there be no mourning in our streets. ¹⁵ Happy is the people who have all these things; yea, happy is the people, whose God is Mar-Yah.

Chapter 145

^{145:1} ¶ I will extol thee, O my Lord Yah, the King; and I will bless thy name for ever and ever. ² Every day will I bless thee; and I will praise thy name for ever and ever. ³ Great is our Lord Yah, and greatly to be praised; and his greatness is unsearchable. ⁴ One generation shall tell thy works to another, and shall declare thy mighty acts. ⁵ I will speak of the glorious honour of thy majesty, and of thy wondrous works. ⁶ And men shall speak of the might of thy wonderful acts; and I will declare thy greatness. ⁷ They shall abundantly utter the memory of thy great goodness, thy righteous shall seek and shall find it. ⁸ Mar-Yah is gracious and full of compassion, slow to anger

and of great mercy. ⁹ Mar-Yah is good to all, and his tender mercies are over all his servants.

¹⁰ ¶ All thy servants shall give thee thanks, O Mar-Yah, and thy saints shall praise thee. ¹¹ They shall speak of the glory of thy kingdom, and talk of thy power, ¹² To make known to the sons of men thy might and the glorious majesty of thy kingdom. ¹³ Thy kingdom is an everlasting kingdom, and thy dominion endures throughout all generations. Mar-Yah is faithful in his words and righteous in all his works. ¹⁴ Mar-Yah upholds all who fall, and raises up all who are bowed down. ¹⁵ The eyes of all wait upon thee; and thou givest them their food in due season. ¹⁶ Thou openest thy hand and satisfiest the desire of every living thing. ¹⁷ Mar-Yah is righteous in all his ways and merciful in all his works. ¹⁸ Mar-Yah is near to all who call upon him, to all who call upon him in truth. ¹⁹ He will fulfil the desire of those who worship him; he also will hear their cry and will save them. ²⁰ Mar-Yah preserves all who love him; but all the wicked he will destroy. ²¹ My mouth shall speak the praise of Mar-Yah; let all flesh bless his holy name for ever and ever.

Chapter 146

^{146:1} ¶ Praise Mar-Yah. Praise Mar-Yah, O my soul. ² While I live will I praise Mar-Yah; I will sing praises to my God as long as I live. ³ Put not your trust in princes, nor in the son of man, in whom there is no help. ⁴ His breath goes forth, he returns to his earth; in that very day his thoughts perish.

⁵ ¶ Happy is he who has the God of Jacob for his help, whose hope is in Mar-Yah his God, ⁶ Who made heaven and earth, the sea and all that therein is; who keeps truth for ever; ⁷ Who executes justice for the oppressed; who gives food to the hungry. Mar-Yah releases the prisoners; ⁸ Mar-Yah opens the eyes of the blind; Mar-Yah raises those who are bowed down; Mar-Yah loves the righteous; ⁹ Mar-Yah takes care of the poor; he feeds the fatherless and widows; but the way of the wicked he turns upside down. ¹⁰ Mar-Yah shall reign for ever, even your God, O Sion, to all generations. Praise Mar-Yah.

Chapter 147

^{147:1} ¶ Praise Mar-Yah; for it is good to sing praises to our God; for it is pleasant, and praise is comely. ² Mar-Yah builds up Jerusalem; he gathers together the scattered of Israel. ³ He heals the broken of heart, and binds up their wounds. ⁴ He counts the number of the stars; he calls them all by their names. ⁵ Great is our Lord Yah, and great is his power; his understanding is infinite. ⁶ Mar-Yah lifts up the meek; he humbles the wicked down to the ground. ⁷ Sing to Mar-Yah with thanksgiving; sing praise upon the harp to our God, ⁸ Who covers the heavens with clouds, who gives rain upon the earth, who makes grass to grow upon the mountains. ⁹ He gives to the cattle their food, and to the young ravens which cry. ¹⁰ He delights not in the strength of the horse; he takes no pleasure in the legs of a mighty man. ¹¹ Mar-Yah takes pleasure in those who revere him, in those who hope in his mercy.

¹² ¶ Praise Mar-Yah, O Jerusalem; praise your God, O Sion. ¹³ For he has strengthened the bars of your gates; he has blessed your children within you. ¹⁴ He makes peace in your borders, and fills you with the finest of the wheat. ¹⁵ He sends forth his commandment upon earth; his word runs very swiftly. ¹⁶ He gives snow like wool; he scatters the hoarfrost like ashes. ¹⁷ He casts forth his ice like morsels; who can stand before his cold? ¹⁸ He sends out his word and melts them; he causes his wind to blow, and the waters flow. ¹⁹ He declares his word to Jacob, his statutes and his judgements to Israel. ²⁰ He has not dealt so with all nations; and his judgements he has not made known to them. Praise Mar-Yah.

Chapter 148

^{148:1} ¶ Praise Mar-Yah. Praise Mar-Yah from the heavens; praise him in the heights. ² Praise him, all his angels; praise him, all his hosts. ³ Praise him, sun and moon; praise him, all stars and light. ⁴ Praise him, heavens of heavens, and waters that are above the heavens. ⁵ Let them praise the

name of Mar-Yah; for he spoke and they were made, he commanded and they were created. ⁶ He has also established them for ever and ever; he has made a decree which shall not pass.

⁷ ¶ Praise Mar-Yah from the earth, you great serpents and all deeps; ⁸ Fire and hail, snow and ice, stormy wind fulfilling his word, ⁹ Mountains and all hills, fruitful trees and all cedars, ¹⁰ Wild beasts and all cattle, creeping things and flying fowl, ¹¹ Kings of the earth and all people, princes and all judges of the earth, ¹² Both boys and maidens, old men and young men, let them praise the name of Mar-Yah; ¹³ For his name alone is excellent; his glory is on earth and in heaven. ¹⁴ He also exalts the horn of his people, the praise of all his saints; even of the children of Israel, a people near to him. Praise Mar-Yah.

Chapter 149

^{149:1} ¶ Praise Mar-Yah. Sing to Mar-Yah a new song, and his praise in the congregation of saints. ² Let Israel rejoice in him that made him; let the children of Sion be joyful in their King. ³ Let them praise his name with the timbrel and psaltery; let them sing praises to him with the harps. ⁴ For Mar-Yah takes pleasure in his people; he has given salvation to the poor. ⁵ Let the righteous become mighty in glory; let them glorify him upon their beds.

⁶ ¶ Let them exalt God with their throats, and with a two-edged sword in their hand, ⁷ To execute vengeance upon the heathen, and punishments upon the peoples, ⁸ To bind their kings with fetters and their nobles with chains of iron. ⁹ To execute upon them the judgement that is written; and give glory to all his saints. Praise Mar-Yah.

Chapter 150

^{150:1} ¶ Praise Mar-Yah. Praise God in his sanctuary; praise him in the firmament of his power. ² Praise him for his mighty acts; praise him according to his excellent greatness. ³ Praise him with the sound of the trumpet; praise him with the psaltery and harp. ⁴ Praise him with timbrel and pipe; praise him with sweet stringed instruments. ⁵ Praise him upon loud cymbals; praise him with a mighty song. ⁶ Let every thing that has breath praise Mar-Yah. Praise Mar-Yah.